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登革热如何预防

目前，没有一种有效疫苗来预防登革热，防止蚊子叮咬是预防登革热病毒传播的关键。最主要是做好灭蚊、防蚊和清除蚊虫孳生地。做好家居清洁和环境卫生，翻盆倒罐，定期清除家居环境积水，家庭用贮水容器每3-5天清洗更换一次。



- 1、防止积水，消除伊蚊孳生地，富贵竹等阴生水养殖物的花瓶，每5~7天换水1次，并冲洗植物根部，养有大型水生植物的，要在水中投放灭蚊药物。
- 2、饮用水缸或其他饮用水容器要加盖，每5~7天换水1次，不能定期换水的可放养食蚊鱼等，水井要加盖。
- 3、冰箱底部的水盘应每星期清理一次。
- 4、浴室、卫生间储水桶、缸等每5~7天清理换水一次。
- 5、花盆底盘要保持干爽。
- 6、贮水的水桶、陶瓮、排水槽等每5~7天清理换水一次，所以渠道要保持畅通。

- 7、废轮胎要存放室内或避雨的场所，如要堆放室外，要用防雨布严密遮盖，不积雨水。必要时可用杀虫剂喷杀成蚊，并在轮胎内施放马拉硫磷、双硫磷等杀幼剂。
- 8、竹篱笆竹节顶端、树洞、竹洞要用灰沙堵塞，或对留根的竹筒采用“十”字砍刀法，使其有裂缝不再积水。
- 9、屋檐排水槽或反坎堵塞积水要定期清理。
- 10、家禽、家畜与鸟类饮水槽要每天清理。
- 11、清除周围废弃的盆、罐、瓶等容器，暂时闲置未用的应当逐一翻转倒放。
- 12、将地面凹陷的地方全部填平，以防积水。

海南省疾病预防控制中心 宣