

中国全科医学[®]



关注公众号
获取前沿资讯



过刊浏览

ZHONGGUO QUANKE YIXUE

旬刊 1998年6月创刊 总第755期 第26卷 第20期 2023年4月在线出版 2023年7月15日发行

主管

国家卫生健康委员会

主办

中国医院协会

100080北京市海淀区

知春路6号锦秋国际21层

中国全科医学杂志社

100083北京市海淀区王庄路1号

清华同方科技广场D座

学术顾问

John Murtagh (澳大利亚)

Kurt C. Stange (美国)

Gordon Guyatt (加拿大)

主编

杨辉

编辑

中国全科医学杂志编辑委员会

100083北京市海淀区王庄路1号

清华同方科技广场D座

电话: 010-82366238

0310-2067118

<https://www.chinagp.net>

E-mail: zgqkyx@chinagp.net.cn

出版

《中国全科医学》杂志社有限公司

100083北京市海淀区王庄路1号

清华同方科技广场D座

电话: 010-82366238

0310-2067118

E-mail: zgqkyx@chinagp.net.cn

中国标准连续出版物号

ISSN 1007-9572

CN 13-1222/R

投稿与稿件查询

<https://www.chinagp.net>

<https://www.gp519.com>

电话: 0310-2067118

010-82366238

24小时热线: 13103104959

E-mail: zgqkyx@chinagp.net.cn



杂志官网



投稿/查询

目次 CONTENTS

指南·共识 Guideline·Consensus

非酒精性脂肪性肝病临床指南和共识的质量评价及推荐意见比较研究

Quality Assessment and Recommendations of Clinical Guidelines and Consensuses on Non-alcoholic Fatty Liver

Disease: a Comparative Study.....张卓然, 于长禾, 安易, 何新, 郭一, 邓金燕, 李悦,

韩登, 皮珊珊, 贺俊芝, 陈玥, 叶永安, 杜宏波 2439

问道全科 Approaches to Improving General Practice

全科医学与睡眠医学如何协同发展

How to Synergize the Development of General Practice and Sleep Medicine韩婷婷, 崔小川, 韩芳 2447

附专家问题讨论: 全科医学与睡眠医学协同发展势在必行

全科医学与睡眠医学学科交叉融合发展的方法与途径

社区传染性疾病预防培训问题调查

Skills Training of Infectious Diseases in the Community: a Survey Research of Questions

.....张达豪, 颜伟舟, 程丹丹, 林城标, 吴疆, 向宇凌, 黄志威 2452

附专家点评: 社区培训的必要性及如何提高培训效果

论著 Original Research

阻塞性睡眠呼吸暂停低通气综合征对高血压患者血压变异性和心率变异性的影响研究

Association of Obstructive Sleep Apnea-hypopnea Syndrome with Blood Pressure Variability and Heart Rate Variability

in Patients with Hypertension费敏, 雷思, 许琰, 叶云, 卓慧, 张慧, 罗莹荃 2459

剪切力和雌二醇与高血压的相关性研究

Correlation of Shearing Force and Estradiol with Hypertension

.....禹彤, 杨一, 杜诗虹, 丁梓豪, 洪秀琴 2469

阿兹夫定对新型冠状病毒感染患者肝肾功能影响的研究

Effect of Azovudine on Hepatic and Renal Function in Patients with COVID-19: a Case Series Study

.....何梅, 李荟, 母立峰, 杨明 2476

学术支持

清华大学医院管理研究院
澳大利亚Monash大学
加拿大McMaster大学健康科学学院

印刷

廊坊佰利得印刷有限公司
065001河北省廊坊市
广阳区解放道16号

发行

范围：公开
国内：中国邮政集团公司
北京市报刊发行局
邮发代号：80-258
国外：中国国际图书贸易集团
有限公司
(北京399信箱；100044)
邮发代号：M 5123

零售

中国全科医学杂志社发行部
电话：0310-2067858
13103101243

订购



邮局订购



订购赠课

定价

每期20.00元，全年720.00元

广告发布登记

13040020210001

本刊2023年版权归中国全科医学杂志社所有

未经编辑部许可，不得任意转载和摘编

本刊所发表作品仅为作者观点，并不代表编委会和编辑部意见
如有印装质量问题请向本刊发行部调换

中性粒细胞/淋巴细胞比值和血小板/淋巴细胞比值对急性心肌梗死患者

住院死亡风险的联合预测价值

Combined Predictive Value of Neutrophil-to-lymphocyte Ratio and Platelet-to-lymphocyte Ratio for In-hospital Mortality Risk in Patients with Acute Myocardial Infarction

..... 陈焱, 陈胜岳, 韩元元, 吕志博, 徐清, 赵昕 2482

基于慢性病患者生命质量测定量表的肾病综合征生命质量量表编制及经典测量理论评价

A Nephrotic Syndrome-specific Quality of Life Scale: Development Based on the Quality of Life Instruments for Chronic Diseases, and Verification Using the Classical Test Theory

..... 张杏珊, 林悦, 万崇华, 宋爱峰, 潘海燕 2488

基于16S rDNA测序探索食管鳞状细胞癌患者肠道菌群特征

16S rDNA Sequence Analysis of the Characteristics of Gut Flora in Patients with Esophageal Squamous Cell Carcinoma

..... 张玉双, 孔令洋, 管佳畅, 李建波, 王一然, 王瑜, 李晶 2496

支气管哮喘儿童GO/NOGO范式实验执行功能及其与肺功能的相关性分析

Executive Function of GO/NOGO Paradigm Experiment in Children with Bronchial Asthma and Its Relationship with Pulmonary Function 李静波, 庞高峰, 任艳玲, 沙曦雪, 倪慧萍 2503

极光激酶A表达对甲状腺髓样癌切除术后患者生化治愈的影响作用研究

Effect of Aurora Kinase A Expression on Biochemical Cure in Patients after Medullary Thyroid Cancer Resection

..... 赵泽玮, 康宁, 郭丰丽, 王钟玉, 郑向前 2508

调节性B淋巴细胞在视神经脊髓炎谱系疾病患者外周血中的表达和意义

Expression and Significance of Regulatory B-lymphocytes in Peripheral Blood of Patients with Neuromyelitis Optica Spectrum Disorders 何丹, 马建华, 马娟, 杜磊, 张艳, 郝晨光 2513

前列腺小体miRNA-146a/TLR-4/NF-κB通路在EAP大鼠慢性炎症中的作用

及大火草干预的研究

Role of Prostate-derived miRNA-146a in Regulating TLR-4/NF-κB Pathway and Mechanism of Action of Anemone Tomentosa in Treating Chronic Inflammation in a Rat Model of Experimental Autoimmune Prostatitis

..... 陆良喜, 史宏, 黄志敏, 王文杰, 邹涵, 张知英, 吴金玉 2518

刺血疗法结合壮医药线灸对急性痛风性关节炎大鼠TLRs/MyD88信号通路的影响

Effect of Pricking-bloodletting Therapy Combined with Zhuang-medicine-thread Moxibustion on TLRs/MyD88 Signal Pathway in a Rat Model of Acute Gouty Arthritis 朱丹萌, 黄玉莹, 罗统安, 贺长源, 陈日兰 2525

医学循证 Evidence-based Medicine

肺炎支原体感染与小儿皮肤黏膜淋巴结综合征发生冠状动脉损伤相关性的Meta分析

Correlation between Mycoplasma Pneumoniae Infection and Coronary Artery Lesions in Mucocutaneous Lymph Node Syndrome: a Meta-analysis 王淑敏, 李雪军, 张奕星, 姜之炎, 肖臻 2532

家庭肠内营养在食管癌患者中有效性和安全性的Meta分析

The Efficacy and Safety of Home Enteral Nutrition in Patients with Esophageal Cancer: a Meta-analysis

薛珊, 李来有, 梁军利, 靳英辉, 魏淑艳 2540

新进展 Cutting Edge

肺部、肠道菌群及其相互作用与慢性阻塞性肺疾病发生发展的研究进展

Novel Developments in Lung and Gut Microbiota and Their Cross-talk with the Development of Chronic Obstructive

Pulmonary Disease 沈俊希, 朱星, 陈云志, 李文 2548

妊娠期阻塞性睡眠呼吸暂停筛查的研究进展

A Review of Recent Advances in Screening for Obstructive Sleep Apnea during Pregnancy

王晶玉, 洪申达, 韩芳, 刘国莉 2555

典型病例研究 Study of Typical Cases

极低体质量近存活期分娩一例的出生后早期管理

Early Postnatal Management of an Extremely Low Birth Weight Periviable Infant

唐彬秩, 阳倩, 凌其英, 李茂军, 石伟, 吴青 2559

附: 同行评审专家意见及作者回复

编辑荐读

——睡眠障碍研究高影响力论文精选

健康睡眠与每个人的生活息息相关, 睡眠质量的好坏直接影响人们的生活质量和幸福指数。随着生活节奏的加快和全球肥胖的流行, 睡眠障碍日益成为一个突出的公共卫生问题。流行病学研究显示, 我国有45.4%的被调查者在过去1个月中曾经历过不同程度的失眠; 全球有9.36亿30-69岁的成年人患有阻塞性睡眠呼吸暂停, 中重度达4.25亿, 我国为患病人数较多的国家。良好的睡眠具有补充人体能量、增强自身抵抗力、促进人体正常代谢和生长发育、使身体和精神得到充分休息等功能。因此持续关注睡眠健康、改善睡眠质量至关重要。本期“编辑荐读”精选2022年睡眠障碍研究高影响力论文, 以供学者参考。

◆中国老年医学学会睡眠医学分会. 老年睡眠呼吸暂停综合征诊断评估专家共识[J]. 中国全科医学, 2022, 25(11): 1283-1293.

◆王云, 何燕, 刘师节, 等. 阻塞性睡眠呼吸暂停低通气综合征与糖脂代谢紊乱的机制研究进展[J]. 中国全科医学, 2022, 25(2): 243-247. DOI: 10.12114/j.issn.1007-9572.2021.01.311.

◆甘露路, 何燕, 刘师节, 等. 腹腔内脏脂肪面积及稳态模型胰岛素抵抗指数对高血压合并阻塞性睡眠呼吸暂停低通气综合征的预测价值研究[J]. 中国全科医学, 2022, 25(2): 185-188. DOI: 10.12114/j.issn.1007-9572.2021.01.040.

◆杨贝贝, 蒋军广, 史江, 等. 阻塞性睡眠呼吸暂停低通气综合征患者昼夜心室复极参数变化研究[J]. 中国全科医学, 2022, 25(2): 175-179. DOI: 10.12114/j.issn.1007-9572.2021.01.406.

◆徐鸥, 齐培, 祝绮莎. 认知行为疗法联合虚拟现实技术治疗青少年失眠症患者的效果研究[J]. 中国全科医学, 2022, 25(11): 1378-1382. DOI: 10.12114/j.issn.1007-9572.2021.01.412.

◆邓方仪, 唐瑞, 张丽清, 等. 成人失眠障碍的临床亚型及其临床意义[J]. 中国全科医学, 2022, 25(14): 1667-1673. DOI: 10.12114/j.issn.1007-9572.2022.0004.

《中国全科医学》杂志持续关注睡眠障碍相关研究, 欢迎广大作者、读者共同参与, 与编辑部共同探索睡眠障碍相关问题的研究进展。

《中国全科医学》稿约、投稿指南见官方网站<https://www.chinagp.net>

For CGP Instructions and Guide for Authors, Please Click Journal Section at www.chinagp.net

【期刊基本参数】 CN13-1222/R*1998*t*A4*120*zh*p*¥20.00*19*2023-20

本期责任编辑 崔莎 英文编辑 李秀娟 LIU HUI 责任排版、校对 尹鹏 宋春梅



(扫码获取睡眠障碍研究高影响力论文)
杂志官网: www.chinagp.net

CHINESE GENERAL PRACTICE

36 Issues/Year Established in June 1998 Volume 26, Number 20 July 15, 2023

Administrative Institution

National Health Commission of
the People's Republic of China

Sponsor

Chinese Hospital Association
21st Floor, Jinqiu International Building,
No. 6 Zhichun Road, Haidian District
Beijing 100080, China
Publishing House of Journal of
Chinese General Practice
Block D, Tsinghua Tongfang Science and
Technology Plaza, No.1 Wangzhuang Road,
Haidian District, Beijing 100083, China

Academic Adviser

John Murtagh (Australia)
Kurt C. Stange (USA)
Gordon Guyatt (Canada)

Editor-in-Chief

Yang Hui

Editing

Editorial Board of Journal of
Chinese General Practice
Block D, Tsinghua Tongfang Science and
Technology Plaza, No.1 Wangzhuang Road,
Haidian District, Beijing 100083, China
Chinese General Practice
Tel: 010-82366238
0310-2067118
<https://www.chinagp.net>

E-mail: zgqkx@chinagp.net.cn

Publication

Chinese General Practice Publishing
House Co., Ltd.
Block D, Tsinghua Tongfang Science and
Technology Plaza, No.1 Wangzhuang Road,
Haidian District, Beijing 100083, China
Tel: 010-82366238
0310-2067118
E-mail: zgqkx@chinagp.net.cn

Printing

Langfang Bailide Printing Co., Ltd
No. 16, Jiefang Road, Guangyang
District, Langfang 065001, China

Distribution

Domestic Distributor:
Beijing Post Offices
Code No.80-258
Overseas Distributor:
China International Book Trading
Corporation
(P.O.Box 399 Beijing, China 100044)
Code No.M 5123

CSSN

ISSN 1007-9572
CN 13-1222/R

Price

RMB 20.00 Yuan

Copyright © 2023 by the
Chinese General Practice

CONTENTS IN BRIEF

- 2439 **Quality Assessment and Recommendations of Clinical Guidelines and Consensuses on Non-alcoholic Fatty Liver Disease: a Comparative Study**
ZHANG Zhuoran, YU Changhe, AN Yi, HE Xin, GUO Yi, DENG Jinyan, LI Yue, HAN Deng, PI Shanshan, HE Junzhi, CHEN Yue, YE Yong'an, DU Hongbo
- 2447 **How to Synergize the Development of General Practice and Sleep Medicine**
HAN Tingting, CUI Xiaochuan, HAN Fang
- 2452 **Skills Training of Infectious Diseases in the Community: a Survey Research of Questions**
ZHANG Dahao, YAN Weihui, CHENG Dandan, LIN Chengbiao, WU Jiang, XIANG Yuling, HUANG Zhiwei
- 2459 **Association of Obstructive Sleep Apnea-hypopnea Syndrome with Blood Pressure Variability and Heart Rate Variability in Patients with Hypertension**
FEI Min, LEI Si, XU Yan, YE Yun, ZHUO Hui, ZHANG Hui, LUO Yingquan
- 2469 **Correlation of Shearing Force and Estradiol with Hypertension**
YU Tong, YANG Yi, DU Shihong, DING Zihao, HONG Xiuqin
- 2476 **Effect of Azovudine on Hepatic and Renal Function in Patients with COVID-19: a Case Series Study**
HE Mei, LI Hui, MU Lifeng, YANG Ming
- 2482 **Combined Predictive Value of Neutrophil-to-lymphocyte Ratio and Platelet-to-lymphocyte Ratio for In-hospital Mortality Risk in Patients with Acute Myocardial Infarction**
CHEN Yan, CHEN Shengyue, HAN Yuanyuan, LYU Zhibo, XU Qing, ZHAO Xin
- 2488 **A Nephrotic Syndrome-specific Quality of Life Scale: Development Based on the Quality of Life Instruments for Chronic Diseases, and Verification Using the Classical Test Theory**
ZHANG Xingshan, LIN Yue, WAN Chonghua, SONG Aifeng, PAN Haiyan
- 2496 **16S rDNA Sequence Analysis of the Characteristics of Gut Flora in Patients with Esophageal Squamous Cell Carcinoma**
ZHANG Yushuang, KONG Lingyang, GUAN Jiachang, LI Jianbo, WANG Yiran, WANG Yu, LI Jing
- 2503 **Executive Function of GO/NOGO Paradigm Experiment in Children with Bronchial Asthma and Its Relationship with Pulmonary Function**
LI Jingbo, PANG Gaofeng, REN Yanling, SHA Xixue, NI Huiping
- 2508 **Effect of Aurora Kinase A Expression on Biochemical Cure in Patients after Medullary Thyroid Cancer Resection**
ZHAO Zewei, KANG Ning, GUO Fengli, WANG Zhongyu, ZHENG Xiangqian
- 2513 **Expression and Significance of Regulatory B-lymphocytes in Peripheral Blood of Patients with Neuromyelitis Optica Spectrum Disorders**
HE Dan, MA Jianhua, MA Juan, DU Lei, ZHANG Yan, HAO Chenguang
- 2518 **Role of Prostate-derived miRNA-146a in Regulating TLR-4/NF- κ B Pathway and Mechanism of Action of Anemone Tomentosa in Treating Chronic Inflammation in a Rat Model of Experimental Autoimmune Prostatitis**
LU Liangxi, SHI Hong, HUANG Zhimin, WANG Wenjie, ZOU Han, ZHANG Zhiying, WU Jinyu
- 2525 **Effect of Pricking-bloodletting Therapy Combined with Zhuang-medicine-thread Moxibustion on TLRs/MyD88 Signal Pathway in a Rat Model of Acute Gouty Arthritis**
ZHU Danmeng, HUANG Yuying, LUO Tong'an, HE Changyuan, CHEN Rilan
- 2532 **Correlation between Mycoplasma Pneumoniae Infection and Coronary Artery Lesions in Mucocutaneous Lymph Node Syndrome: a Meta-analysis**
WANG Shumin, LI Xuejun, ZHANG Yixing, JIANG Zhiyan, XIAO Zhen
- 2540 **The Efficacy and Safety of Home Enteral Nutrition in Patients with Esophageal Cancer: a Meta-analysis**
XUE Shan, LI Laiyou, LIANG Junli, JIN Yinghui, WEI Shuyan
- 2548 **Novel Developments in Lung and Gut Microbiota and Their Cross-talk with the Development of Chronic Obstructive Pulmonary Disease**
SHEN Junxi, ZHU Xing, CHEN Yunzhi, LI Wen
- 2555 **A Review of Recent Advances in Screening for Obstructive Sleep Apnea during Pregnancy**
WANG Jingyu, HONG Shenda, HAN Fang, LIU Guoli
- 2559 **Early Postnatal Management of an Extremely Low Birth Weight Periviable Infant**
TANG Binzhi, YANG Qian, LING Qiying, LI Maojun, SHI Wei, WU Qing

【 Serial Parameters 】 CN13-1222/R * 1998 * t * A4 * 120 * zh * p * ¥20.00 * 19 * 2023-20