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“大医学、大卫生、大健康”

——“呼吸系统疾病防控”重点号荐读

本期执行主编 翟振国
(中日友好医院呼吸中心)

慢性呼吸系统疾病严重威胁着人类健康,是全球性的公共卫生问题。WHO将慢性呼吸系统疾病列入“四大慢病”并提出“WHO全球慢病防控行动方案”,意在2025年将全球因“四大慢病”导致的相对死亡率降低25%。此类疾病的疾病谱正随着生活方式的改变而快速变化,除了传统的慢性阻塞性肺疾病(COPD)、哮喘、肺癌等,肺心病、间质性肺疾病等新问题在蔓延,但慢性呼吸系统疾病缺少整体流行现状数据,而这正是有效防控的基础。

本期杂志通过探讨COPD、支气管哮喘、肺癌、肺纤维化、肺动脉高压、儿童呼吸系统疾病等热点话题及进展,对“呼吸系统疾病防控”进行多角度、多维度、深层次分析。主要体现为:

► 防控疾病,要从关注“诊治”患者延伸至关注“防控治理”全程。如《深圳社区健康服务机构支气管哮喘早筛和规范化管理路径(试行版)》通过总结国内外指南、共识,结合深圳社区健康服务机构特色,凝练出了基层全科医生在哮喘早筛和管理中的工作要点,为实现哮喘的“防控治理”做出了积极探索。

► 防控疾病,要从关注患者个体到关注群体。如《慢性阻塞性肺疾病向“前”发展》回顾了慢性阻塞性肺疾病前期(pre-COPD)概念的发展,分析了其定义及诊断标准,并总结了早期识别pre-COPD患者的重要意义。pre-COPD是对现有COPD防治理念的拓展和延伸,充分认识与理解这个概念,不仅可以预防和早期干预COPD患者,更有助于降低COPD的患病率和死亡率,从而减轻家庭和社区的负担……(其他精彩内容请阅览本期杂志)

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