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世界慢阻肺日

WORLD COPD DAY

2019.11.20
(第18个)



世界卫生组织将每年11月第三个周三定为“世界慢阻肺日”，旨在帮助人们提高对慢阻肺的认识，改善慢阻肺诊断不足和治疗不力的现状。根据《2018世界卫生统计报告》显示，慢性呼吸系统疾病（CRD）是人类第三大致死病因，仅次于心血管疾病和癌症。

慢性阻塞性肺疾病（简称“慢阻肺”），英文简称“COPD”，就是人们常说的慢性支气管炎和肺气肿，主要症状为长时间咳嗽、咳痰和喘息，久而久之将演变成肺心病，最后可能累及全身各系统。慢阻肺具有进行性、不可逆的特征。同时，慢阻肺是一种可以预防和治疗的疾病。

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