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中国医科大学附属盛京医院

小儿内分泌遗传代谢病科简介



儿科内分泌团队

中国医科大学附属盛京医院小儿内分泌遗传代谢病科成立于 1983 年，是东北地区最大的儿童内分泌遗传代谢疾病诊治中心，也是中华医学会儿科学分会内分泌遗传代谢学组成员之一，是东北三省唯一儿科内分泌博士授予单位。该科现有医生 7 名，其中教授、主任医师 3 名，主治医师 3 名，住院医师 1 名；医学博士 4 名，硕士 1 名。承担省内各市县及周边地区危重症及疑难病例的诊断与治疗，主治儿童糖尿病、甲状腺疾病、矮小症、性早熟、肾上腺疾

病、下丘脑 - 垂体疾病、尿崩症、性发育异常、肥胖症、甲状旁腺疾病等内分泌系统疾病和遗传代谢病。

该科年门诊量近 2 万人次，收治住院患者约 500 人，位于该院南湖院区 A 座。科室重视对中青年医生的培养，已建立起合理的人才梯队。注重基础医疗工作，强化服务意识，践行对患者的人文关怀，依托盛京医院先进的实验室检测及影像技术，对多种小儿内分泌疾病的诊断和治疗达到了东北三省领先及国内先进水平。

小儿内分泌科在儿童青少年糖尿病诊断及院外管理方面取得较好成绩：糖尿病酮症酸中毒抢救成功率接近 100%；对于儿童 1 型糖尿病，率先采用持续胰岛素皮下输注、动态血糖监测及 Carelink 软件管理相结合的“3C”疗法；对住院患者进行系统的糖尿病教育；出院患者进行长期随访，并开展糖尿病夏令营等活动，使糖尿病患儿血糖达标率明显提高，延缓了并发症发生，提高了生活质量；还开展了新生儿糖尿病基因检测及糖尿病相关的基础研究。此外，在儿童矮小症、性早熟的诊治方面也积累了不少经验，根据不同病因有针对性地选择治疗方案；基因重组人生长激素及促性腺激素释放激素类似物治疗使患儿的预后有了明显改善。



辛颖主任带领团队查房



辛颖主任参加 1 型糖尿病整合项目授牌仪式