

主管 中国科学技术协会  
主办 中国针灸学会  
(100700 北京东直门内南小街16号)  
中国中医科学院针灸研究所  
(100700 北京东直门内南小街16号)  
编辑出版者 《中国针灸》编辑部  
(100700 北京东直门内南小街16号)  
编辑部电话: 010-84014607  
010-64089332  
电子信箱: zhenjiubj@vip.sina.com  
网上投稿: www.cjacupuncture.com  
主编 刘保延  
执行主编 齐淑兰  
副主编 喻晓春 景向红  
编辑部主任 齐淑兰  
本期责任编辑 杨立丽

广告经营许可证 京东工商广字0030号  
广告发行部电话: 010-84046331  
010-64089349  
电子信箱: zhenjiuguangfa@aliyun.com  
订阅/邮购电话: 010-84046331  
印刷装订 北京科信印刷有限公司  
(102208 北京市昌平区七北路马连店甲6号)  
如有印刷装订错误, 印刷厂负责调换  
联系电话: 13366126711

国内发行 中国邮政集团公司北京市报刊  
发行局  
全国各地邮局订阅 订阅代号: 2-53  
定价: 25.00元 (RMB)  
台港澳地区: 50.00元 (RMB)  
国外发行 中国国际图书贸易总公司  
(100044 北京399信箱)  
订阅代号: M 497

© 2018 年版权归《中国针灸》杂志社所有  
本刊新浪微博: 中国针灸杂志  
本刊微信公众号: 中国针灸杂志

除非特别声明, 本刊刊出的  
所有文章不代表本刊编委会观点  
\*\*\*\*\*  
未经许可, 本刊所载文章,  
不得翻译、转载

## 目 次

### 卷首语 Foreword

- 1 坚守民族自信, 担当历史使命, 勇攀医学高峰, 开创针灸发展的新局面  
刘保延  
Initiating new prospects for acupuncture-moxibustion development with national self-consciousness and historical mission  
*LIU Baoyan*

### 临床研究 Clinical Research

- 3 艾灸联合高效抗反转录病毒疗法对HIV感染者CD<sub>4</sub><sup>+</sup>及γ链细胞因子的干预研究  
刘振威, 邓鑫, 莫金花, 姜枫, 文彬, 张亚萍, 庞军  
Moxibustion combined with highly active antiretroviral therapy for CD<sub>4</sub><sup>+</sup> and γ chain cytokines of HIV infected patients  
*LIU Zhenwei, DENG Xin, MO Jinhua, QIANG Feng, WEN Bin, ZHANG Yaping, PANG Jun*
- 7 “五针法”与常规针刺对寒饮伏肺型哮病单项症状体征改善的对比研究  
张君, 邵素菊, 任重, 王培育, 华金双, 秦小永, 王庆波, 邵素霞  
Comparison between “five needles therapy” and conventional acupuncture for individual symptoms and signs of asthma of latent cold phlegm-fluid in the lung  
*ZHANG Jun, SHAO Suju, REN Zhong, WANG Peiyu, HUA Jinshuang, QIN Xiaoyong, WANG Qingbo, SHAO Suxia*
- 12 皮部埋针治疗肥胖型糖耐量低减的临床观察  
梁静华, 冯臻蹄, 冯胜奎, 鲍树德, 王可佳  
Skin needle embedding for obese impaired glucose tolerance  
*LIANG Jinghua, FENG Zhenzi, FENG Shengkui, BAO Shude, WANG Kejia*
- 17 电针配合Mulligan动态关节松动术治疗肩袖损伤后肩关节疼痛: 随机对照研究  
王延武, 王翀敏, 陈华德, 叶新苗  
Shoulder joint pain of rotator cuff injury treated with electroacupuncture and Mulligan's mobilization: a randomized controlled trial  
*WANG Yanwu, WANG Chongmin, CHEN Huade, YE Xinmiao*
- 22 热敏灸联合穴位注射对输卵管积水性不孕症宫腹腔镜术后患者子宫内膜容受性的影响  
刘艳玲, 潘丽贞, 王英  
Effects of the combined therapy of heat sensitive moxibustion and acupoint injection on endometrial receptivity of hydrosalpinx infertility in the patients after hysteroscopy and laparoscopy  
*LIU Yanling, PAN Lizhen, WANG Ying*
- 27 针药联合治疗来曲唑诱导排卵的多囊卵巢综合征不孕患者临床疗效观察  
尹燕, 张迎春, 张花, 姜朵生, 郭桂荣  
Clinical therapeutic effects of acupuncture combined with Chinese herbal medicine on infertility of polycystic ovary syndrome in the patients with ovulation induction with letrozole  
*YIN Yan, ZHANG Yingchun, ZHANG Hua, JIANG Duosheng, GUO Guirong*
- 33 穴位按摩在产后缺乳产妇中的应用研究  
朱云飞, 刘玉玲, 全小明  
Application of acupoint massage in postpartum hypogalactia in puerpera  
*ZHU Yunfei, LIU Yuling, QUAN Xiaoming*

- 39 耳穴贴压对儿童异常瞬目的疗效及对泪膜破裂时间的影响  
冯彩霞, 张静慧, 卢丙辰  
Efficacy of auricular point sticking therapy for abnormal blink in children and impact on the breakup time of tear film  
*FENG Caixia, ZHANG Jinghui, LU Bingchen*

## 临床经验 Clinical Experience

- 43 “一式三法”治疗儿童功能性便秘 53 例  
王光安, 王飞峰  
Massage combined with acupoint application for 53 cases of functional constipation in children  
*WANG Guang-an, WANG Feifeng*
- 55 针刺治疗围绝经期综合征 30 例  
张豪斌, 景向红, 王莹莹, 郭浪涛, 李玲, 杨金生  
Acupuncture for 30 cases of perimenopausal syndrome  
*ZHANG Haobin, JING Xianghong, WANG Yingying, GUO Langtao, LI Ling, YANG Jinsheng*
- 75 蠕沟穴循经刺法为主治疗湿热下注型霉菌性阴道炎 30 例  
段浩然, 曹煜, 李凌香, 周一凡, 薛莉  
Acupuncture at Ligou (LR 5) mainly for 30 cases of mycotic vaginitis with damp invasion of lower energizer  
*DUAN Haoran, CAO Yu, LI Lingxiang, ZHOU Yifan, XUE Li*
- 91 “腿脚有疾风府寻”理论浅析及临床应用举隅  
李宝, 张立志, 樊莉, 许能贵  
Discussion the theory of “Fengfu acupoint for lower limb disease” and clinical application  
*LI Bao, ZHANG Lizhi, FAN Li, XU Nenggui*

## 刺法与灸法 Manipulation

- 45 隔附子饼灸治疗肾虚髓亏型膝关节骨性关节炎疗效观察  
陈美仁, 胡蓉, 林健, 黄宇辉, 毛婉萍, 文媛英, 戴高乐  
Aconite cake-separated moxibustion for knee osteoarthritis with kidney-marrow deficiency  
*CHEN Meiren, HU Rong, LIN Jian, HUANG Yuhui, MAO Wanping, WEN Yuanying, DAI Gaole*
- 51 通督醒神针刺法治疗早产儿脑白质损伤疗效观察  
蔡淑英, 刘振寰, 彭桂兰, 黄新发, 李银兰, 胡恕香  
Therapeutic effects on cerebral white matter injury of premature infants treated with acupuncture for promoting the governor vessel and tranquilizing the mind  
*CAI Shuying, LIU Zhenhuan, PENG Guilan, HUANG Xinfa, LI Yinlan, HU Shuxiang*

## 机制探讨 Study on Mechanism

- 59 巨刺干预对骨骼肌钝挫伤大鼠肝细胞生长因子表达的影响  
张安宁, 黄思琴, 唐成林, 罗翱, 赵丹丹, 高睿琦, 谭程方, 安荟羽, 吴梦佳, 于芒  
Effects of acupuncture at opposite acupoints on expression of hepatocyte growth factor in rats with skeletal muscle contusion  
*ZHANG Anning, HUANG Siqin, TANG Chenglin, LUO Ao, ZHAO Dandan, GAO Ruiqi, TAN Chengfang, AN Huiyu, WU Mengjia, YU Mang*

# Chinese Acupuncture & Moxibustion

ISSN 0255-2930 CN 11-2024/R

( Monthly, first year 1981 )

Vo1. 38, No. 1

Published on January 12, 2018

Total 352 issues

### Responsible Institution

China Association for Science and Technology

### Sponsors

China Association of Acup-Mox; Institute of Acup-Mox, China Academy of Chinese Medical Sciences

### Editor and Publisher

Editorial Office of *Chinese Acupuncture & Moxibustion*

16 Nanxiaojie, Dongzhimen Nei, Beijing 100700, China

Tel: 0086-10-84014607  
0086-10-64089332

E-mail: zhenjiubj@vip.sina.com

Contribute online: [www.cjacupuncture.com](http://www.cjacupuncture.com)

### Editor-in-Chief

LIU Baoyan ( 刘保延 )

### Executive Editor-in-Chief

QI Shulan ( 齐淑兰 )

### Vice Editor-in-Chief

YU Xiaochun ( 喻晓春 )

JING Xianghong ( 景向红 )

### Director of Editorial Office

QI Shulan ( 齐淑兰 )

### Duty Editor

YANG Lili ( 杨立丽 )

### Department of Advertisement and Issue

Tel: 0086-10-84046331

0086-10-64089349

E-mail: zhenjiuguangfa@aliyun.com

### Printing

Beijing Kexin Printing Co., Ltd.

A6 Qibeilu Maliandian, Changping District, Beijing 102208, China

### Overseas Distributor

China International Book Trading Corporation

Distribution Code: No. M497 Price: 25.00 USD

### Available online at

[www.chinajournal.net.cn](http://www.chinajournal.net.cn)

### Web site

[www.cjacupuncture.com](http://www.cjacupuncture.com)

Copyright@2018 by Editorial Office of

*Chinese Acupuncture & Moxibustion*

All articles published represent the opinions of the authors, do not reflect the official policy of the editorial board, unless this is clearly specified.

- 65 电针肋间神经干预大鼠乳腺增生病的实验研究  
郭新荣, 张晶晶, 马晓军, 马小卫  
Electroacupuncture at intercostal nerve for mammary gland hyperplasia in rats  
*GUO Xinrong, ZHANG Jingjing, MA Xiaojun, MA Xiaowei*

### 针家精要 Doctor's Academy Thought

- 71 冀来喜针灸优势技术组合治疗膝痹经验举隅  
李上庆, 董爱爱, 胡芷君, 朱新枝  
*JI Laixi's experience of acupuncture and moxibustion for knee osteoarthritis*  
*LI Shangqing, DONG Aiai, HU Zhijun, ZHU Xinzhi*

### 思路与方法 Thought and Method

- 77 从κ-阿片受体信号转导系统探讨针刺改善心肌顿抑机制研究的新思路  
王圆圆, 刘群, 陆凤燕, 辛娟娟, 戴求福, 伍舒扬, 赵玉雪, 高俊虹, 喻晓春  
New thoughts in mechanism research of acupuncture for myocardial stunning from κ-opioid receptor signaling pathway  
*WANG Yuanyuan, LIU Qun, LU Fengyan, XIN Juanjuan, DAI Qiufu, WU Shuyang, ZHAO Yuxue, GAO Junhong, YU Xiaochun*
- 83 经穴电阻抗特性研究中相关干扰因素分析探讨  
罗廖君, 周玉梅, 杨明晓, 郑晖, 梁繁荣  
Confounding factors in research for characteristics of acupoint electrical impedance  
*LUO Laijun, ZHOU Yumei, YANG Mingxiao, ZHENG Hui, LIANG Fanrong*

### 论坛 Forum

- 87 针刺不良事件与针刺不良反应探析  
王钏, 刘保延, 刘岩, 何丽云, 李洪皎, 刘佳  
Analysis on the concepts related to adverse events and adverse reactions of acupuncture  
*WANG Chuan, LIU Baoyan, LIU Yan, HE Liyun, LI Hongjiao, LIU Jia*

### 教学园地 Teaching Field

- 93 中医经典理论在针灸病案教学查房中的应用  
韩德雄, 陈晓军, 马睿杰, 林咸明  
Application of classic Chinese medicine theory in acupuncture CBL teaching rounds  
*HAN Dexiong, CHEN Xiaojun, MA Ruijie, LIN Xianming*

### 文献研究 Literature Research

- 97 老官山出土汉简脉书简解读  
黄龙祥  
Study on the bamboo slips of *Maishu* in the Han Dynasty excavated in Laoguanshan  
*HUANG Longxiang*

### 医案选辑 Case Report

- 38 股蚀案  
华萍, 何润东, 杜宇征  
Case of caput femoris necrosis  
*HUA Ping, HE Rundong, DU Yuzheng*
- 50 双相抑郁症案  
陈源瑜, 姜东耀, 东红升, 东贵荣  
Case of bipolar affective disorder  
*CHEN Yuanyu, JIANG Dongyao, DONG Hongsheng, DONG Guirong*
- 70 甲状腺瘤术后声音嘶哑案  
陈丽, 邹伟  
Case of voice hoarse after thyroid tumor surgery  
*Chen Li, Zou Wei*
- 82 神经棘红细胞增多症案  
刘真, 王萌萌, 李镜, 肖丽婷, 杨佃会  
Case of neuroacanthocytosis  
*LIU Zhen, WANG Mengmeng, LI Jing, XIAO Liting, YANG Dianhui*
- 96 硬皮病案  
郭春艳, 王祖红, 李绍荣, 段晓荣, 李丽  
Case of scleroderma  
*GUO Chunyan, WANG Zuhong, LI Shaorong, DUAN Xiaorong, LI Li*
- 114 腹泻伴腹痛引腰脊及睾丸痛案  
孙彦奇, 徐可民, 孙晓昀  
Case of diarrhea combined with abdominal pain-caused lumbar spinal and didymalgia  
*SUN Yanqi, XU Kemin, SUN Xiaojun*

### 述评 Review

- 109 针刺治疗非酒精性脂肪肝机制的研究进展与展望  
高炎, 陈瑞, 梁凤霞  
Mechanisms of acupuncture for non-alcoholic fatty liver disease: researches progress and prospects  
*GAO Yan, CHEN Rui, LIANG Fengxia*

### 继续教育园地 Continuing Education

- 对1 《中国针灸》杂志2018年第1期继续教育试题

### 消息 News

- 81 首届世界中医针灸论坛暨传统医药产业交流会会议通知  
81 联合国教科文组织非物质文化遗产系列活动“世界针灸日”暨世界针联2018法国国际针灸学术研讨会  
95 《中国针灸》第四届编委会第二次会议暨全国针灸临床研究方法学研讨会通知  
32 广告目次  
32 读者·作者·编者  
32 征订·书讯