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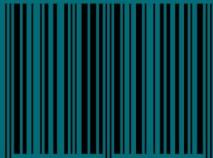
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## 匠人学术

——重视基层妇女保健，呵护女性健康

妇女是社会重要的组成成员，妇女的健康对其自身、家庭及社会都有着重要的意义。妇女保健服务是以预防保健为中心、生殖健康为核心、预防与医疗相结合、保健和临床相结合的服务模式，应面向整个群体和基层，是社区卫生服务中重要的组成部分。

社区居民对妇女保健方面的需求较高，但是在基层医疗机构中的利用率不足，原因之一是基层医疗机构提供的妇女保健服务不能满足社区妇女的保健需求。很多基层医疗机构开展的妇女保健工作仍局限于传统的服务模式，服务内容仅局限于孕产妇建册、孕期随访、产后访视、健康教育等预防保健服务，很多妇女常见健康问题在基层医疗机构不能得到很好的解决。

随着社区卫生服务的发展，居民越来越多选择基层医疗机构就医，这也给基层医务人员提出了更高的要求和更大的挑战。目前，很多社区医疗机构已经尝试开展妇女保健基本医疗服务，如更年期妇女保健服务、宫颈病变管理、张力性尿失禁管理、骨质疏松症防治、妇女常见问题诊治等。在实际临床工作中，以家庭医生签约服务为切入点，提供女性全生命周期的健康管理服务，并取得了较好的效果，但是工作中也存在一些问题，比如基层医务人员知识更新较慢、相关专业知识掌握不足、工作开展欠规范等。

针对这些问题，提出以下建议：  
(1) 基层医疗机构在常规妇女保健人员基础上设置专门从事妇女常见病问题诊疗的妇科医生，并定期组织参加相关知识培训，保证诊疗服务专业性和规范性；(2) 在全科医师规范化规培和继续教育阶段应适当增加妇女常见健康问题诊疗内容；(3) 建立全科医生和妇科医生联动机制，实现机构内双向转诊；(4) 组织妇产科领域和全科医学领域专家，基于国内外最新指南及证据，紧密契合基层医疗机构具体情况，制定社区管理方案，明确管理流程，规范基层医疗机构妇女保健工作的开展，以提升基层医疗机构妇女健康管理服务水平。

孙艳格. 重视基层妇女保健，呵护女性健康[J]. 中国全科医学, 2021, 24 (17) : 目次页.

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