

# 中国针灸

ZHONGGUO ZHENJIU

ISSN 0255-2930 CN 11-2024/R

第 41 卷第 3 期 总第 390 期

2021 年 3 月 12 日出版

(月刊, 1981 年 8 月创刊)

主管 中国科学技术协会

主办 中国针灸学会

(100700 北京东直门内南小街 16 号)

中国中医科学院针灸研究所

(100700 北京东直门内南小街 16 号)

编辑出版者 《中国针灸》编辑部

(100700 北京东直门内南小街 16 号)

编辑部电话: 010-84014607

010-64089332

电子信箱: zhenjiubj@vip.sina.com

网上投稿: www.cjacupuncture.com

主编 刘保延

副主编 喻晓春 景向红

本期责任编辑 张金超

广告登记发布号 京东工商广登字 20170031 号

广告发行部电话: 010-84046331

010-64089349

电子信箱: zhenjiuguangfa@aliyun.com

订阅/邮购电话: 010-84046331

印刷装订 北京科信印刷有限公司

(102208 北京市昌平区北清路马连店甲 6 号)

如有印刷装订错误, 印刷厂负责调换

联系电话: 13691514528

国内发行 中国邮政集团公司北京市报刊

发行局

全国各地邮局订阅 订阅代号: 2-53

定价: 30.00 元 (RMB)

台港澳地区: 100.00 元 (RMB)

国外发行 中国国际图书贸易集团有限公司

(100048 北京 399 信箱)

订阅代号: M 497

© 2021 年版权归《中国针灸》编辑部所有

本刊新浪微博: 中国针灸杂志

本刊微信公众号: 中国针灸杂志

本刊投稿指南见本卷第 1 期第 2 页

本刊编委会名单见本卷第 1 期第 109 页

除非特别声明, 本刊刊出的所有文章不代表本刊编委会观点

\* \* \* \* \*

未经许可, 本刊所载文章,  
不得翻译、转载

# 目 次

## 论坛 Forum

237 发展现代针灸学的针灸国际化背景与思考——兼论《针灸学》教材的改革问题

陈少宗, 潘卫星, 景向红

Internationalized background of developing modern acupuncture and moxibustion—on the reform of teaching material of *Acupuncture and Moxibustion*

CHEN Shao-zong, PAN Wei-xing, JING Xiang-hong

## 抗疫专栏 Fighting Against COVID-19

243 八段锦联合耳穴贴压治疗新型冠状病毒肺炎伴失眠疗效观察

杨 超, 马 艳, 梅俊华, 龚 雪, 王 梦, 刘 坤

Observation of therapeutic effect on coronavirus disease 2019 with insomnia in treatment with *baduanjin* and auricular point sticking therapy  
YANG Chao, MA Yan, MEI Jun-hua, GONG Xue, WANG Meng, LIU Kun

## 临床研究 Clinical Research

247 “补肾调督益智”针刺联合计算机辅助认知训练治疗卒中后认知功能

障碍: 随机对照研究

郑婵娟, 夏文广, 段 璞, 李正良, 李庆琳

*Bushen Tiaodu Yizhi* acupuncture combined with computer-assisted cognitive training for post stroke cognitive impairment: a randomized controlled trial

ZHENG Chan-juan, XIA Wen-guang, DUAN Can, LI Zheng-liang, LI Qing-lin

252 互动式头针治疗脑卒中后认知功能障碍: 随机对照研究

章春霞, 张绍华, 王玉龙, 章春平, 李浅峰, 潘巍一, 梁伟容  
Interactive scalp acupuncture for cognitive dysfunction after stroke: a randomized controlled trial

ZHANG Chun-xia, ZHANG Shao-hua, WANG Yu-long, ZHANG Chun-ping, LI Qian-feng, PAN Wei-yi, LIANG Wei-rong

257 针刺介入时机对脑梗死肢体功能障碍的影响: 多中心前瞻性队列研究

李瑞雨, 王瑞先, 肖凌勇, 张悦欣, 庞志喜, 王庆新, 戴晓裔  
Effect of timing of acupuncture on limb dysfunction in patients with cerebral infarction: a multicenter prospective cohort pilot study

LI Rui-ru, WANG Rui-xian, XIAO Ling-yong, ZHANG Yue-xin, PANG Zhi-xi, WANG Qing-xin, DAI Xiao-yu

263 针刺调神组方对慢性失眠症患者过度觉醒状态的影响

奚晗清, 吴文忠, 刘成勇, 王晓秋, 秦 珊, 赵亚楠, 郑诗雨, 李佳欢, 万青云

Effect of acupuncture at *Tiaoshen* acupoints on hyperarousal state in chronic insomnia

XI Han-qing, WU Wen-zhong, LIU Cheng-yong, WANG Xiao-qiu, QIN Shan, ZHAO Ya-nan, ZHENG Shi-yu, LI Jia-huan, WAN Qing-yun

269 隔姜灸治疗慢性疲劳综合征及对患者肠道菌群的影响

林玉芳, 金肖青, 诸剑芳, 陈益丹, 盛吉莲, 何娇君, 金园园  
Ginger-separated moxibustion for chronic fatigue syndrome and its effect on intestinal flora

LIN Yu-fang, JIN Xiao-qing, ZHU Jian-fang, CHEN Yi-dan, SHENG Ji-li, HE Jiao-jun, JIN Yuan-yuan

- 275 温针结合电针齐刺环跳穴为主治疗干性坐骨神经痛临床观察  
霍 金, 赵同琪  
Triple needling combined with thermo-electroacupuncture at Huantiao (GB 30) for trunk-sciatica  
*HUO Jin, ZHAO Jiong-qi*
- 279 调经促孕针法对早发性卵巢功能不全患者负性情绪的影响  
徐呈超, 李 虎, 房繁恭, 白田雨, 于晓华  
Effect of regulating menstruation and promoting pregnancy acupuncture therapy on negative emotion in patients with premature ovarian insufficiency  
*XU Cheng-chao, LI Hu, FANG Yi-gong, BAI Tian-yu, YU Xiao-hua*
- 283 拔罐联合抗生素治疗儿童细菌性肺炎: 随机对照研究  
徐 炎, 崔圣涛, 白丽颖, 杨晶晶, 李 杰, 谢天龙, 张杨菱, 王 丹, 吴 司, 王中天, 孙丽平  
Cupping treatment combined with antibiotics for bacterial pneumonia in children: a randomized controlled trial  
*XU Yan, CUI Sheng-tao, BAI Li-ying, YANG Jing-jing, LI Jie, XIE Tian-long, ZHANG Yang-ling, WANG Dan, WU Si, WANG Zhong-tian, SUN Li-ping*
- 288 针刺联合黑逍遥散治疗脑瘫患儿及对血清免疫指标和神经生长相关蛋白水平的影响  
杨东梅, 汪熙臻, 董纪强, 刘珍珍, 尚 清  
Acupuncture combined with *Heixiaoyaoyao* powder for children with cerebral palsy and its effect on serum immune indexes and nerve growth related protein  
*YANG Dong-mei, WANG Xi-zhen, DONG Ji-qiang, LIU Zhen-zhen, SHANG Qing*

### 临证经验 Clinical Experience

- 268 隔药灸气海穴结合穴位埋线治疗脱肛 26 例  
张 妍, 李春晖, 刘 蒙, 徐 坤, 纪海洋, 张 彤  
Twenty-six cases of rectal prolapse treated with herb-partitioned moxibustion at Qihai(CV 6) combined with acupoint catgut embedding therapy  
*ZHANG Yan, LI Chun-hui, LIU Meng, XU Kun, JI Hai-yang, ZHANG Tong*
- 293 新九针疗法为主治疗突发性耳聋的临证体会  
李让钱, 冀来喜, 曹玉霞, 陈晓燕  
Clinical experience of new nine-needle therapy in treatment of sudden deafness  
*LI Rang-qian, JI Lai-xi, CAO Yu-xia, CHEN Xiao-yan*

### 机制探讨 Study on Mechanism

- 295 电针对阿尔茨海默病模型幼鼠预防作用及蛋白质组学研究  
张松江, 孙宁宁, 高剑峰  
Protective function of electroacupuncture on young mouse model of Alzheimer's disease and proteomic study  
*ZHANG Song-jiang, SUN Ning-ning, GAO Jian-feng*
- 303 膝骨关节炎患者膝部结筋病灶点与健康受试者筋结点肌骨超声影像学差异研究  
董宝强, 林星星, 王垒钞, 王 苑, 洪林巍, 富 显, 师 月  
Difference of musculoskeletal ultrasound imaging of focus of knee joint tendon between patients with knee osteoarthritis and healthy subjects  
*DONG Bao-qiang, LIN Xing-xing, WANG Lei-chao, WANG Qian, HONG Lin-wei, FU Yu, SHI Yue*
- 307 电针对急性脊髓损伤大鼠脊髓损伤区 AMPA 受体亚基 GluR1 的影响  
陈温慈, 林初勇, 计 静, 屠文展, 蒋松鹤  
Influence of electroacupuncture on the expression of AMPA receptor subunit GluR1 in the spinal injured area of the rats with acute spinal cord injury  
*CHEN Wen-ci, LIN Chu-yong, JI Jing, TU Wen-zhan, JIANG Song-he*

## ***Chinese Acupuncture & Moxibustion***

**ISSN 0255-2930 CN 11-2024/R**

( Monthly, first year 1981 )

Vol. 41, No. 3

Published on March 12, 2021

Total 390 issues

### Responsible Institution

China Association for Science and Technology

### Sponsors

China Association of Acup-Mox; Institute of Acupuncture-Moxibustion, China Academy of Chinese Medical Sciences

### Editor and Publisher

Editorial Office of *Chinese Acupuncture & Moxibustion*

16 Nanxiaojie, Dongzhimen Nei,

Beijing 100700, China

Tel: 0086-10-84014607

0086-10-64089332

E-mail: zhenjiubj@vip.sina.com

Contribute online: www.cjacupuncture.com

### Editor-in-Chief

LIU Bao-yan ( 刘保延 )

### Vice Editor-in-Chief

YU Xiao-chun ( 喻晓春 )

JING Xiang-hong ( 景向红 )

### Duty Editor

ZHANG Jin-chao ( 张金超 )

### Department of Advertisement and Issue

Tel: 0086-10-84046331

0086-10-64089349

E-mail: zhenjiuguangfa@aliyun.com

### Printing

Beijing Kexin Printing Co., Ltd.

A6 Beiqinglu Maliandian, Changping

District, Beijing 102208, China

### Overseas Distributor

China International Book Trading Corporation

Distribution Code: No. M 497 Price: 30.00 USD

### Available online at

[www.chinajournal.net.cn](http://www.chinajournal.net.cn)

### Web site

[www.cjacupuncture.com](http://www.cjacupuncture.com)

**Copyright@2021 by Editorial Office of**

***Chinese Acupuncture & Moxibustion***

All articles published represent the opinions of the authors, do not reflect the official policy of the editorial board, unless this is clearly specified.

## 传承与创新 Inheritance and Innovation

- 313 张庆萍教授针灸治疗周围性面瘫临床经验摘要  
王冬冬, 李博, 查永梅, 邹晗, 姚婷婷, 顾闻, 杨骏, 张庆萍  
Professor ZHANG Qing-ping's clinical experience of acupuncture for peripheral facial paralysis  
*WANG Dong-dong, LI Bo, ZHA Yong-mei, ZOU Han, YAO Ting-ting, GU Wen, YANG Jun, ZHANG Qing-ping*
- 316 陈贵珍教授治疗围绝经期惊恐障碍经验摘要  
欧阳林玲, 吴晓凤, 刘鸿源, 陈贵珍, 许云祥  
Professor CHEN Gui-zhen's experience of acupuncture for perimenopausal panic disorder  
*OUYANG Lin-ling, WU Xiao-feng, LIU Hong-yuan, CHEN Gui-zhen, XU Yun-xiang*
- 321 林国华针灸治疗难治性突发性耳聋经验摘要  
韦永政, 钟沛丽, 林诗雨, 曾婧纯, 刘琨, 林国华  
Professor LIN Guo-hua's experience in treating intractable sudden deafness with acupuncture and moxibustion  
*WEI Yong-zheng, ZHONG Pei-li, LIN Shi-yu, ZENG Jing-chun, LIU Kun, LIN Guo-hua*

## 方法与规范 Methodology and Standard

- 325 预试验在针灸临床研究中的应用与思考  
王宇, 王丽琼, 杨静雯, 石广霞, 屠建峰, 闫世艳, 刘存志  
Application and reflection on pilot study in acupuncture clinical research  
*WANG Yu, WANG Li-qiong, YANG Jing-wen, SHI Guang-xia, TU Jian-feng, YAN Shi-yan, LIU Cun-zhi*

## 思路与方法 Thought and Method

- 331 “因时制宜”对针灸临床诊疗思维的指导意义  
侯学思, 刘慧林, 付渊博, 王少松, 陈鹏, 李彬  
Instructive significance of "treatment in accordance with time factor" for the idea of clinical diagnosis and treatment with acupuncture and moxibustion  
*HOU Xue-si, LIU Hui-lin, FU Yuan-bo, WANG Shao-song, CHEN Peng, LI Bin*

## 理论探讨 Discussion on Theory

- 335 经筋病“依脉引筋气”探微  
胡忍杰, 蒋永亮, 李荣荣, 何晓芬, 方剑乔  
Discussion on "guiding meridian sinew *qi* along with meridian running course" in treatment of meridian sinew disorders  
*HU Ren-jie, JIANG Yong-liang, LI Rong-rong, HE Xiao-fen, FANG Jian-qiao*
- 339 从简帛书“环”、脉口、根结标本理论为腕踝针溯源  
赵玲, 沈雪勇  
Tracing the origin of wrist-ankle acupuncture based on *huan* in bamboo slip and silk medical books, *maikou* and the theory of origin, junction, branch and trunk  
*ZHAO Ling, SHEN Xue-yong*

## 学术争鸣 Contention

- 343 《黄帝内经》卫气卫外功能解析  
张维波, 王泽, 宋晓晶  
Analysis on the defensive function of defensive *qi* in *Huangdi Neijing* (*The Yellow Emperor's Inner Classic*)  
*ZHANG Wei-bo, WANG Ze, SONG Xiao-jing*
- 349 “心主手厥阴心包络之脉”早期演化考  
洪晓帆, 陈思婷, 李红霞  
Investigation on the early evolution of "heart dominating pericardium meridian of hand-jueyin"  
*HONG Xiao-fan, CHEN Si-ting, LI Hong-xia*

## 文献研究 Literature Research

- 355 基于1584份病历的小儿脑瘫针刺选穴规律研究  
牟梓君, 何丽云, 宋虎杰, 成秋, 刘保延  
Rule of point selection in treatment of cerebral palsy in children with acupuncture based on data mining of 1584 electronic medical records  
*MOU Zi-jun, HE Li-yun, SONG Hu-jié, CHENG Qiu, LIU Bao-yan*

## 医案选辑 Case Report

- 330 小儿阳强案  
黄绍磊, 王萌萌, 王苏瑶, 韩晶, 杨佃会  
Case of children's priapism  
*HUANG Shao-lei, WANG Meng-meng, WANG Su-yao, HAN Jing, YANG Dian-hui*
- 342 帕金森病异动症案  
邱丽蓉, 王盛春  
Case of Parkinson's dyskinesia  
*QIU Li-rong, WANG Sheng-chun*
- 348 乳腺癌骨转移肋间神经痛案  
周鑫, 戴璐妍, 衣华强  
Case of intercostal neuralgia caused by breast cancer with bone metastases  
*ZHOU Xin, DAI Lu-yan, YI Hua-qiang*
- 354 左锁骨下动脉闭塞症案  
张铃, 耿升俊, 黄莉娟, 王良蒋, 姜云武  
Case of left subclavian artery occlusion  
*ZHANG Ling, GENG Sheng-jun, HUANG Li-juan, WANG Liang-jiang, JIANG Yun-wu*

## 百家园 Point of View

- 242 “干针”的由来  
王舒娅, 朱兵  
Origin of "dry needling"  
*WANG Shu-ya, ZHU Bing*
- 241 广告目次
- 241 读者·作者·编者
- 241 征订·书讯