



中文核心期刊  
 中国科技核心期刊  
 中国科学引文数据库核心期刊  
 美国《医学索引》(IM/Medline) 收录期刊

中国精品科技期刊  
 百种中国杰出学术期刊  
 中国国际影响力优秀学术期刊  
 RCCSE 中国权威学术期刊



QK1953460

# 中国针灸®

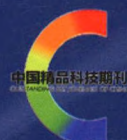
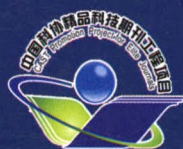
Zhongguo Zhenjiu

CHINESE ACUPUNCTURE & MOXIBUSTION



2019.12 (卷终)

2019年12月 第39卷 第12期  
 Dec. 2019 Vol. 39, No. 12



F5000  
 领跑者 5000

ISSN 0255-2930



9 770255 293199

中国针灸学会 中国中医科学院针灸研究所 主办  
 SPONSORS: China Association of Acupuncture and Moxibustion  
 Institute of Acupuncture and Moxibustion,  
 China Academy of Chinese Medical Sciences

# 中国针灸

ZHONGGUO ZHENJIU

ISSN 0255-2930 CN 11-2024/R

第 39 卷第 12 期 总第 375 期

2019 年 12 月 12 日出版

(月刊, 1981 年 8 月创刊)

主管 中国科学技术协会

主办 中国针灸学会

(100700 北京东直门内南小街 16 号)

中国中医科学院针灸研究所

(100700 北京东直门内南小街 16 号)

编辑出版者 《中国针灸》编辑部

(100700 北京东直门内南小街 16 号)

编辑部电话: 010-84014607

010-64089332

电子信箱: zhenjiubj@vip.sina.com

网上投稿: www.zgze.cbpt.cnki.net

主 编 刘保延

副主编 喻晓春 景向红

本期责任编辑 李婧婷

广告经营许可证 京东工商广登字 20170031 号

广告发行部电话: 010-84046331

010-64089349

电子信箱: zhenjiuguangfa@aliyun.com

订阅/邮购电话: 010-84046331

印刷装订 北京科信印刷有限公司

(102208 北京市昌平区七北路马连店甲 6 号)

如有印刷装订错误, 印刷厂负责调换

联系电话: 13691514528

国内发行 中国邮政集团公司北京市报刊

发行局

全国各地邮局订阅 订阅代号: 2-53

定价: 30.00 元 (RMB)

台港澳地区: 60.00 元 (RMB)

国外发行 中国国际图书贸易集团有限公司

(100048 北京 399 信箱)

订阅代号: M 497

© 2019 年版权归《中国针灸》杂志社所有

本刊新浪微博: 中国针灸杂志

本刊微信公众号: 中国针灸杂志

本刊投稿指南见本卷第 1 期第 2 页

本刊编委会名单见本卷第 1 期第 32 页

除非特别声明, 本刊刊出的  
所有文章不代表本刊编委会观点

\*\*\*\*\*

未经许可, 本刊所载文章,  
不得翻译、转载

## 目 次

(卷终, 本期附有总目次)

### 临床研究 Clinical Research

- 1255 不同针灸戒烟方案戒断效果及疗效影响因素: 多中心随机对照研究  
柴欣, 杨金生, 刘朝, 陈枫, 袁桂洪, 吴远, 张璐, 王莹莹  
Effect of the different smoking cessation regimens with acupuncture on smoking withdrawal and their influence factors: a multi-center randomized controlled trial  
CHAI Xin, YANG Jin-sheng, LIU Zhao, CHEN Feng, YUAN Gui-hong, WU Yuan, ZHANG Lu, WANG Ying-ying
- 1262 “筋骨三针疗法”结合醒脑开窍针刺法治疗脑卒中后复杂区域疼痛综合征临床观察  
王文熠, 万福铭, 丁淑强  
Clinical observation of *Jinggu* three-needle therapy combined with *Xingnao Kaiqiao* acupuncture on complex regional pain syndrome after stroke  
WANG Wen-yi, WAN Fu-ming, DING Shu-qiang
- 1269 不同时间针刺干预对肺癌化疗所致恶心呕吐的影响  
王娅玲, 李金霞, 郭小青, 傅瑞阳, 关新军  
Effect of acupuncture in different time on nausea and vomiting induced by chemotherapy of lung cancer  
WANG Ya-ling, LI Jin-xia, GUO Xiao-qing, FU Rui-yang, GUAN Xin-jun
- 1274 针灸联合颈痛颗粒治疗神经根型颈椎病及对患者 IL-6、TNF- $\alpha$ 、IL-1 $\beta$  和血液流变学指标的影响  
潘胜莲, 郑士立, 周夏慧, 王庆来  
Acupuncture combined with *Jingtong* granule for nerve-root type cervical spondylosis and its effects on IL-6、TNF- $\alpha$ 、IL-1 $\beta$  and hemorheological indexes  
PAN Sheng-lian, ZHENG Shi-li, ZHOU Xia-hui, WANG Qing-lai
- 1279 针刺“髂腰三穴”对髂腰肌劳损患者腰椎功能及疼痛的影响  
李言杰, 庄卫生, 蔡西国, 杨阳, 韩铭明, 张德闻  
Effect of acupuncture at “three points of ilioumar” on lumbar function and pain in patients with iliopsoas muscle strain  
LI Yan-jie, ZHUANG Wei-sheng, CAI Xi-guo, YANG Yang, HAN Ming-ming, ZHANG De-wen
- 1285 针刺前廉泉穴联合八脉交会穴治疗慢性咽炎临床观察  
田忠惠, 张杉杉, 揭子慧  
Clinical observation of acupuncture at Qianlianquan (Extra) and eight confluent points on chronic pharyngitis  
TIAN Zhong-hui, ZHANG Shan-shan, JIE Zi-hui
- 1289 加速康复外科理念下穴位刺激对甲状腺癌根治术患者恢复质量的影响: 随机对照研究  
江群, 莫云长, 金丹, 金文君, 潘媛媛, 王瑜斐, 杜文文, 王均炉  
Effect of acupoint stimulation on the quality of recovery in patients with radical thyroidectomy under the concept of enhanced recovery after surgery: a randomized controlled trial  
JIANG Qun, MO Yun-chang, JIN Dan, JIN Wen-jun, PAN Yuan-yuan, WANG Yu-fei, DU Wen-wen, WANG Jun-lu

- 1294 艾灸联合温阳利水方辅助治疗卵巢恶性肿瘤腹腔积液临床观察  
徐林, 李睿, 张巧丽  
Adjuvant therapy of moxibustion combined with *Wenyang Lishui* formula for peritoneal effusion of ovarian malignant tumors  
*XU Lin, LI Rui, ZHANG Qiao-li*

### 临证经验 Clinical Experience

- 1267 邵氏“芒针心法”临证医案 2 则  
孔士琛, 陶琦  
Experience of professor *SHAO*'s elongated needling method: case report  
*KONG Shi-chen, TAO Qi*
- 1283 巨刺结合同名经取穴法在浮针治痛中的运用探析  
施娟娟, 陆瑾, 卢杰, 范刚启  
Application of giant acupuncture combined with acupoint selection method of same name meridian in the treatment of pain by *FU*'s subcutaneous needle  
*SHI Juan-juan, LU Jin, LU Jie, FAN Gang-qi*
- 1299 壮医药线灸结合三字经派儿科推拿治疗小儿发热 47 例  
李俊婵, 荣亮均, 雷龙鸣, 吴琼远  
Medicated thread moxibustion of *Zhuang* combined with *tuina* for 47 cases of fever in children  
*LI Jun-chan, RONG Liang-jun, LEI Long-ming, WU Qiong-yuan*
- 1308 雷火灸联合中药外敷治疗神经根型颈椎病 28 例  
胡晓慧, 胡蕙, 陈兴华, 陈琦, 顾莹璇, 李承应, 赖英桃  
Thunder-fire moxibustion combined with external application of Chinese herbs for 28 cases of cervical spondylotic radiculopathy  
*HU Xiao-hui, HU Qu, CHEN Xing-hua, CHEN Qi, GU Ying-xuan, LI Cheng-ying, LAI Ying-tao*
- 1320 火针联合穴位埋线治疗脾肾阳虚型肠易激综合征 64 例  
柴增辉, 臧春柳, 贾朋环, 赵嘉莹  
Sixty-four cases of irritable bowel syndrome of spleen and kidney *yang* deficiency treated by fire needle combined with acupoint catgut embedding  
*CHAI Zeng-hui, ZANG Chun-liu, JIA Peng-huan, ZHAO Jia-ying*

### 刺法与灸法 Manipulation

- 1301 不同材质针灸针温针灸温度时间曲线分析  
林琳, 程珂, 沈雪勇  
Analysis on the temperature-time curve in warm needling manipulation with acupuncture needles of different materials  
*LIN Lin, CHENG Ke, SHEN Xue-yong*

### 机制探讨 Study on Mechanism

- 1313 艾灸督脉调控 PI3K/Akt/mTOR 信号通路增强 APP/PS1 双转基因 AD 小鼠自噬水平的研究  
张利达, 韩为, 朱才丰, 宋小鸽, 程卉, 杨坤, 秦晓凤, 张君宇, 桂林  
Moxibustion at acupoints of governor vessel on regulating PI3K/Akt/mTOR signaling pathway and enhancing autophagy process in APP/PS1 double-transgenic Alzheimer's disease mice  
*ZHANG Li-da, HAN Wei, ZHU Cai-feng, SONG Xiao-ge, CHENG Hui, YANG Kun, QIN Xiao-feng, ZHANG Jun-yu, GUI Lin*

## Chinese Acupuncture & Moxibustion

ISSN 0255-2930 CN 11-2024/R

(Monthly, first year 1981)

Vol. 39, No. 12

Published on December 12, 2019

Total 375 issues

### Responsible Institution

China Association for Science and Technology

### Sponsors

China Association of Acup-Mox; Institute of Acup-Mox, China Academy of Chinese Medical Sciences

### Editor and Publisher

Editorial Office of *Chinese Acupuncture & Moxibustion*

16 Nanxiaojie, Dongzhimen Nei, Beijing 100700, China

Tel: 0086-10-84014607

0086-10-64089332

E-mail: zhenjiubj@vip.sina.com

Contribute online: www.zgze.cbpt.cnki.net

### Editor-in-Chief

LIU Bao-yan (刘保延)

### Vice Editor-in-Chief

YU Xiao-chun (喻晓春)

JING Xiang-hong (景向红)

### Duty Editor

LI Jing-ting (李婧婷)

### Department of Advertisement and Issue

Tel: 0086-10-84046331

0086-10-64089349

E-mail: zhenjiuguangfa@aliyun.com

### Printing

Beijing Kexin Printing Co., Ltd.

A6 Qibeilu Maliandian, Changping

District, Beijing 102208, China

### Overseas Distributor

China International Book Trading Corporation

Distribution Code: No. M 497 Price: 30.00 USD

### Available online at

www.chinajournal.net.cn

### Web site

www.cjacupuncture.com

Copyright©2019 by Editorial Office of

*Chinese Acupuncture & Moxibustion*

All articles published represent the opinions of the authors, do not reflect the official policy of the editorial board, unless this is clearly specified.

- 1321 针灸对难治性面瘫患者脑功能连接网络的影响  
马斌, 杨骏, 袁爱红, 李传富, 高婷, 宋书婷  
Effect of acupuncture and moxibustion on brain functional connectivity network in patients with refractory facial paralysis  
MA Bin, YANG Jun, YUAN Ai-hong, LI Chuan-fu, GAO Ting, SONG Shu-ting

### 针家精要 Doctor's Academy Thought

- 1327 张仁特色透刺法临证举隅  
梁永瑛, 张仁  
ZHANG Ren's special penetrating needling method  
LIANG Yong-ying, ZHANG Ren
- 1332 李应昆“益智头穴线”治疗智力障碍经验  
张冷芮, 陈珊, 王宇, 李应昆  
LI Ying-kun's experiences in treatment of intellectual disability with acupuncture at “yizhi touxue line”  
ZHANG Han-rui, CHEN Shan, WANG Yu, LI Ying-kun

### 思路与方法 Thought and Method

- 1335 浅析运动类针法在痉挛治疗中的意义  
王俊翔, 马良宵, 宋越, 母杰丹, 甘莹莹  
Analysis of the significance of kinetic needling in the treatment of spasm  
WANG Jun-xiang, MA Liang-xiao, SONG Yue, MU Jie-dan, GAN Ying-ying
- 1340 针灸临床研究整合证据链的构建  
陆丽明, 唐纯志, 许能贵  
Construction of the integrative evidence chain in clinical trial of acupuncture and moxibustion  
LU Li-ming, TANG Chun-zhi, XU Neng-gui

### 标准研制 Standard and Guideline

- 1343 《循证针灸临床实践指南: 原发性痛经》的研制及其特点  
张佳佳, 王军, 白鹏, 谭程, 王子辰, 陈晟, 赵吉平  
Evidence-based Clinical Practice Guideline of Acupuncture and Moxibustion for Primary Dysmenorrhea: development and characteristics  
ZHANG Jia-jia, WANG Jun, BAI Peng, TAN Cheng, WANG Zi-chen, CHEN Sheng, ZHAO Ji-ping
- 1347 针灸临床实践指南可实施性的问卷调查与分析  
陈超, 刘炜宏, 韩娟, 张夏菲, 吴冬, 王宏才  
Questionnaire survey and analysis of implementability of clinical practice guidelines for acupuncture-moxibustion  
CHEN Chao, LIU Wei-hong, HAN Juan, ZHANG Xia-fei, WU Dong, WANG Hong-cai

### 理论探讨 Discussion on Theory

- 1353 基于“少阳为枢”理论浅析针刺治疗青少年抑郁  
余云进, 谢宇锋, 冯军, 史亚飞  
Analysis on adolescent depression treated with acupuncture based on the theory of “taking shaoyang as the pivot”  
YU Yun-jin, XIE Yu-feng, FENG Jun, SHI Ya-fei

### 针灸视野 Acup-Mox Field

- 1359 关于针灸参与急诊患者诊疗的思考与探讨——综合医院急诊科针灸会诊数据分析报告  
麦吉么吾甲, 文谦, 李佳昕, 李宁  
Exploration and reflection on acupuncture-moxibustion in diagnosis and treatment of emergency patients: an analysis report of acupuncture consultation date in emergency department of comprehensive hospital  
MAJI Me-Wu-Jia, WEN Qian, LI Jia-xin, LI Ning

### 百家园 Point of View

- 1311 针灸优势技术组合治疗慢性顽固性便秘之应用浅探  
王海军, 曹玉霞, 姬俊强, 许南华, 冀来喜  
Discussion on chronic refractory constipation treated by advantageous combination of acupuncture and moxibustion  
WANG Hai-jun, CAO Yu-xia, JI Jun-qiang, XU Nan-hua, JI Lai-xi
- 1357 火针治疗热证的临床探讨  
喻珮, 刘璐, 王一战, 赵洛鹏, 王强强, 李彬  
Discussion on heat syndrome treated by fire needling  
YU Pei, LIU Lu, WANG Yi-zhan, ZHAO Luo-peng, WANG Qiang-qiang, LI Bin

### 医案选辑 Case Report

- 1339 刚果红鳄背蝎蜇伤案  
马如龙, 李凌风, 郭靖辉, 牛文民, 刘智斌  
Case of *Hottentotta hottentotta* sting  
MA Ru-long, LI Ling-feng, GUO Jing-hui, NIU Wen-min, LIU Zhi-bin
- 1351 战汗畏寒案  
郝舒, 高立超, 窦中伟, 魏瑞丰, 牛志健, 马学芹, 李永春  
Case of perspiration following chills  
HAO Shu, GAO Li-chao, DOU Zhong-wei, WEI Rui-feng, NIU Zhi-jian, MA Xue-qin, LI Yong-chun
- 1362 中风病战汗解邪案  
刘思宇, 韩宝杰  
Case of stroke treated by acupuncture for removing pathogenic factors through perspiration  
LIU Si-yu, HAN Bao-jie

i 《中国针灸》杂志 2019 年第 39 卷总目次

### 消息 News

- 1282 《中国针灸》荣获“2019 中国国际影响力优秀学术期刊”称号
- 1278 广告目次
- 1278 读者·作者·编者
- 1278 征订·书讯

苏械注准20162270363



**塑柄针灸针**

导电塑柄

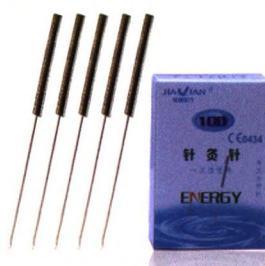
苏械注准20162270363



**塑柄针灸针**

彩色塑柄

苏械注准20152270225



**针灸针**

钢柄

苏械注准20152270225



**针灸针**

铜银柄

苏械注准20172270943



**梅花针**



单头

双头

苏械注准20152270876



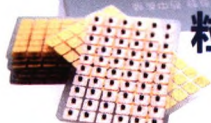
**一次性使用揸针**



苏锡械备20170264号



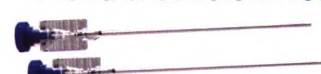
**粒针**



苏械注准20152270874



**一次性使用无菌埋线针**

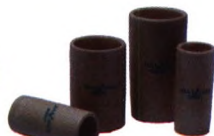


苏锡械备20160245号



**玻璃火罐**

苏锡械备20160255号



**竹火罐**

苏锡械备20160257号



**真空拔罐器**

苏锡械备20160256号



**刮痧板**

苏锡械备20150128号



**理疗电极片**

苏械注准20152270873



**CMNS6-1 型**

电子针灸治疗仪  
(六路)

苏械注准20152270873



**CMNS6-2 型**

电子针灸治疗仪  
(液晶六路)

苏械注准20152270703



**CMNS2-2 型**

电子针灸治疗仪  
(液晶二路)

苏械注准20152261047



**TENStem eco basic**

低频电子脉冲治疗仪

苏械注准20152270704



**Pointselect**

穴位探测针灸治疗仪

无锡佳健医疗器械股份有限公司  
Wuxi Jiajian Medical Instrument Co., Ltd.

住所/地址: 无锡市锡山区鹅湖镇柏桥路35号

电话: 0510-88748780 / 0510-88745788

邮编: 214116

网址: [www.jjmed.cn](http://www.jjmed.cn)

传真: 0510-88746629

邮箱: [sales@jjjian-healthcare.com](mailto:sales@jjjian-healthcare.com)

衷告语:

请仔细阅读产品说明书或在医务人员的指导下购买和使用  
禁忌内容或注意事项详见说明书

