



7
QK2014441
CODEN ZZZZDL

中华中医药杂志

Z H O N G H U A Z H O N G Y I Y A O Z A Z H I

(原中国医药学报)

**CHINA JOURNAL OF
TRADITIONAL
CHINESE MEDICINE
AND PHARMACY**

第35卷 第2期 2020年2月
Vol.35 No.2 February 2020

2

2020

ISSN 1673-1727



9 771673 172202

Sponsored by
China Association of Chinese Medicine
中华中医药学会主办

中华中医药杂志

ZHONGHUA ZHONGYIYAO ZAZHI

(原中国医药学报)

第35卷第2期 2020年2月

目次

仁心雕龙

- 中国养生文化的教化功能及其当代价值.....张超中(511)
- 李道纯有为与无为交替为用的内丹理论.....王彤江(515)
- 研究《伤寒论》，重点把握“热”.....庄长兴(522)
- 基于“四回归九系统”的中医经典病房全要素构建的思考与探索
.....王挺，秦永菊，文燕，等(525)
- 论“守机”.....丁思元，王琪格，胡镜清，等(530)
- 混合方法研究模式下肾阳虚证诊断标准制定的思路与方法探讨
.....秦义，訾明杰，孙明月，等(534)
- 中国蒙医整骨术基于独特认知的原创理念、手法探索与发现.....照那木拉，王梅(538)

述评

- 大健康视角下慢性筋骨病诊疗思路探讨.....宋永嘉，李晓锋，鲍嘉敏，等(543)
- 前列腺癌现代中医平衡论治理论体系探讨.....殷振超，周建甫，陈志强，等(546)

学术流派

- 海派中医丁氏内科不寐辨治方药及学术思想承继.....朱思行，严世芸，陈丽云(549)
- 管氏补泻手法学术特点.....管遵惠，管傲然，管薇薇，等(553)
- 新安王氏内科流派滋肾柔肝息风法论治眩晕经验浅析.....聂多锐，王健，黄学武，等(556)

论著

- “神元学说”初探.....吴跃峰，赖新生(561)
- 基于《黄帝内经》五运六气理论的临证处方策略.....陆曙，陶国水，顾植山(565)
- 病象的演化与测量.....熊丽辉，宋道群，郭景宜，等(568)
- 试论张仲景思维模式在消化系统疾病中的应用.....卞立群，唐旭东(571)
- “不寐”病名源流考.....邴守兰，高驰，段逸山(574)

“医者，意也”对中医理论体系及临床思维形成的影响·····	师建平 (578)
《中国缺血性中风中成药合理使用指导规范》解读·····	高维，王建伟，郭蓉娟 (581)
基于气虚血瘀理论探讨血管内皮细胞自噬与椎动脉型颈椎病的关系 ·····	董平，宋敏，董万涛，等 (585)
再论糖尿病肾脏病“从风论治”·····	黄为钧，赵进喜，王世东，等 (588)
《灵枢·经筋》手少阴经筋病发微·····	李海峰 (591)
基于CiteSpace可视化分析中医药领域脑梗死研究热点和趋势 ·····	于丹丹，谢雁鸣，廖星，等 (595)
冠心病心绞痛痰瘀互结证与非痰瘀互结证患者血清代谢组学差异 ·····	具星，贾连群，吕美君，等 (599)
肺动脉高压中医证候与预后指标的相关性·····	王蓓蕾，阮越勇，于洋，等 (604)
基于扎根理论与内容分析法的肝郁证候定性与定量研究方法探析 ·····	郝闻致，龚炼，薛飞飞，等 (607)
不同剂量地塞米松诱发小鼠药源性虚证评价研究·····	钱宏梁，潘志强，王晓敏，等 (611)
沙参桔梗汤对急性放射性肺损伤模型大鼠肺组织的病理改变及 肺泡炎半定量分析·····	元润智，杨玉莹，刘剑刚，等 (616)
大鼠肾细胞来源的外泌体对软骨细胞保护作用的机制研究 ·····	肖延成，邢润麟，徐波，等 (619)
五脏温阳化痰汤对血管性痴呆模型大鼠Bcl-2及Caspase相关 蛋白表达的影响·····	王韵桥，夏猛，曹传东，等 (625)
变应性鼻炎大鼠情感行为学改变与海马区神经胶质细胞炎症表达的 相关性研究·····	杨莎莎，张勤修，黄瑶，等 (628)
中晚期肺癌患者伴发抑郁状态的中医证候分布规律·····	燕晓茹，陈恂，张培彤 (633)
补肾益髓方及其拆方对星形胶质细胞胶质瘢痕NgR、RhoA及ROCK II 蛋白表达的影响·····	何佳鑫，赵晖，齐放，等 (637)
电针对高脂饮食诱导的胰岛素抵抗大鼠海马胰岛素降解酶、PPAR γ 、 β -catenin与 A β 42表达的影响·····	王静芝，陈丽，徐芬，等 (642)
基于PI3K/AKT通路对回阳生肌膏促进糖尿病阴证疮面的微血管 新生作用机制的初探·····	贾湘隆，徐旭英 (646)
基于“肺阳虚”理论探析温阳化饮方对哮喘寒饮蕴肺证细胞自噬的 作用机制·····	常兴，张庆祥，刘燕，等 (650)
南方红豆杉水提物含药血清增强吉非替尼对A549细胞增殖的 抑制作用·····	陈婷，张郜晨茜，戴淑颖，等 (655)
从“治中焦如衡”论治胃食管反流病·····	张敏，王凤云，唐旭东，等 (660)
《医学纲目》运气学说的运用范式·····	丁立维 (663)

司天“五运方”组方原则初探	陈冰俊, 顾植山, 陶国水, 等	(667)
基于中医五神脏理论谈不寐	边颖汉, 张星平, 彭志鹏, 等	(670)
经络辨证论治冠状动脉粥样硬化性心脏病	李记泉, 贾连群, 闵冬雨, 等	(674)
中医“肺藏魄”的神经心理学内涵	李自艳, 曹龔, 贾竑晓	(677)
仲景脉法体系探究	司帆, 任慧霞, 朱珂, 等	(681)
素食在我国的发展及对素食者的合理建议	王青青, 张玉苹, 王晓, 等	(684)
印堂调神理论发微	韩李莎, 鲁海, 胡佳慧, 等	(687)

临证经验

国医大师邓铁涛运用中医外治法治疗心血管疾病经验	何伟峰, 金政, 吴彤, 等	(690)
国医大师张学文治疗乳腺癌经验探析	白海侠, 严亚锋, 张学文	(693)
国医大师班秀文论治妇科杂病经验	裴以禄, 王志威, 戴铭, 等	(696)
国医大师张志远运用茯苓经验	潘琳琳, 孙君艺, 王淞, 等	(699)
国医大师李士懋运用补中益气汤合理阴煎治疗肾之“阴火”探析	刘宇, 张明泉, 马凯, 等	(703)
国医大师梅国强辨治颈椎病经验初探	梅杰	(706)
国医大师郑新“肾病三因论”治疗肾病综合征浅析	雷蕾, 熊维建, 杨敬, 等	(709)
国医大师熊继柏论学习中医常见的误区	刘扬, 何清湖, 蒋学余, 等	(711)
“以热为本, 以期为纲”论治晚期糖尿病肾病	高亚斌, 王耀献, 郭敬, 等	(714)
王彦晖治疗天疱疮的临床经验探析	张阳扬, 王玉洁, 王彦晖, 等	(717)
姚树坤诊治慢性肝病经验	段绍杰, 陈佳良, 王榕睿, 等	(719)
詹强“平秘论”学术思想在推拿临床中的运用	申屠嘉俊, 张园园, 李小梅, 等	(723)
产后痹的证治	李满意, 刘红艳, 姜玉铃	(726)
从“寒饮”论治复发性口腔溃疡临证体会	洪燕珠, 奚胜艳, 许家佗, 等	(729)
马勇以“阴阳为纲, 气血为本, 阳气为先”思想指导骨伤科疾病治疗	涂鹏程, 郭杨, 马勇, 等	(732)
刘启泉从肝脾论治溃疡性结肠炎经验浅析	李娜, 郝旭蕊, 李维康, 等	(735)
胡凯文治疗痛性疼痛经验	杨丽惠, 王曼, 周天, 等	(738)
巴元明运用自拟肾消汤治疗糖尿病肾病经验	胡锦庆, 巴元明, 周宇, 等	(742)
张立山运用补脾胃泻阴火升阳汤治疗间质性肺病举隅	成柳杨, 张立山, 弓雪峰, 等	(746)
赵清树学术思想探析	郝海霞, 师建平, 史圣华	(748)
关于口疮病经络辨证的探讨	张叔琦, 张小琴, 刘晓薇, 等	(751)
“五经配伍”治疗内伤头痛探析	杜鸿蒙, 章薇	(754)
论汗、吐、下三法在儿科的应用	李梦, 熊磊, 明溪, 等	(757)
脑水肿的中医证治探讨	周子懿, 王立新	(760)

- 浅谈肾气丸的异病同治.....郭世岳, 宋丹, 高文锋, 等 (764)
- 浅析曾倩治疗不孕症对消、托、补三法的新阐释.....刘常, 周航, 李宛静, 等 (768)
- 运用“三精丸”之法治治疗阴虚湿热型痤疮.....吕宛春, 丁慧 (771)
- 基于“卫气营血”理论探讨腹膜透析相关性腹膜炎的辨治.....林杰, 石伟荣, 朱淑瑜, 等 (773)
- 黄仕沛应用含石膏经方经验.....吴翠萍 (777)

思路与方法

- 中医体质红外热成像敏感区域的提取和研究思路探讨.....崔殿坤, 王琦, 白彤彤, 等 (780)
- 从痰、瘀辨证论治肺癌机制探讨.....刘殿龙, 侯炜 (783)
- 象思维视域下“心与火”关系分析.....赵正泰, 马月香 (786)
- 中医脾虚型ICU获得性肌无力大鼠模型构建方法与判定依据
.....张桂荣, 罗越华, 陈凯丽, 等 (789)

标准与规范

- 消化系统常见病急慢性胆囊炎、胆石症中医诊疗指南(基层医生版)
.....中华中医药学会脾胃病分会 (793)

综述

- 微观参数在肺癌中医健康状态评估中的价值.....陈锦团, 骆云丰, 朱龙, 等 (801)
- 产后抑郁症中医研究进展.....许梦白, 刘雁峰, 陈家旭 (805)
- 中医药治疗免疫性复发性流产的研究进展.....孙自学, 李鹏超 (809)
- “伏毒”与糖尿病性难愈溃疡发病关系的研究进展.....李大勇, 刘艳玲 (812)
- 基于氧化应激的心肌缺血再灌注损伤研究进展.....吕仪, 陈蓉, 郑雯婧, 等 (815)
- 肠道菌群与绝经后骨质疏松症雌激素介导骨免疫失衡的相关性研究
.....阮璐薇, 张鹏横, 胡柳, 等 (820)
- 针刺治疗缺血性脑卒中机制的研究进展.....钟俊青, 王连成 (823)

研究报告

- 论心血瘀阻是冠心病慢性心力衰竭的基本病机与证型.....赵希曦, 杨洁红, 曹雪滨, 等 (827)
- 傅青主从脾胃辨治不孕探析.....王月娇, 徐莲薇 (830)
- 新安医家吴楚运用人参特色探析.....王瑞, 王键 (833)
- 藿朴夏苓汤加减治疗糖尿病理论浅析.....史丽伟, 倪青, 冯玲 (835)
- 《伤寒论》动态病机观探析.....刘玉良, 孙力华, 朱爱松 (839)
- 《黄帝内经》“脾不主时”理论探讨.....史佳岐, 王小平 (842)
- 《黄帝内经》缪刺法之初探.....江昌明, 张曙铃, 张卫 (845)

从结缔组织相关间质性肺疾病的病因病机论雷公藤的辨病用药	王国玉, 贾新华 (848)
基于德尔菲法的儿童胃肠积热评价量表条目筛选	马雪颜, 于河, 吴力群, 等 (851)
针刺联合辅助生殖技术对多囊卵巢综合征患者临床妊娠结局影响的Meta分析及 GRADE质量评价	尹萍, 李丽, 路璐, 等 (854)
消瘦儿童104例中医体质及面象特征参数分析	刘娜娜, 孙源, 陈佳, 等 (859)
肺纤方对博来霉素诱导的肺间质纤维化大鼠上皮间质转化的影响	董环, 张晓梅, 孟丽红, 等 (862)
黄芪、水蛭有效组分对经脂多糖诱导增生的大鼠肾小球系膜细胞I κ B、NF- κ B、 PDGF-BB表达的影响	顾叶云, 胡莹杰, 徐蕾, 等 (866)
复方青山健心片对阵发性房颤大鼠左心房胆碱能神经密度的干预作用	焦华琛, 刘东海, 孙婷婷, 等 (869)
系统性红斑狼疮各证候方药规律临床回顾性调查研究	何美莹, 陈新林, 李先涛 (873)
干燥综合征继发肺间质疾病45例的中西医临床特点分析	焦以庆, 王玉光, 郭丽娅, 等 (876)
蒙药复方森登-4的分子对接研究	李斌鑫, 朱小玲, 孙国园, 等 (880)
基于网络药理学的黄芪膜分离部位抗心肌炎作用机制分析	郭亚菲, 罗虹, 王佳敏, 等 (884)
体胖儿童102例体质类型与面象、舌象特征相关性研究	黄冕, 张梦圆, 陈佳, 等 (888)
藏药甘青青兰多糖提取工艺优化及含量测定	高生英, 叶菊, 才让南加, 等 (892)
中药白头翁及混伪品的DNA条形码分子鉴定	张丹纯, 宫璐, 黄志海 (896)
虎杖3个单体成分对TGF- β 1诱导A549细胞表型转化的干预作用	夏永良, 雷啟芬, 张恂, 等 (900)
海南地区非酒精性脂肪肝中医湿证与脂肪度的关联性	程亚伟, 丁一, 蔡媛媛, 等 (904)
基于热敏通道TRPA1和TRPV1探讨吴茱萸汤对内脏痛模型小鼠的影响	刘珍洪, 郭蓉, 高蔚, 等 (908)
抑郁障碍共病失眠患者642例证候与证素分析及病机阐释	李楠, 于成, 邵琳琳, 等 (913)
针刀干预对颈椎病兔颈后伸肌细胞PI3K/Akt信号通路的影响	刘福水, 方婷, 洪滔, 等 (918)
清脑益元汤对大鼠胚胎神经干细胞增殖分化和相关因子表达的影响	祝美珍, 彭俊亮, 曾宪晶, 等 (922)
推拿按揉法对坐骨神经慢性压迫性损伤模型大鼠步态及腓肠肌的影响	林志刚, 王建珠, 赵娣, 等 (927)
蒙药忠伦阿汤对胶原诱导性关节炎模型大鼠滑膜细胞凋亡相关因子的影响	杨永生, 董秋梅, 丁超华, 等 (932)

新诊断2型糖尿病患者中医辨证分型与TCF7L2基因单核苷酸多态性的相关性

..... 吴天敏, 陈金水, 严孙杰, 等 (937)

基于16S rDNA测序研究化瘀通阳方对溃疡性结肠炎大鼠肠道菌群的影响

..... 陈杨, 施丽婕, 刘雷蕾, 等 (941)

醒脑解郁胶囊对卒中后抑郁模型大鼠外周血T淋巴细胞亚群的影响

..... 苏雯, 王豆, 李涛, 等 (947)

马钱子碱对人结肠癌HT-29细胞线粒体膜电位及凋亡的影响..... 杨珍, 冯振宇, 孟霜, 等 (950)

数据挖掘在中医药领域的研究态势及应用分析..... 刘嘉辉, 黄颖娟, 吕东勇, 等 (953)

基于“土壅木郁”探析非酒精性脂肪肝的痰湿体质分布研究

..... 孙静文, 孙铭良, 袁静云, 等 (956)

桂枝去芍药加蜀漆牡蛎龙骨救逆汤之方药探析..... 阴倩雅, 杨鑫杰, 窦志芳, 等 (959)

浅谈脾与干燥综合征..... 孟凡艳, 张杰 (961)

两汉至隋唐时期道家外丹文化的发展及其实践特色..... 卢屹东, 谭春雨 (964)

张简斋从心肾治疗情志病探析..... 周丽萍, 章宸一瑜, 戴黎颖, 等 (967)

清代名医何书田医话赏析五则..... 李顺达, 何新慧 (970)

从三焦气化失常分析“上火”的病因病机..... 孙旗策, 杜羽, 谢冠群 (972)

新安“西园喉科”与“南园喉科”养阴清肺汤方证病机异同分析

..... 张佳佳, 王键, 郑铎, 等 (975)

针刺量学研究在卒中后抑郁治疗中的运用..... 甘圆圆, 鲁海, 高霄英, 等 (978)

试说五脏相克相爱与“吾爱汤丸”解..... 熊晔 (981)

临床报道

伴有/不伴有合并症的慢性阻塞性肺疾病稳定期患者病位特征及其与

肺功能的相关性..... 吴建军, 张莹雪, 赵妍, 等 (984)

耳穴压豆联合推拿辨证治疗视频终端综合征的临床观察

..... 赵静如, 许家骏, 曹旭, 等 (988)

益肺活血化痰散结法治疗187例肺结节临床观察..... 刘彧杉, 张晓梅, 姜良铎, 等 (992)

湿热型强直性脊柱炎患者氧化应激相关指标的变化及相关性研究

..... 黄豆, 刘健, 纵瑞凯, 等 (995)

脊柱微调手法联合导引功法治疗腰椎间盘突出症临床观察

..... 李建华, 朱清广, 房敏, 等 (999)

运用fMRI技术探究针刺对月经性偏头痛患者脑功能连接网络的影响

..... 张雨桐, 徐韬, 汪杏, 等 (1002)

中药配合针刺、按摩、发声训练治疗功能性发声疲劳的临床观察

..... 李华, 谭梦佳, 李云英 (1007)

电针促进肩袖修复术后运动功能康复的临床研究……………郭锐,董云,杨勇,等(1010)

痹祺胶囊治疗中轻度膝骨性关节炎的临床疗效研究
……………白卫飞,柴宏伟,余向前,等(1015)

益气养阴消癥通络中药对Ⅲ期和Ⅳ期糖尿病肾病的临床疗效观察
……………陈志强,王春宁,王月华,等(1018)

中医药多途径介入治疗对再次体外受精-胚胎移植肾虚肝郁血瘀证患者卵子及
胚胎质量的影响……………夏宛廷,杨佳丽,马黔红,等(1021)

学术动态

《中华中医药杂志》学术流派栏目征稿通知……………(560)

第六届仁心雕龙学术论坛征文通知……………(封三)

英文目录……………(504)

广告目录

三金牌桂林西瓜霜含片……………(封二)

腰痛宁胶囊……………(封底)

主编 余靖 副主编 闫志安 英文编辑 严志祎,吴佳佳 本期责任编辑 张明敏

中华中医药杂志

ZHONGHUA ZHONGYIYAO ZAZHI

(原中国医药学报)

(月刊)

1986年7月创刊

2020年 第35卷 第2期

ISSN 1673-1727

CN 11-5334/R

2020年2月1日出版

·主管单位·

中国科学技术协会

·主办单位·

中华中医药学会

·协办单位·

天津达仁堂京万红药业有限公司

·出版单位·

《中华中医药杂志》社

·编辑单位·

《中华中医药杂志》社编辑部

北京市和平街北口樱花路甲4号

邮政编码 100029

网址 www.zhzyzz.com

·印刷装订者·

北京富泰印刷有限责任公司

·发行者·

国内 订阅代号 18-90

发行处 保定市邮局

订购处 全国各邮局

国外 订阅代号 C968

中国国际图书贸易集团有限公司

北京市海淀区车公庄西路35号

国内零售每册100.00元

广告发布登记 京朝工商广登字20170159号

本刊现已加入中文核心期刊、中国科技核心期刊、中国科学引文数据库、RCCSE中国核心学术期刊、日本科学技术社数据库、美国《化学文摘》(CA)、波兰《哥白尼索引》(IC)、英国《国际农业与生物科学研究中心》(CABI)、世界卫生组织(WHO)西太平洋地区医学索引(WPRIM)

2020年版权归中华中医药杂志(原中国医药学报)所有

除非特别声明,本刊刊出的所有文章不代表中华中医药学会和本刊编委会的观点

China Journal of Traditional Chinese Medicine and Pharmacy

Vol.35 No.2 February 2020

CONTENTS

Renxin Diaolong

Cultivating function and modern value of Chinese health preserving culture

..... ZHANG Chao-zhong(511)

LI Dao-chun's internal alchemy theory of the alternation of action and actionless action

..... WANG Tong-jiang(515)

Focusing on 'heat' when studying *Shanghan Lun* ZHUANG Chang-xing(522)

Consideration and exploration of total elements construction in classical wards of Chinese medicine based on 'four regression and nine systems'

..... WANG Ting, QIN Yong-ju, WEN Yan, et al(525)

Discussion on 'seize the pivot' DING Si-yuan, WANG Qi-ge, HU Jing-qing, et al(530)

Ideas and methods for construction of diagnosis criteria of kidney yang deficiency syndrome

under mixed-method research mode QIN Yi, ZI Ming-jie, SUN Ming-yue, et al(534)

Chinese Mongolian osteopathy based on original concept, technique exploration and

discovery of unique cognition ZHAO Namula, WANG Mei(538)

Commentary

Diagnosis and treatment of chronic musculoskeletal diseases from perspective of comprehensive health

..... SONG Yong-jia, LI Xiao-feng, BAO Jia-min, et al(543)

Elucidating modern theoretical system of equilibrium-based therapeutics upon

traditional Chinese medicine in prostate cancer

..... YIN Zhen-chao, ZHOU Jian-fu, CHEN Zhi-qiang, et al(546)

Academic School

Inheritance of academic thoughts and prescriptions for treating insomnia of

Shanghai school of TCM DINGs' internal medicine ZHU Si-xing, YAN Shi-yun, CHEN Li-yun(549)

Characteristics of GUANs' special tonifying and sedating needling techniques

..... GUAN Zun-hui, GUAN Ao-ran, GUAN Wei-wei, et al(553)

Brief analysis of the experience in the treatment of vertigo by using tonifying kidney and

softening liver for calming endogenous wind therapy in the school of

internal medicine of Xin'an WANGs' NIE Duo-rui, WANG Jian, HUANG Xue-wu, et al(556)

Treatise

Tentative discussion of 'spirit-yuan theory' WU Yue-feng, LAI Xin-sheng(561)

Strategy of clinical prescription based on the theory of five evolutive phases and

six climatic factors in *Huangdi Neijing* LU Shu, TAO Guo-shui, GU Zhi-shan(565)

Evolution and measurement of disease-Xiang

..... XIONG Li-hui, SONG Dao-qun, GUO Jing-yi, et al(568)

Discussion on ZHANG Zhong-jing's thinking model in application of

digestive system diseases BIAN Li-qun, TANG Xu-dong(571)

Study on the origin and development of 'insomnia' in Chinese traditional literature

..... BING Shou-lan, GAO Chi, DUAN Yi-shan(574)

- Influence of ‘the healers, the yi’ on the theoretical system of Chinese medicine and the formation of clinical thinking** SHI Jian-ping(578)
- Interpretation of *The Guidelines for the Rational Use of Chinese Patent Medicine for Ischemic Stroke in China***GAO Wei, WANG Jian-wei, GUO Rong-juan(581)
- Relationship between autophagy of vascular endothelial cells and cervical spondylosis of vertebral artery type based on the theory of qi deficiency and blood stasis** DONG Ping, SONG Min, DONG Wan-tao, et al(585)
- Discussion on the treatment of diabetic kidney disease based on ‘wind pathogen’**HUANG Wei-jun, ZHAO Jin-xi, WANG Shi-dong, et al(588)
- Study on diseases of the tendon of hand-Shaoyin in *Lingshu · Muscles of Channels***LI Hai-feng(591)
- Visualization analysis of cerebral infarction research in traditional Chinese medicine based on CiteSpace**YU Dan-dan, XIE Yan-ming, LIAO Xing, et al(595)
- Serum metabolomics differences between coronary heart disease angina pectoris patients with syndrome of intermingled phlegm-blood stasis and non-intermingled phlegm-blood stasis**JU Xing, JIA Lian-qun, LYU Mei-jun, et al(599)
- Clinical research on TCM syndrome characteristics of pulmonary hypertension and correlation with prognostic indexes**.....WANG Bei-lei, RUAN Yue-yong, YU Yang, et al(604)
- Analysis of the qualitative and quantitative research methods of liver stagnation syndrome based on grounded theory and content analysis**HAO Wen-zhi, GONG Lian, XUE Fei-fei, et al(607)
- Evaluation on drug-induced deficiency syndrome of mice induced by different doses of dexamethasone** QIAN Hong-liang, PAN Zhi-qiang, WANG Xiao-min, et al(611)
- Pathological changes of lung tissue and the semi-quantitative analysis of alveolar inflammation of rats in the model of acute radiation induced lung injury treated with Shashen Jiegeng Decoction**.....QI Run-zhi, YANG Yu-ying, LIU Jian-gang, et al(616)
- Mechanism research of protective effect of exosomes derived from rat kidney cells on chondrocytes**XIAO Yan-cheng, XING Run-lin, XU Bo, et al(619)
- Effects of Wuzang Wenyang Huayu Decoction on Bcl-2 and Caspase-related protein expression of vascular dementia model rats**WANG Yun-qiao, XIA Meng, CAO Chuan-dong, et al(625)
- Correlation study of the emotional behavior and the inflammation of neuroglial cells in hippocampus in allergic rhinitis rats**..... YANG Sha-sha, ZHANG Qin-xiu, HUANG Yao, et al(628)
- Distribution of TCM syndromes in advanced lung cancer patients with depression** YAN Xiao-ru, CHEN Xun, ZHANG Pei-tong(633)
- Effects of Bushen Yisui Decoction and its modified Decoction on protein expression of NgR and RhoA/ROCKII in astrocyte with glial scar**..... HE Jia-xin, ZHAO Hui, QI Fang, et al(637)
- Effects of electro-acupuncture on the expression of IDE, PPAR γ , β -catenin and A β 42 in hippocampus of insulin resistance rats induced by high-fat diet** WANG Jing-zhi, CHEN Li, XU Fen, et al(642)
- Preliminary mechanism study of Huiyang Shengji Ointment on affecting microvascular neogenesis of yin syndrome wound of diabetes based on PI3K/AKT pathway** JIA Xiang-long, XU Xu-ying(646)
- Study on the mechanism of Wenyang Huayin Decoction on autophagy of asthma cells with cold yin accumulating lung syndrome based on the theory of ‘lung yang deficiency’**CHANG Xing, ZHANG Qing-xiang, LIU Yan, et al(650)
- Aqueous extract of *Taxus Chinensis* var. *mairei* medicated serum enhanced inhibitory effect of gefitinib on proliferation of A549 cells**CHEN Ting, ZHANG Gao-chen-xi, DAI Shu-ying, et al(655)
- Application of the theory of ‘treating middle Jiao as balance’ in gastroesophageal reflux disease**ZHANG Min, WANG Feng-yun, TANG Xu-dong, et al(660)
- Research of utilizing normal form of the doctrine of five evolutive phases and six climatic factors from the *Yixue Gangmu***DING Li-wei(663)
- Preliminary study on the principle of ‘Wuyun Decoction’**CHEN Bing-jun, GU Zhi-shan, TAO Guo-shui, et al(667)

Discussion of insomnia based on the five zang-organs spirit theory of traditional Chinese medicine	BIAN Ying-han, ZHANG Xing-ping, PENG Zhi-peng, et al(670)
Treating coronary heart disease by syndrome differentiation of meridian	LI Ji-quan, JIA Lian-qun, MIN Dong-yu, et al(674)
Neuropsychological connotation of ‘lung storing inferior spirit’ in TCM	LI Zi-yan, CAO Yan, JIA Hong-xiao(677)
Research on ZHANG Zhong-jing’s pulse system	SI Fan, REN Hui-xia, ZHU Ke, et al(681)
Development of vegetarianism in China and suggestions for vegetarian diet	WANG Qing-qing, ZHANG Yu-ping, WANG Xiao, et al(684)
Spiritual cultivation by Yintang issued	HAN Li-sha, LU Hai, HU Jia-hui, et al(687)

Clinical Experience

TCM master DENG Tie-tao’s experience in the treatment of cardiovascular diseases by using external therapy	HE Wei-feng, JIN Zheng, WU Tong, et al(690)
Experience of TCM master ZHANG Xue-wen in the treatment of breast cancer	BAI Hai-xia, YAN Ya-feng, ZHANG Xue-wen(693)
Experience of TCM master BAN Xiu-wen in the treatment of gynecological miscellaneous diseases	PEI Yi-lu, WANG Zhi-wei, DAI Ming, et al(696)
Clinical experience of TCM master ZHANG Zhi-yuan in using Poria	PAN Lin-lin, SUN Jun-yi, WANG Song, et al(699)
Analysis of TCM master LI Shi-mao’s in treating ‘yin fire’ with Buzhong Yiqi Decoction with Liyinjian Decoction	LIU Yu, ZHANG Ming-quan, MA Kai, et al(703)
Analysis on the experience of TCM master MEI Guo-qiang in treating cervical spondylosis	MEI Jie(706)
Brief analysis of the ‘Three kinds of pathogenesis of kidney disease’ method in the treatment of nephrotic syndrome by TCM master ZHENG Xin	LEI Lei, XIONG Wei-jian, YANG Jing, et al(709)
Opinion on the common mistakes in learning traditional Chinese medicine by TCM master XIONG Ji-bo	LIU Yang, HE Qing-hu, JIANG Xue-yu, et al(711)
Analysis and treat late stage diabetic nephropathy by taking heat as the basis and focusing on the outline	GAO Ya-bin, WANG Yao-xian, GUO Jing, et al(714)
Experience of WANG Yan-hui in the treatment of pemphigus	ZHANG Yang-yang, WANG Yu-jie, WANG Yan-hui, et al(717)
YAO Shu-kun’s experience in diagnosis and treatment of chronic liver diseases	DUAN Shao-jie, CHEN Jia-liang, WANG Rong-rui, et al(719)
Tuina clinical application of ZHAN Qiang’s academic thought of ‘pingmi theory’	SHENTU Jia-jun, ZHANG Yuan-yuan, LI Xiao-mei, et al(723)
Syndrome differentiation and treatment of postpartum arthralgia	LI Man-yi, LIU Hong-yan, LOU Yu-qian(726)
Clinical experience in the treatment of recurrent oral ulcer from ‘cold-fluid’	HONG Yan-zhu, XI Sheng-yan, XU Jia-tuo, et al(729)
Experience of MA Yong in the treatment of orthopedics and traumatology from the idea of ‘yin and yang as the class, qi and blood as the fundamental, yang qi as the first’	TU Peng-cheng, GUO Yang, MA Yong, et al(732)
Discussion on LIU Qi-quan’s experience in treating ulcerative colitis from liver and spleen	LI Na, HAO Xu-rui, LI Wei-kang, et al(735)
HU Kai-wen’s experience in the treatment of cancer pain	YANG Li-hui, WANG Man, ZHOU Tian, et al(738)
Experience of BA Yuan-ming using self-made Shenxiao Decoction in treating diabetic nephropathy	HU Jin-qing, BA Yuan-ming, ZHOU Yu, et al(742)
ZHANG Li-shan’s treatment of interstitial lung disease with Bupiwei Xieyinhuo Shengyang Decoction	CHENG Liu-yang, ZHANG Li-shan, GONG Xue-feng, et al(746)

- Analysis of ZHAO Qing-shu's academic thought**.....HAO Hai-xia, SHI Jian-ping, SHI Sheng-hua(748)
- Discussion on syndrome differentiation of channel theory in aphthous diseases**
.....ZHANG Shu-qi, ZHANG Xiao-qin, LIU Xiao-wei, et al(751)
- Analysis on 'compatibility of five channels' methods in treating headache caused by internal damage**.....DU Hong-meng, ZHANG Wei(754)
- Application of diaphoresis, emesis and purgative method in pediatrics**
.....LI Meng, XIONG Lei, MING Xi, et al(757)
- Discussion on TCM syndrome differentiation and treatment for cerebral edema**
.....ZHOU Zi-yi, WANG Li-xin(760)
- Discussion on the same treatment for different diseases of Shenqi Pills**
.....GUO Shi-yue, SONG Dan, GAO Wen-feng, et al(764)
- Analysis on ZENG Qian's new interpretation of the three methods of dispersing, promoting and tonifying in the treatment of infertility**.....LIU Chang, ZHOU Hang, LI Wan-jing, et al(768)
- Treating yin deficiency and damp-heat acne based on the application of Sanjing Pills**.....LYU Wan-chun, DING Hui(771)
- Discussion on the differentiation and treatment of peritoneal dialysis-related peritonitis based on the theory of 'wei-qi-ying-blood'**.....LIN Jie, SHI Wei-rong, ZHU Shu-yu, et al(773)
- HUANG Shi-pei's application experience of classical prescriptions containing plaster**
.....WU Cui-ping(777)

Thought and Method

- Discussion on extraction and research of sensitive areas of infrared thermography of TCM constitutions**.....CUI Dian-kun, WANG Qi, BAI Tong-tong, et al(780)
- Discussion on mechanism of syndrome differentiation and treatment of lung cancer from phlegm and stasis**.....LIU Dian-long, HOU Wei(783)
- Analysis on the relation between 'heart and fire' in terms of image thinking**
.....ZHAO Zheng-tai, MA Yue-xiang(786)
- Construction method and judgment basis of rat model of intensive care unit acquired weakness with spleen deficiency type of traditional Chinese medicine**
.....ZHANG Gui-rong, LUO Yue-hua, CHEN Kai-li, et al(789)

Standards and Criteria

- Clinical practice guideline of TCM for common digestive system diseases: Acute and chronic cholecystitis, cholelithiasis (Edition for primary physician)**
.....Spleen and Stomach Diseases Branch, China Association of Chinese Medicine(793)

Review

- Value of microscopic parameters in assessment of TCM health status in lung cancer**
.....CHEN Jin-tuan, LUO Yun-feng, ZHU Long, et al(801)
- Research progress of traditional Chinese medicine on postpartum depression**
.....XU Meng-bai, LIU Yan-feng, CHEN Jia-xu(805)
- Research progress on treating immunological recurrent spontaneous abortion with traditional Chinese medicine**.....SUN Zi-xue, LI Peng-chao(809)
- Research progress on the relationship between 'lingering toxins' and diabetic non-healing ulcers**
.....LI Da-yong, LIU Yan-ling(812)
- Research progress on myocardial ischemia-reperfusion injury based on oxidative stress**
.....LYU Yi, CHEN Rong, ZHENG Wen-jing, et al(815)
- Correlation research between intestinal flora and estrogen-mediated bone immune imbalance in postmenopausal osteoporosis**.....RUAN Lu-wei, ZHANG Peng-heng, HU Liu, et al(820)
- Research progress of acupuncture mechanism in treating ischemic stroke**
.....ZHONG Jun-qing, WANG Lian-cheng(823)

Research Paper

Discussion on the basic pathogenesis and syndrome type of chronic heart failure of coronary heart disease-stagnant blockade of heart blood

..... ZHAO Xi-xi, YANG Jie-hong, CAO Xue-bin, et al(827)

Exploration of FU Qing-zhu's experience in diagnosing and treating infertility with the

spleen-stomach theory WANG Yue-jiao, XU Lian-wei(830)

Analysis on the experience of Xin'an doctor WU Chu in applying Ginseng

..... WANG Rui, WANG Jian(833)

Theoretical exploration of modified Huopo Xialing Decoction in treating diabetes mellitus

..... SHI Li-wei, NI Qing, FENG Ling(835)

Analysis of dynamic concept of pathogenesis in *Shanghan Lun*

..... LIU Yu-liang, SUN Li-hua, ZHU Ai-song(839)

Discussion on theory of spleen having non-dominant season in *Huangdi Neijing*

..... SHI Jia-qi, WANG Xiao-ping(842)

Preliminary study on the method of the contralateral acupuncture in *Huangdi Neijing*

..... JIANG Chang-ming, ZHANG Shu-ling, ZHANG Wei(845)

Discussion on the differentiation treatment of *Tripterygium wilfordii* Hook. f. from the etiology and

pathogenesis of connective tissue-associated interstitial lung disease WANG Guo-yu, JIA Xin-hua(848)

Screening items of gastrointestinal heat retention syndrome evaluation scale for

children based on Delphi method MA Xue-yan, YU He, WU Li-qun, et al(851)

Effects of acupuncture with assisted reproductive technology on clinical outcome in polycystic

ovary syndrome patients: A Meta-analysis and GRADE classification

..... YIN Ping, LI Li, LU Lu, et al(854)

Analysis of TCM constitution and facial features of 104 cases of wasting children

..... LIU Na-na, SUN Yuan, CHEN Jia, et al(859)

Effects of Feixian Formula on epithelial-mesenchymal transition in bleomycin-induced

pulmonary interstitial fibrosis in rats DONG Huan, ZHANG Xiao-mei, MENG Li-hong, et al(862)

Effects of the effective components in milkvetch root and leeches on κ B, NF- κ B,

PDGF-BB expression of rats' glomerular mesangial cells

..... GU Ye-yun, HU Ying-jie, XU Lei, et al(866)

Intervention effect of Compound Qingshan Jianxin Tablets on cholinergic nerve density in

left atrium of rats with paroxysmal atrial fibrillation

..... JIAO Hua-chen, LIU Dong-hai, SUN Ting-ting, et al(869)

Clinical retrospective review of syndrome, formula and Chinese medicine laws of

systemic lupus erythematosus HE Mei-ying, CHEN Xin-lin, LI Xian-tao(873)

Clinical characteristics analysis of Chinese and western medicine in 45 cases with

Sjögren's syndrome secondary to interstitial lung disease

..... JIAO Yi-qing, WANG Yu-guang, GUO Li-ya, et al(876)

Investigation of molecular docking on Mongolian medicine compound prescription Sendeng-4

..... LI Bin-xin, ZHU Xiao-ling, SUN Guo-yuan, et al(880)

Analysis of the part of Radix Astragali by membrane separation for treatment of

myocarditis based on network pharmacology GUO Ya-fei, LUO Hong, WANG Jia-min, et al(884)

Study on the correlation between constitution types, face and tongue features of 102 cases of

overweight children HUANG Mian, ZHANG Meng-yuan, CHEN Jia, et al(888)

Optimization of extraction technology and content of polysaccharides from

Tibetan medicine *Dracocephalum tanguticum* Maxim.

..... GAO Sheng-ying, YE Ju, CAI Rang-nan-jia, et al(892)

Molecular identification of *Pulsatilla chinensis* (Bunge) Regel and adulterants using

different DNA barcodes ZHANG Dan-chun, GONG Lu, HUANG Zhi-hai(896)

Intervention of three monomer components of *Polygonum cuspidatum* on

TGF- β 1-induced phenotypic transformation of A549 cells

..... XIA Yong-liang, LEI Qi-fen, ZHANG Xun, et al(900)

- Relevance between the damp syndrome and fat deposit degrees of nonalcoholic fatty liver in Hainan province**CHENG Ya-wei, DING Yi, CAI Yuan-yuan, et al(904)
- Effects of Wuzhuyu Decoction on visceral pain in mice through thermosensory channels TRPA1 and TRPV1**LIU Zhen-hong, GUO Rong, GAO Wei, et al(908)
- Analysis of the syndromes and syndrome elements of 642 cases of insomnia combined with depression and interpret the pathogenesis**LI Nan, YU Cheng, SHAO Lin-lin, et al(913)
- Effects of acupotomy therapy on PI3K/Akt signaling pathway of posterior cervical extensor muscles cells in cervical spondylosis rabbits**LIU Fu-shui, FANG Ting, HONG Tao, et al(918)
- Effects of Qingnao Yiyuan Decoction on NSCs proliferation and differentiation of fetal rat NSCs and the expression of its related factors**ZHU Mei-zhen, PENG Jun-liang, ZENG Xian-jing, et al(922)
- Effects of kneading manipulation method of massage on gait and gastrocnemius of rats with chronic constriction injury of the sciatic nerve**LIN Zhi-gang, WANG Jian-zhu, ZHAO Di, et al(927)
- Effects of Mongolian medicine Zhonglun'a Decoction on apoptosis-related factors of synovial cells in rats with collagen induced arthritis**YANG Yong-sheng, DONG Qiu-mei, DING Chao-hua, et al(932)
- Correlation between TCM syndrome differentiation and TCF7L2 gene polymorphism in newly diagnosed type 2 diabetic patients**WU Tian-min, CHEN Jin-shui, YAN Sun-jie, et al(937)
- Effects of Huayu Tongyang Formula on intestinal flora in rats with ulcerative colitis based on 16S rDNA sequencing**CHEN Yang, SHI Li-jie, LIU Lei-lei, et al(941)
- Effects of Xingnao Jiayu Capsules on PSD model rats of peripheral blood T lymphocyte subsets**SU Wen, WANG Dou, LI Tao, et al(947)
- Effects of brucine on colon cancer cell HT-29 in mitochondrial membrane potential and apoptosis**YANG Zhen, FENG Zhen-yu, MENG Shuang, et al(950)
- Research trend and application of data mining in the field of traditional Chinese medicine**LIU Jia-hui, HUANG Ying-juan, LYU Dong-yong, et al(953)
- Exploration on the distribution of phlegm-dampness constitution of nonalcoholic fatty liver disease based on 'soil obstructed and wood obstructed'**SUN Jing-wen, SUN Ming-liang, YUAN Jing-yun, et al(956)
- Analysis of Guizhi Qu Shaoyao Jia Shuqi Muli Longgu Jiuni Decoction**YIN Qian-ya, YANG Xin-jie, DOU Zhi-fang, et al(959)
- Discussion on spleen and Sjögren's syndrome**MENG Fan-yan, ZHANG Jie(961)
- Development and practical features of Taoist external-use cinnabar culture from the Han dynasty to the Sui and Tang dynasties**LU Yi-dong, TAN Chun-yu(964)
- Analysis on the treatment of emotional disease from heart and kidney by ZHANG Jian-zhai**ZHOU Li-ping, ZHANG Chen-yi-yu, DAI Li-ying, et al(967)
- Appreciation on the famous doctor in Qing dynasty HE Shu-tian's five medical cases**LI Shun-da, HE Xin-hui(970)
- Analysis of etiology and pathogenesis of 'shanghuo' from the perspective of sanjiao qi transformation disorder**SUN Qi-ce, DU Yu, XIE Guan-qun(972)
- Analysis on the difference of syndrome pathogenesis of Yangyin Qingfei Decoction in Xin'an 'Xiyuan laryngology' and 'Nanyuan laryngology'**ZHANG Jia-jia, WANG Jian, ZHENG Duo, et al(975)
- Application of acupuncture quantitative study in the treatment of post-stroke depression**GAN Yuan-yuan, LU Hai, GAO Xiao-ying, et al(978)
- Explanation of restriction and love of five zang-organs attached to 'My-love Decoction-pill'**XIONG Ye(981)

Clinical Report

- Location characteristics of stable COPD patients with/without complications and their correlation with pulmonary function**WU Jian-jun, ZHANG Ying-xue, ZHAO Yan, et al(984)
- Clinical observation on visual display terminal syndrome with syndrome differentiated treatment of auricular point pressing vaccaria combined with massage**ZHAO Jing-ru, XU Jia-jun, CAO Xu, et al(988)

Clinical observation on the methods of benefiting lung, promoting blood circulation, eliminating phlegm and dispersing stagnation in treating 187 cases of pulmonary nodules LIU Yu-shan, ZHANG Xiao-mei, JIANG Liang-duo, et al(992)

Changes and correlation analysis of oxidative stress in ankylosing spondylitis patients with damp-heat syndrome HUANG Dan, LIU Jian, ZONG Rui-kai, et al(995)

Clinical observation on lumbar disc herniation treated by spinal fine adjustment combined with daoyin therapy LI Jian-hua, ZHU Qing-guang, FANG Min, et al(999)

Exploration on the effects of acupuncture on the precuneus functional connectivity of menstrual migraine patients by fMRI ZHANG Yu-tong, XU Tao, WANG Xing, et al(1002)

Clinical observation of Chinese materia medica combined with acupuncture, massage and vocal training in the treatment of functional vocal fatigue LI Hua, TAN Meng-jia, LI Yun-ying(1007)

Clinical study on the effects of electro-acupuncture in postoperative rehabilitation of motor function of rotator cuff repair GUO Rui, DONG Yun, YANG Yong, et al(1010)

Clinical study of Biqi Capsule on the treatment of mild-to-moderate knee osteoarthritis BAI Wei-fei, CHAI Hong-wei, YU Xiang-qian, et al(1015)

Clinical observation on phase III and IV diabetic nephropathy treated with Yiqi Yangyin Xiaozheng Tongluo Formula CHEN Zhi-qiang, WANG Chun-ning, WANG Yue-hua, et al(1018)

Effects of multi-channel interventional therapy of traditional Chinese medicine on ova and embryo quality in kidney deficiency, liver depression and blood stasis syndrome patients with IVF-ET XIA Wan-ting, YANG Jia-li, MA Qian-hong, et al(1021)

Academic Development(560, 封三)

English Contents(504)

Editor in Chief: SHE Jing Deputy Editor in Chief: YAN Zhi-an English Editor: YAN Zhi-yi, WU Jia-jia Editor: ZHANG Ming-min

China Journal of Traditional Chinese Medicine and Pharmacy	· Sponsor ·	· Printer ·
ZHONGHUA ZHONGYIYAO ZAZHI	China Association of Chinese Medicine	Beijing Futai Printing Limited Co.
(Monthly, Started in 1986)	· Editor and Publisher ·	· Overseas Distributor ·
Vol.35 No.2 February 2020	Editorial Dept. of China Journal of Traditional Chinese Medicine and Pharmacy	China International Book Trading Corporation
Published on February 1st 2020	Add: A. 4, Yinghua Road Heping Av., Beijing, China	(No.35, Chegongzhuang West Road, Beijing, China)
ISSN 1673-1727	Post Code: 100029	Tel: 86-10-64216650
CN 11-5334/R	http://www.zhzyzz.com	FAX: 86-10-64216650
·Responsible·		E-mail: 64216650@vip.163.com
China Association for Science and Technology		

At present, the journal enters into the Chinese core periodical, the China Science and Technology core periodical, China Science and Technology core periodicals database, RCCSE of the Chinese core academic periodical, and database of Japan Science & Technology Agency, American Chemical Abstracts (CA), Index Copernicus (IC) in Poland, and Centre for Agriculture and Bioscience International (CABI), Western Pacific Region Index Medicus (WPRIM).

The copyright in 2020 belongs to China Journal of Traditional Chinese Medicine and Pharmacy.

Unless special statement, all the articles in our publication do not represent the views of China Association of Chinese Medicine and the editorial board.

禁忌：(1) 孕妇及儿童禁用 (2) 风湿热体温37.5°C以上应慎服或采用其它抗风湿治疗，合并高血压23/13Kpa(170/100mmHg)不宜应用。
(3) 脑溢血后遗症及脑血栓形成的后遗症偏瘫患者试服时遵医嘱。(4) 注意癫痫患者忌服。 不良反应：尚不明确。

国药准字Z13020898 冀药广审(文)第2019030065号 北京市药监局2019年4月准予备案

本广告仅供医学药学专业人士阅读



腰痛宁胶囊

功能主治：消肿止痛，疏散寒邪，温经通络。

用于寒湿瘀阻经络所致的腰椎间盘突出症、坐骨神经痛、

腰肌劳损、腰肌纤维炎、风湿性关节炎，症见腰腿痛、关节痛及肢体活动受限者。

腰腿无痛一身轻松



颈复康药业是一家工商结合，以研究、开发、生产和销售中成药、中药提取物、中药原料药、保健食品为主的现代化药业集团，国家火炬计划重点高新技术企业。以开发“特色中药、绿色中药、文化中药”为目标和特色，力争将企业打造成风湿骨伤用药的领军企业。



颈复康药业
JFKPG

腰痛宁健康咨询热线：400 616 4488 800 803 4234

地址：承德市高新技术产业开发区 | 邮编：067000

广告