

CHINESE

ISSN 1007-9572

CN 13-1222/R

CODEN ZQYHAK

GENERAL
PRACTICE

中国全科医学®

Volume 26 Number 36
December 2023

ZHONGGUO
QUANKE YIXUE

中文核心期刊
中国科技核心期刊
中国精品科技期刊
百种中国杰出学术期刊
中国医药卫生核心期刊
Scopus
CA



国家卫生健康委员会 主管
中国医院协会 主办
中国全科医学杂志社

ISSN 1007-9572



12.2023

2023年12月20日
第26卷 第36期

中国全科医学[®]



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ZHONGGUO QUANKE YIXUE

旬刊 1998年6月创刊 总第771期 第26卷 第36期 2023年8月在线出版 2023年12月20日发行

主管

国家卫生健康委员会

主办

中国医院协会

100080北京市海淀区

知春路6号锦秋国际21层

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电话: 010-82366238

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出版

《中国全科医学》杂志社有限公司

100083北京市海淀区王庄路1号

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中国标准连续出版物号

ISSN 1007-9572

CN 13-1222/R

投稿与稿件查询

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印刷

廊坊佰利得印刷有限公司

065001河北省廊坊市

广阳区解放道16号

发行

范围：公开

国内：中国邮政集团公司

北京市报刊发行局

邮发代号：80-258

国外：中国国际图书贸易集团
有限公司

（北京399信箱；100044）

发行代号：M 5123

零售

中国全科医学杂志社发行部

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编辑荐读

——恶性肿瘤 可防可治

恶性肿瘤是严重威胁人民健康的重要疾病,据世界癌症研究中心估计,中国每年新增肿瘤患者457万,死亡300万,疾病负担沉重,有效防控肿瘤关系到我国全民健康的实现。世界卫生组织提出,如果将现有对肿瘤的认知转化为防治行动,将近一半的肿瘤是可以预防的;无法预防的肿瘤中,也有一半是可以通过筛查早期发现,获得治愈的机会。

对于个体来说,要降低肿瘤发病风险和因肿瘤带来的死亡风险,早预防、早筛查、早发现、早治疗的“四早”理念是关键。早预防、早筛查可有效降低恶性肿瘤的发生风险;早发现、早治疗将明显提高肿瘤患者的生存率。因此,继2023版《居民常见恶性肿瘤筛查和预防推荐》发布后,本刊从肿瘤筛查、预测、鉴别、治疗方面组织相关稿件,并附上近期刊登的高影响力文章,以期为后续的相关研究提供借鉴。

段玉霞,李珍,张斯齐,等.结肠直肠癌诊疗中患者决策辅助工具应用效果的系统评价[J].中国全科医学,2023,26(25):3194-3201.

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目前肿瘤研究热点包括:免疫治疗和肿瘤疫苗,基因组学和遗传学,癌症诊断和筛查,癌症治疗的新方法和技术等。《中国全科医学》杂志持续关注肿瘤研究热点及进展,欢迎广大作者、读者共同参与,与编辑部共同探索肿瘤相关问题。

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【期刊基本参数】 CN13-1222/R*1998*t*A4*120*zh*p*¥20.00*18*2023-36

本期责任编辑 崔莎 英文编辑 曹新阳 LIU HUI 责任排版、校对 尹鹏 康艳辉



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杂志官网: www.chinagp.net

CHINESE GENERAL PRACTICE

36 Issues/Year Established in June 1998 Volume 26, Number 36 December 20, 2023

Administrative Institution

National Health Commission of
the People's Republic of China

Sponsor

Chinese Hospital Association
21st Floor, Jinqiu International Building,
No. 6 Zhichun Road, Haidian District
Beijing 100080, China
Publishing House of Journal of
Chinese General Practice
Block D, Tsinghua Tongfang Science and
Technology Plaza, No.1 Wangzhuang Road,
Haidian District, Beijing 100083, China

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Chinese General Practice
Block D, Tsinghua Tongfang Science and
Technology Plaza, No.1 Wangzhuang Road,
Haidian District, Beijing 100083, China
Chinese General Practice
Tel: 010-82366238
0310-2067118
<https://www.chinagp.net>

E-mail: zgqkyx@chinagp.net.cn

Publication

Chinese General Practice Publishing
House Co., Ltd.
Block D, Tsinghua Tongfang Science and
Technology Plaza, No.1 Wangzhuang Road,
Haidian District, Beijing 100083, China
Tel: 010-82366238
0310-2067118
E-mail: zgqkyx@chinagp.net.cn

Printing

Langfang Bailide Printing Co., Ltd
No. 16, Jiefang Road, Guangyang
District, Langfang 065001, China

Distribution

Domestic Distributor:
Beijing Post Offices
Code No.80-258
Overseas Distributor:
China International Book Trading
Corporation
(P.O.Box 399 Beijing, China 100044)
Code No.M 5123

CSSN

ISSN 1007-9572
CN 13-1222/R

Price

RMB 20.00 Yuan

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Chinese General Practice

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【Serial Parameters】 CN13-1222/R * 1998 * t * A4 * 120 * zh * p * ¥20.00 * 18 * 2023-36