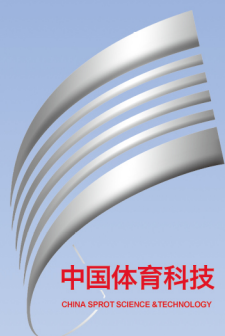


中文体育类核心期刊
中国人文社会科学核心期刊
CSSCI来源期刊

ISSN 1002-9826
CN 11-2284/G8

中国体育科技

CHINA SPORT SCIENCE AND TECHNOLOGY



中国体育科技
CHINA SPORT SCIENCE & TECHNOLOGY

国家体育总局体育科学研究所 2020年10月 第56卷 第

10

期

<http://www.cisszgtj.com> E-mail:bjb@ciss.cn

深化体教融合 促进青少年健康发展研究专刊

目次

专家论坛

历史演进与政策嬗变:从“增强体质”到“体教融合”

——中国儿童青少年体育健康促进政策演进的特征分析

汪晓赞*,杨燕国,孔琳,仲佳榕,禹华森,郝艳丽(3)

青少年课外体育锻炼与学校适应的关系:链式中介模型及性别差异

颜军*,陶宝乐,石露,姜虎,李焕玉,刘敏(11)

青少年健康促进

体教融合的科学循证:体育锻炼和文化学习的相互关联

龚海培,柳鸣毅*,孔倩倩,胡海旭(19)

体教融合背景下中国儿童青少年体育发展的现实困境及解决路径

孔琳,汪晓赞*,徐勤萍,杨文强,吴彩访,周博,朱杨明(29)

绿蓝色空间暴露、绿蓝色健身对儿童青少年认知功能和学业表现的

影响综述 何晓龙*(36)

青少年近视“医教协同”治理模式研究

钟丽萍,金育强*,范成文,艾玲(55)

不同动作水平视角下幼儿身体素质与BMI的特征研究

周喆啸*(62)

生命关怀视域下青少年身体素养教育需求及路径分析

张维凯*,李士英,王宏伟(69)

体育与健康:学校体育“健康第一”下的悖论与困境

熊文*(77)

受众回应视角下的《国家学生体质健康标准》政策执行及其效果

——基于10省40所普通高校的实证分析

张强峰*,汤长发,尹丽琴,郭程,杨祖怡,孙洪涛(89)

欢迎订阅2021年《中国体育科技》(10)



CONTENTS

WANG Xiaozan [*] , YANG Yanguo, KONG Lin, ZHONG Jiarong, YU Huasen, HAO Yanli Historical Evolution and Policy Change: From “Strengthening Physical Fitness” to “Integration of Sports and Education”—A Characteristic Analysis of the Evolution of Physical Education and Health Promotion Policies for Children and Adolescents in China	3
YAN Jun [*] , TAO Baole, SHI Lu, LOU Hu, LI Huanyu, LIU Min The Relationship between Extracurricular Physical Exercise and School Adaptation of Adolescents: A Chain Mediating Model and Gender Difference	11
GONG Haipei, LIU Mingyi [*] , KONG Qianqian, HU Haixu Scientific Evidence of Integration of Sports and Education: An Analysis of Association between Sports Exercise and Education	19
KONG Lin, WANG Xiaozan [*] , XU Qinqing, YANG Wenqiang, WU Caifang, ZHOU Bo, ZHU Yangming The Realistic Dilemma and Solution of Chinese Children and Adolescents’ Sports Development under the Background of Integration of Sports and Education	29
HE Xiaolong [*] A Review of Green and Blue Spatial Exposure or Green and Blue Exercise on Children and Adolescents’ Cognitive Function and Academic Performance	36
ZHONG Liping, JIN Yuqiang [*] , FAN Chengwen, AI Ling Study on the “Medical and Education Coordination” Mode of Adolescent Myopia	55
ZHOU Zhexiao [*] Research on the Characteristics of Preschoolers Physical Fitness and BMI under the Vision of Multi-level Motor	62
ZHANG Weikai [*] , LI Shiyang, WANG Hongwei The Urgent Needs and Path Analysis of Adolescents’ Physical Literacy Education from the Perspective of Life Care	69
XIONG Wen [*] Physical Education and Health: The Paradox and Predicament under “Health First” in School Physical Education	77
ZHANG Qiangfeng [*] , TANG Changfa, YIN Liqin, GUO Cheng, YANG Zuyi, SUN Hongtao Policy Implementation and Effect of National Student Physical Fitness Standard from the Perspective of Audience Responsiveness—An Empirical Analysis Based on 40 Colleges and Universities in 10 Provinces	89