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中国全科医学杂志社

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编辑

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投稿 / 查询

目次 CONTENTS

第 26 卷终

指南·共识 Guidelines · Consensus

中国神经性贪食诊疗专家共识

Chinese Expert Consensus on the Diagnosis and Treatment of Bulimia Nervosa

……中华医学会心身医学分会进食障碍协作学组, 中华医学会精神医学分会进食障碍研究协作组,

陈妍, 陈涵, 刘兰英, 孔庆梅, 乔慧芬, 张岚, 李雪霓, 匡桂芳, 张大荣, 栗克清, 王振, 陈珏 4487

论著 Article

· 专题研究 · 肝癌 ·

——中国原发性肝癌基层筛查的机遇与挑战

Opportunities and Challenges of Surveillance for Liver Cancer in Primary Care Institutions in China

……王世越, 董晨, 常楚迪, 南月敏 4498

——原发性肝癌基层筛查与健康监测管理的研究进展

Advances in Liver Cancer Screening and Health Surveillance Management in Primary Care Institutions

……路丽霞, 王荣琦 4505

——肝内胆管细胞癌根治术中淋巴结清扫现状分析——一项单中心回顾性研究

Current Status of Lymphadenectomy during Radical Resection of Intrahepatic Cholangiocarcinoma: a Single-center Retrospective Study

……胡超, 程曦, 金望迅, 姚宏清, 王新保 4510

——血清学指标联合肿瘤直径构建列线图预测肝细胞癌发生微血管侵犯的价值研究

The Value of Nomogram Established by Serological Indicators and Tumor Diameter to Predict the Risk of Microvascular Invasion in Hepatocellular Carcinoma

……唐灿, 李向阳, 李婧, 秦浩然, 朱红 4514

中国北方人群心房颤动与新发慢性肾脏病发病风险的相关性研究

Correlation between Atrial Fibrillation and the Risk of New-onset Chronic Kidney Disease in Northern Chinese Population

……张爱丽, 侯旗旗, 韩全乐, 张伯亨, 张佳伟, 曹宏霞, 张超, 陈朔华, 吴寿岭, 李康博 4521

动态监测肺癌患者基因变化规律及其预后意义

Dynamic Monitoring of Gene Changes and Its Prognostic Value in Lung Cancer Patients

……薛崇祥, 鲁星好, 刘哲宁, 董慧静, 郑玉敏, 崔慧娟 4527

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眼针带针运动对经皮冠状动脉介入术治疗患者术后心率变异性及预后的影响研究

Effect of Ocular Acupuncture and Exercise Combination Therapy on Postoperative Heart Rate Variability and Prognosis of Patients Treated with Percutaneous Coronary Intervention

.....张迪, 李鸿鹏, 马江, 聂谦, 孙剑峰, 吴志鹏, 张宏才, 赵珏 4535

血清尿酸对非小细胞肺癌患者围术期急性缺血性卒中的预测价值研究

Predictive Value of Serum Uric Acid in Perioperative Acute Ischemic Stroke in Patients with Non-small Cell Lung Cancer白海威, 米小昆, 刘青蕊, 祝琳, 王英南, 刘俊艳, 韩颖 4545

常规超声与^{99m}Tc-MIBI显像在甲状旁腺增生与甲状旁腺腺瘤鉴别诊断中的价值

Ultrasound and ^{99m}Tc-MIBI Scintigraphy in Differentiating between Parathyroid Hyperplasia and Parathyroid Adenoma马金梅, 刘文, 曹春莉, 康燕飞, 张晓梅, 李军 4552

雌激素受体阳性乳腺癌患者内分泌治疗期高脂血症的临床特征及中药用药分析：

基于真实世界研究

Clinical Characteristics and Traditional Chinese Medicine of Hyperlipidemia in Estrogen Receptor Positive Breast Cancer Patients during Endocrine Therapy: a Real World Study

.....刘炳蔚, 王静, 乔雪, 牟思霖, 时光喜, 李静蔚 4558

枢经推拿对神经病理性疼痛大鼠TLR8/ERK信号通路

及LncRNA-GAS5的影响及作用机制研究

Effect and Mechanism of Pivot Meridian Massage on TLR8/ERK Signaling Pathway and LncRNA-GAS5 in Rats with Neuropathic Pain韦宗波, 龙炳材, 王雄将, 梁英业, 唐宏亮, 夏天, 卢栋明 4565

贵阳市≥18岁抗疫一线人员对吸入用新型冠状病毒疫苗接种体验的质性研究

The Experience of Inhaled COVID-19 Vaccination among First-line Medical Staff in Epidemic Prevention Aged ≥18 Years in Guiyang City: a Qualitative Study ...余娜, 柏晓玲, 逢锦, 牛雨田, 胡庆, 王远芳, 杨容泽 4575

1990—2019年中国炎症性肠病疾病负担及变化趋势分析

Disease Burden and Variation Tendency of Inflammatory Bowel Disease in China from 1990 to 2019包云丽, 汪哲, 唐海茹, 李娜, 郑英, 李斌, 马俊, 于晓辉 4581

1990—2019年中国归因于烟草的食管癌疾病负担趋势和死亡预测分析

Analysis of the Disease Burden Trends and Death Projections for Esophageal Cancer Attributable to Tobacco in China from 1990 to 2019刘爱玲, 周静静, 李成程, 贺凯明, 梁珊珊, 周尚成 4587

方法学·临床工具 Methodology·Clinical Tools

临终关怀志愿服务动机量表汉化及信效度检验

The Chinese Version of Inventory of Motivations for Hospice Palliative Care Volunteerism (IMHPCV): Reliability and Validity Assessment王健男, 孙金明 4595

炎症性肠病患者报告结局测量表的测量学特性分析

Analysis of the Measurement Characteristics of Inflammatory Bowel Disease Patient-reported Outcomes Measurement

Scale 罗娜, 阮艳琴, 雷平光, 万崇华, 万克艳, 宋莹, 陈莹 4602

综述与专论 Review & Perspectives

妊娠期尿潴留的诊治进展

Progress in the Diagnosis and Treatment of Urinary Retention during Pregnancy 南子晴, 蔺莉 4608

编辑荐读

——恶性肿瘤 可防可治

恶性肿瘤是严重威胁人民健康的重要疾病, 据世界癌症研究中心估计, 中国每年新增肿瘤患者457万, 死亡300万, 疾病负担沉重, 有效防控肿瘤关系到我国全民健康的实现。世界卫生组织提出, 如果将现有对肿瘤的认知转化为防治行动, 将近一半的肿瘤是可以预防的; 无法预防的肿瘤中, 也有一半是通过筛查早期发现, 获得治愈的机会。

对于个体来说, 要降低肿瘤发病风险和因肿瘤带来的死亡风险, 早预防、早筛查、早发现、早治疗的“四早”理念是关键。早预防、早筛查可有效降低恶性肿瘤的发生风险; 早发现、早治疗将明显提高肿瘤患者的生存率。因此, 继2023版《居民常见恶性肿瘤筛查和预防推荐》发布后, 本刊从肿瘤筛查、预测、鉴别、治疗方面组织相关稿件, 并附上近期刊登的高影响力文章, 以期为后续的相关研究提供借鉴。

段玉霞, 李珍, 张斯齐, 等. 结肠直肠癌诊疗中患者决策辅助工具应用效果的系统评价[J]. 中国全科医学, 2023, 26(25): 3194-3201.

马佳慧, 刘国莲, 郑莲花, 等. 社区女性乳腺癌防治行为的潜在类别及其影响因素研究[J]. 中国全科医学, 2022, 25(28): 3515-3522+3530.

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王瑞, 王小梅, 彭国庆, 等. 成人癌症恶病质的筛查评估与干预治疗——基于《成人癌症恶病质: ESMO临床实践指南》解读[J]. 中国全科医学, 2023, 26(23): 2823-2829.

卢潘萍, 廖予妹, 张喆琳. 三维超声联合恶性风险模型在绝经后出血子宫内膜癌筛查中的应用价值研究[J]. 中国全科医学, 2022, 25(14): 1724-1729, 1740.

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目前肿瘤研究热点包括: 免疫治疗和肿瘤疫苗, 基因组学和遗传学, 癌症诊断和筛查, 癌症治疗的新方法和技术等。《中国全科医学》杂志持续关注肿瘤研究热点及进展, 欢迎广大作者、读者共同参与, 与编辑部共同探索肿瘤相关问题。

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Editorial Board of Journal of
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CONTENTS IN BRIEF

- 4487 **Chinese Expert Consensus on the Diagnosis and Treatment of Bulimia Nervosa**
Eating Disorders Coordination Group of the Psychosomatic Medicine Society of the Chinese Medical Association, Eating Disorders Research Collaboration Group of the Psychiatric Medicine Society of the Chinese Medical Association, CHEN Yan, CHEN Han, LIU Lanying, KONG Qingmei, QIAO Huijen, ZHANG Lan, LI Xueni, KUANG Guifang, ZHANG Darong, LI Keqing, WANG Zhen, CHEN Jue
- 4498 **Opportunities and Challenges of Surveillance for Liver Cancer in Primary Care Institutions in China**
WANG Shiyue, DONG Chen, CHANG Chudi, NAN Yuemin
- 4505 **Advances in Liver Cancer Screening and Health Surveillance Management in Primary Care Institutions**
LU Lixia, WANG Rongqi
- 4510 **Current Status of Lymphadenectomy during Radical Resection of Intrahepatic Cholangiocarcinoma: a Single-center Retrospective Study**
HU Chao, CHENG Xi, JIN Wangxun, YAO Hongqing, WANG Xinbao
- 4514 **The Value of Nomogram Established by Serological Indicators and Tumor Diameter to Predict the Risk of Microvascular Invasion in Hepatocellular Carcinoma**
TANG Can, LI Xiangyang, LI Jing, QIN Haoran, ZHU Hong
- 4521 **Correlation between Atrial Fibrillation and the Risk of New-onset Chronic Kidney Disease in Northern Chinese Population**
ZHANG Aili, HOU Qiqi, HAN Quanle, ZHANG Boheng, ZHANG Jiawei, CAO Hongxia, ZHANG Chao, CHEN Shuohua, WU Shouling, LI Kangbo
- 4527 **Dynamic Monitoring of Gene Changes and Its Prognostic Value in Lung Cancer Patients**
XUE Chongxiang, LU Xingyu, LIU Zhening, DONG Huijing, ZHENG Yumin, CUI Huijuan
- 4535 **Effect of Ocular Acupuncture and Exercise Combination Therapy on Postoperative Heart Rate Variability and Prognosis of Patients Treated with Percutaneous Coronary Intervention**
ZHANG Di, LI Hongpeng, MA Jiang, NIE Qian, SUN Jianfeng, WU Zhipeng, ZHANG Hongcai, ZHAO Jue
- 4545 **Predictive Value of Serum Uric Acid in Perioperative Acute Ischemic Stroke in Patients with Non-small Cell Lung Cancer**
BAI Haiwei, MI Xiaokun, LIU Qingrui, ZHU Lin, WANG Yingnan, LIU Junyan, HAN Ying
- 4552 **Ultrasound and ^{99m}Tc-MIBI Scintigraphy in Differentiating between Parathyroid Hyperplasia and Parathyroid Adenoma**
MA Jinmei, LIU Wen, CAO Chunli, KANG Yanfei, ZHANG Xiaomei, LI Jun
- 4558 **Clinical Characteristics and Traditional Chinese Medicine of Hyperlipidemia in Estrogen Receptor Positive Breast Cancer Patients during Endocrine Therapy: a Real World Study**
LIU Bingwei, WANG Jing, QIAO Xue, MU Silin, SHI Guangxi, LI Jingwei
- 4565 **Effect and Mechanism of Pivot Meridian Massage on TLR8/ERK Signaling Pathway and LncRNA-GAS5 in Rats with Neuropathic Pain**
WEI Zongbo, LONG Bingcai, WANG Xiongjiang, LIANG Yingye, TANG Hongliang, XIA Tian, LU Dongming
- 4575 **The Experience of Inhaled COVID-19 Vaccination among First-line Medical Staff in Epidemic Prevention Aged ≥ 18 Years in Guiyang City: a Qualitative Study**
YU Na, BAI Xiaoling, PANG Jin, NIU Yutian, HU Qing, WANG Yuanfang, YANG Rongze
- 4581 **Disease Burden and Variation Tendency of Inflammatory Bowel Disease in China from 1990 to 2019**
BAO Yunli, WANG Zhe, TANG Hairu, LI Na, ZHENG Ying, LI Bin, MA Jun, YU Xiaohui
- 4587 **Analysis of the Disease Burden Trends and Death Projections for Esophageal Cancer Attributable to Tobacco in China from 1990 to 2019**
LIU Ailing, ZHOU Jingjing, LI Chengcheng, HE Kaiyue, LIANG Shanshan, ZHOU Shangcheng
- 4595 **The Chinese Version of Inventory of Motivations for Hospice Palliative Care Volunteerism (IMHPCV): Reliability and Validity Assessment**
WANG Jiannan, SUN Jinming
- 4602 **Analysis of the Measurement Characteristics of Inflammatory Bowel Disease Patient-reported Outcomes Measurement Scale**
LUO Na, RUAN Yanqin, LEI Pingguang, WAN Chonghua, WAN Keyan, SONG Ying, CHEN Ying
- 4608 **Progress in the Diagnosis and Treatment of Urinary Retention during Pregnancy**
NAN Ziqing, LIN li

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