

中国针灸

ZHONGGUO ZHENJIU

ISSN 0255-2930 CN 11-2024/R

第 41 卷第 7 期 总第 394 期

2021 年 7 月 12 日出版

(月刊, 1981 年 8 月创刊)

主管 中国科学技术协会

主办 中国针灸学会

(100700 北京东直门内南小街 16 号)

中国中医科学院针灸研究所

(100700 北京东直门内南小街 16 号)

编辑出版 《中国针灸》编辑部

(100700 北京东直门内南小街 16 号)

编辑部电话: 010-84014607

010-64089332

电子信箱: zhenjiubj@vip.sina.com

网上投稿: www.cjacupuncture.com

主 编 刘保延

副主编 喻晓春 景向红

本期责任编辑 李婧婷

广告登记发布号 京东工商广登字 20170031 号

广告发行部电话: 010-84046331

010-64089349

电子信箱: zhenjiuguangfa@aliyun.com

订阅/邮购电话: 010-84046331

印刷装订 北京科信印刷有限公司

(102208 北京市昌平区东小口镇马连店甲 6 号)

如有印刷装订错误, 印刷厂负责调换

联系电话: 13691514528

国内发行 中国邮政集团公司北京市报刊

发行局

全国各地邮局订阅 订阅代号: 2-53

定价: 30.00 元 (RMB)

台港澳地区: 100.00 元 (RMB)

国外发行 中国国际图书贸易集团有限公司

(100048 北京 399 信箱)

订阅代号: M 497

© 2021 年版权归《中国针灸》编辑部所有

本刊新浪微博: 中国针灸杂志

本刊微信公众号: 中国针灸杂志

本刊编委会名单见本卷第 1 期第 109 页

除非特别声明, 本刊刊出的
所有文章不代表本刊编委会观点

未经许可, 本刊所载文章,
不得翻译、转载

目 次

临床研究 Clinical Research

- 703 利用超声探测评价针刺对慢性阻塞性肺疾病急性加重期 II 型呼吸衰竭患者膈肌功能的影响
袁思成, 黄肖玲, 华胜毅, 周运航, 芮庆林
Effect of acupuncture on diaphragmatic function in patients with AECOPD type II respiratory failure evaluated by ultrasound detection
YUAN Si-cheng, HUANG Xiao-ling, HUA Sheng-yi, ZHOU Yun-hang, RUI Qing-lin
- 711 芒针阴阳透刺法治疗中风后痉挛性肢体功能障碍: 随机对照研究
赵卫锋, 任媛媛, 曾保霞, 陆鹤, 岳瑜, 张婷, 周志杰
Yin-yang penetrating acupuncture with elongated needle for spastic limb dysfunction after stroke: a randomized controlled trial
ZHAO Wei-feng, REN Yuan-yuan, ZENG Bao-xia, LU He, YUE Yu, ZHANG Ting, ZHOU Zhi-jie
- 717 循经穴位拍打联合雷火灸治疗脑卒中上肢偏瘫临床观察
关风光, 纪秋露, 江月卿, 林如
Tapping at acupoints along meridian combined with thunder-fire moxibustion for upper-limb hemiplegia after stroke
GUAN Feng-guang, JI Qiu-lu, JIANG Yue-qing, LIN Ru
- 721 “通督调神”针刺治疗慢性失眠症及对血清 GABA 及 CORT 水平的影响
吴文忠, 郑诗雨, 刘成勇, 秦珊, 王晓秋, 胡津丽, 万青云, 赵亚楠, 奚晗清
Effect of Tongdu Tiaoshen acupuncture on serum GABA and CORT levels in patients with chronic insomnia
WU Wen-zhong, ZHENG Shi-yu, LIU Cheng-yong, QIN Shan, WANG Xiao-qiu, HU Jin-li, WAN Qing-yun, ZHAO Ya-nan, XI Han-qing
- 725 揞针联合热敏灸治疗中重度癌性疼痛疗效观察
季进锋, 葛晓霞, 许春明, 江洋, 顾俊红, 卫国华, 顾寄树, 施永杰, 倪雪娇
Intradermal needling combined with heat-sensitive moxibustion for moderate to severe cancer pain
JI Jin-feng, GE Xiao-xia, XU Chun-ming, JIANG Yang, GU Jun-hong, WEI Guo-hua, GU Ji-shu, SHI Yong-jie, NI Xue-jiao
- 730 电针董氏“三其穴”配合耳穴贴压治疗复杂性肛瘘术后并发症: 一项真实世界研究
王姗姗, 梁海松, 杨瑞勇, 惠小苏
Electroacupuncture at Dong's Sanqixue combined with auricular point sticking in treatment of post-operative complications of complex anal fistula: a real world research
WANG Shan-shan, LIANG Hai-song, YANG Rui-yong, HUI Xiao-su
- 737 不同方法刺激耳穴治疗原发性痛经: 随机对照研究
卢春霞, 邓雪皎, 陈苗, 肖彩红, 崔瑾
Different stimulation methods on auricular points for primary dysmenorrhea: a randomized controlled trial
LU Chun-xia, DENG Xue-jiao, CHEN Miao, XIAO Cai-hong, CUI Jin

- 742 基于“阴阳消长转化”理论分期针灸法治疗早发性卵巢功能不全临床观察
王琳琳, 项云改, 谭丽, 朱敬云, 任志欣, 马晓英, 吴艳荣
Acupuncture-moxibustion treatment by stages based on the theory of
"transformation of *yin* and *yang*" for premature ovarian insufficiency
WANG Lin-lin, XIANG Yun-gai, TAN Li, ZHU Jing-yun, REN Zhi-xin,
MA Xiao-ying, WU Yan-rong
- 747 穴位埋线治疗儿童屈光性弱视临床观察
安彩莲, 周艳, 严兴科
Observation of acupoint thread-embedding on refractive amblyopia in children
AN Cai-lian, ZHOU Yan, YAN Xing-ke
- 751 靳三针联合“通督调神”针刺治疗儿童智力障碍临床及机制研究
周陶成, 童光磊, 梁栋, 苏薇, 叶福玲, 许金波, 李飞
Clinical effect and mechanism of Jin's three-needle combined with Tongdu
Tiaoshen acupuncture for intellectual disability in children
ZHOU Tao-cheng, TONG Guang-lei, LIANG Dong, SU Wei, YE Fu-ling,
XU Jin-bo, LI Fei

临证经验 Clinical Experience

- 735 针灸“从心论治”周期性、非周期性乳痛症
王子彦, 王少军, 曹文杰
Therapeutic effect of acupuncture and moxibustion on periodical and
aperiodic mastodynia
WANG Zi-yan, WANG Shao-jun, CAO Wen-jie
- 756 揶针联合药袋敷脐治疗脾肾两虚型小儿遗尿 27 例
尹广惠, 姜程洋, 齐鑫, 张潇斌, 魏文娟, 孙潇, 王静茹,
马玉侠
Intradermal needling combined with umbilical application of herb for
27 cases of enuresis with spleen and kidney deficiency in children
YIN Guang-hui, JIANG Cheng-yang, QI Xin, ZHANG Xiao-bin, WEI
Wen-juan, SUN Xiao, WANG Jing-ru, MA Yu-xia
- 787 针刺呼吸补法为主治疗感染后咳嗽 30 例
曾沁, 肖鹏云, 毛雪文, 王世广
Acupuncture with reinforcing method by respiration for 30 cases of
post-infection cough
ZENG Qin, XIAO Peng-yun, MAO Xue-wen, WANG Shi-guang

刺法与灸法 Manipulation

- 757 精灸治疗气滞血瘀型盆腔炎症性疾病后遗症疗效观察
张洁怡, 王聪, 温明华, 骆悠, 符文彬
Clinical observation of refined moxibustion for sequelae of pelvic
inflammatory disease with *qi* stagnation and blood stasis
ZHANG Jie-yi, WANG Cong, WEN Ming-hua, LUO You, FU Wen-bin
- 762 艾灸治疗血瘀证斑块型银屑病: 随机对照研究
陈朝霞, 李萍, 张广中, 李博, 胡晶, 冯硕, 李伯华,
吕景晶, 郭昕炜, 赵京霞, 底婷婷, 冯放, 王燕
Moxibustion on plaque psoriasis of blood stasis syndrome: a randomized
controlled trial
CHEN Zhao-xia, LI Ping, ZHANG Guang-zhong, LI Bo, HU Jing, FENG
Shuo, LI Bo-hua, LV Jing-jing, GUO Xin-wei, ZHAO Jing-xia, DI
Ting-ting, FENG Fang, WANG Yan

Chinese Acupuncture & Moxibustion

ISSN 0255-2930 CN 11-2024/R

(Monthly, first year 1981)

Vol. 41, No. 7

Published on Jul. 12, 2021

Total 394 issues

Responsible Institution

China Association for Science and Technology

Sponsors

China Association of Acup-Mox; Institute
of Acup-Mox, China Academy of Chinese
Medical Sciences

Editor and Publisher

Editorial Office of *Chinese Acupuncture &
Moxibustion*

16 Nanxiaojie, Dongzhimen Nei,

Beijing 100700, China

Tel: 0086-10-84014607

0086-10-64089332

E-mail: zhenjiubj@vip.sina.com

Contribute online: www.cjacupuncture.com

Editor-in-Chief

LIU Bao-yan (刘保延)

Vice Editor-in-Chief

YU Xiao-chun (喻晓春)

JING Xiang-hong (景向红)

Duty Editor

LI Jing-ting (李婧婷)

Department of Advertisement and Issue

Tel: 0086-10-84046331

0086-10-64089349

E-mail: zhenjiuguangfa@aliyun.com

Printing

Beijing Kexin Printing Co., Ltd.

A6 Maliandian, Dongxiaokou Town, Changping

District, Beijing 102208, China

Overseas Distributor

China International Book Trading Corporation

Distribution Code: No. M 497 Price: 30.00 USD

Available online at

www.chinajournal.net.cn

Web site

www.cjacupuncture.com

Copyright © 2021 by Editorial Office of

Chinese Acupuncture & Moxibustion

All articles published represent the opinions
of the authors, do not reflect the official policy of
the editorial board, unless this is clearly specified.

机制探讨 Study on Mechanism

- 767 健脑安神法针刺治疗失眠及对磁共振脑功能成像的影响
赵婷, 徐辉, 赵腾, 焦军阳, 李刚, 雷正权, 安军明, 袁海光, 张容超
Effect of *Jianna Anshen* acupuncture on insomnia: a functional magnetic resonance imaging study
ZHAO Ting, XU Hui, ZHAO Teng, JIAO Jun-yang, LI Gang, LEI Zheng-quan, AN Jun-ming, YUAN Hai-guang, ZHANG Rong-chao
- 774 电针激活 SIRT1 介导 Wnt/ β -catenin 通路调控脂质生成改善肥胖的机制研究
王雅媛, 梁凤霞, 卢威, 周钰点, 黄湘茜, 杨姝瑞
Mechanism of electroacupuncture for regulation of lipid production and improvement in obesity by mediating Wnt/ β -catenin pathway through activating SIRT1
WANG Ya-yuan, LIANG Feng-xia, LU Wei, ZHOU Yu-dian, HUANG Xiang-xi, YANG Shu-rui
- 781 不同浓度艾烟环境对大鼠鼻黏膜损伤及血清 IL-1、IL-6 和 TNF- α 表达的影响
蒋志明, 魏小桐, 赵丽娜, 吴立斌, 刘磊, 李小贾, 王敏君, 胡玲, 吴子建
Effect of different concentrations of moxa smoke exposure on nasal mucosal injury and expression of serum IL-1, IL-6 and TNF- α in rats
JIANG Zhi-ming, WEI Xiao-tong, ZHAO Li-na, WU Li-bin, LIU Lei, LI Xiao-jia, WANG Min-jun, HU Ling, WU Zi-jian

传承与创新 Inheritance and Innovation

- 789 郑凉教授小针刀治疗术后面瘫的经验及认识
戴韫, 周文俊, 李海涛, 郑凉
Professor ZHENG Liang's experience and understanding of postoperative facial paralysis treated with acupotomy
DAI Yun, ZHOU Wen-jun, LI Hai-tao, ZHENG Liang
- 792 盛灿若教授针药结合治疗周围性面瘫的经验撷英
闫慧新, 盛艳, 盛灿若
Professor SHENG Can-ruo's experience in treatment of peripheral facial paralysis with combined therapy of acupuncture-moxibustion and herbal medicine
YAN Hui-xin, SHENG Yan, SHENG Can-ruo

思路与方法 Thought and Method

- 795 穴位注射疗法的若干问题
钟伟兴, 秦庆广, 李义凯
Problems of acupoint injection therapy
ZHONG Wei-xing, QIN Qing-guang, LI Yi-kai

标准研制 Standard and Guideline

- 799 《针灸临床实践指南: 偏头痛》国际需求调研结果分析
胡静, 王京京, 刘璐, 王小语, 高琪, 张易, 陈仲杰, 霍金
Analysis of the results of international demand survey on *Guideline for Clinical Practice of Acupuncture-Moxibustion: Migraine*
HU Jing, WANG Jing-jing, LIU Lu, WANG Xiao-yu, GAO Qi, ZHANG Yi, CHEN Zhong-jie, HUO Jin

学术争鸣 Contention

- 805 《黄帝内经》任督二脉循行解析
王燕平, 张维波, 李宏彦, 顾鑫
Analysis on the route of conception vessel and governor vessel in *Huangdi Neijing (The Yellow Emperor's Inner Classic)*
WANG Yan-ping, ZHANG Wei-bo, LI Hong-yan, GU Xin

文献研究 Literature Research

- 813 金元与明清时期刺络祛邪学术思想比较研究
陈豪, 余延芬, 高亚玉, 宋晓丹, 范奎胜, 师旭亮, 董尚朴, 吕晶
Comparative study on the academic thought of bloodletting for expelling pathogens between Jin-Yuan Dynasties and Ming-Qing Dynasties
CHEN Hao, SHE Yan-fen, GAO Ya-yu, SONG Xiao-dan, FAN Xi-sheng, SHI Xu-liang, DONG Shang-pu, LV Jing
- 819 基于古籍探讨针灸治疗全身型重症肌无力诊疗思路
金子开, 高兵, 张利达, 郭子为, 孙萌, 蔡荣林, 牛淑平, 胡玲, 唐巍
Exploration on the diagnosis and treatment of generalized myasthenia gravis with acupuncture and moxibustion based on the study of ancient medical works
JIN Zi-kai, GAO Bing, ZHANG Li-da, GUO Zi-wei, SUN Meng, CAI Rong-lin, NIU Shu-ping, HU Ling, TANG Wei

百家园 Point of View

- 716 双针温针灸的应用
戎姣, 李镜, 张建英, 井夫杰
Application of double-needle warming acupuncture
RONG Jiao, LI Jing, ZHANG Jian-ying, JING Fu-jie

医案选辑 Case Report

- 798 整合针灸方案治疗抽动障碍案
黄申怡, 姚伟东, 黄熙畅, 符文彬
Case of tic disorder treated with integrated acupuncture and moxibustion
HUANG Shen-yi, YAO Wei-dong, HUANG Xi-chang, FU Wen-bin
- 818 电针治疗骶丛神经损伤尿潴留案
汤锐源, 刘志顺
Case of urinary retention due to sacral plexus injury treated by electroacupuncture
TANG Kai-yuan, LIU Zhi-shun

- 729 广告目次
729 读者·作者·编者
729 征订·书讯