



# 中国中西医结合儿科学

原刊名 中国医学文摘儿科学

ZHONGGUO ZHONGXIYI JIEHE ERKEXUE

CHINESE PEDIATRICS OF INTEGRATED  
TRADITIONAL AND WESTERN MEDICINE

中国核心期刊遴选数据库收录期刊  
中国学术期刊网络出版总库收录期刊  
中文科技期刊数据库收录期刊  
中华首席医学网收录期刊

**2015** 第7卷第3期  
Volume 7 Number 3 June 2015

国家卫生和计划生育委员会 主管  
中国医师协会  
辽宁省基础医学研究所 主办  
辽宁中医药大学附属医院

ISSN 1674-3865



9 771674 386158

# 中国中西医结合儿科学

原刊名:中国医学文摘 儿科学

Chinese Pediatrics of Integrated Traditional and Western Medicine

双月刊 1982年2月创刊 第7卷 第3期 2015年6月25日出版

## 主管

国家卫生和计划生育委员会

## 主办

中国医师协会  
辽宁省基础医学研究所  
辽宁中医药大学附属医院

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中国中西医结合儿科学杂志社  
110101,沈阳市苏家屯区乔松路2号  
电话:(024)89800910  
传真:(024)89800920  
电子信箱:zxek@163.com  
网址: http://www.lnwsxy.edu.com/zxek/index.htm

## 广告经营许可证

许可证号:2100005000024号

## 印刷

沈阳中科印刷有限责任公司  
110005,沈阳市和平区玉屏路17号

## 发行

国内:辽宁省邮政公司报刊发行公司  
国外:中国国际图书贸易总公司  
(北京399信箱,100044)  
代号 BM 6787

## 订购

全国各地邮局  
邮发代号 8-162

## 邮购

中国中西医结合儿科学编辑部  
110101,沈阳市苏家屯区乔松路2号  
电话:(024)89800910  
传真:(024)89800920

## 定价

每期7.00元,全年42.00元

## 中国标准连续出版物号

ISSN 1674-3865  
CN 21-1569/R

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本期责任编辑 刘颖 英文审校 孙涛

# Chinese Pediatrics of Integrated Traditional and Western Medicine

Original name: Chinese Medical Digest Pediatrics

Bimonthly Established in February 1982 Volume 7, Number 3 June 25, 2015

## Responsible Institution

National Health and Family Planning  
Commission of the People's Republic  
of China

## Sponsor

Chinese Medical Doctor Association  
Liaoning Institute of Basic Medicine  
The Affiliated Hospital of Liaoning  
University of Traditional  
Chinese Medicine

## Editing

Editorial Board of  
Chinese Pediatrics of Integrated  
Traditional and Western Medicine  
2 Qiaosong Road, Sujiatun District,  
Shenyang 110101, China  
Tel: 0086-24-89800910  
Fax: 0086-24-89800920  
E-mail: zxeck@163.com  
http://www.lnwsxy.edu.com/zxeck/index.htm

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## Publishing Unit

Publishing House of  
Chinese Pediatrics of Integrated  
Traditional and Western Medicine  
2 Qiaosong Road, Sujiatun District,  
Shenyang 110101, China  
Tel: 0086-24-89800910  
Fax: 0086-24-89800920  
E-mail: zxeck@163.com  
http://www.lnwsxy.edu.com/zxeck/index.htm

## Printing

Shenyang Zhongke Publishing Co.,  
Ltd, China

## Overseas Distributor

China International Book  
Trading Corporation  
P. O. Box 399, Beijing, China  
Code No BM 6787

## Mail-Order

Editorial Department of  
Chinese Pediatrics of Integrated  
Traditional and Western Medicine  
2 Qiaosong Road, Sujiatun District,  
Shenyang 110101, China  
Tel: 0086-24-89800910  
Fax: 0086-24-89800920

## CSSN

ISSN 1674-3865  
CN 21-1569/R

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thors except for the special statement

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# 中国医科大学附属盛京医院 小儿内分泌遗传代谢病科简介



儿科内分泌团队

中国医科大学附属盛京医院小儿内分泌遗传代谢病科成立于1983年，是东北地区最大的儿童内分泌遗传代谢疾病诊治中心，也是中华医学会儿科学分会内分泌遗传代谢学组成员之一，是东北三省唯一儿科内分泌博士授予单位。该科现有医生7名，其中教授、主任医师3名，主治医师3名，住院医师1名；医学博士4名，硕士1名。承担省内各市县及周边地区危重症及疑难病例的诊断与治疗，主治儿童糖尿病、甲状腺疾病、矮小症、性早熟、肾上腺疾

病、下丘脑-垂体疾病、尿崩症、性发育异常、肥胖症、甲状旁腺疾病等内分泌系统疾病和遗传代谢病。

该科年门诊量近2万人次，收治住院患者约500人，位于该院南湖院区A座。科室重视对中青年医生的培养，已建立起合理的人才梯队。注重基础医疗工作，强化服务意识，践行对患者的人文关怀，依托盛京医院先进的实验室检测及影像技术，对多种小儿内分泌疾病的诊断和治疗达到了东北三省领先及国内先进水平。

小儿内分泌科在儿童青少年糖尿病诊断及院外管理方面取得较好成绩：糖尿病酮症酸中毒抢救成功率接近100%；对于儿童1型糖尿病，率先采用持续胰岛素皮下输注、动态血糖监测及Carelink软件管理相结合的“3C”疗法；对住院患者进行系统的糖尿病教育；出院患者进行长期随访，并开展糖尿病夏令营等活动，使糖尿病患儿血糖达标率明显提高，延缓了并发症发生，提高了生活质量；还开展了新生儿糖尿病基因检测及糖尿病相关的基础研究。此外，在儿童矮小症、性早熟的诊治方面也积累了不少经验，根据不同病因有针对性地选择治疗方案；基因重组人生长激素及促性腺激素释放激素类似物治疗使患儿的预后有了明显改善。



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辛颖主任参加1型糖尿病整合项目授牌仪式