

主管 中国科学技术协会

主办 中国针灸学会

(100700 北京东直门内南小街 16 号)

中国中医科学院针灸研究所

(100700 北京东直门内南小街 16 号)

编辑出版 《中国针灸》编辑部

(100700 北京东直门内南小街 16 号)

编辑部电话: 010-84014607

010-64089332

电子信箱: zhenjiubj@vip.sina.com

网上投稿: www.cjacupuncture.com

主 编 刘保延

副主编 喻晓春 景向红

本期责任编辑 李婧婷

广告发布登记号 京东工商广登字 20170031 号

广告发行部电话: 010-84046331

010-64089349

电子信箱: zhenjiuguangfa@aliyun.com

订阅/邮购电话: 010-84046331

印刷装订 北京科信印刷有限公司

(102208 北京市昌平区东小口镇马连店甲 6 号)

如有印刷装订错误, 印刷厂负责调换

联系电话: 13691514528

国内发行 中国邮政集团公司北京市报刊
发行局

全国各地邮局订阅 订阅代号: 2-53

定价: 30.00 元 (RMB)

台港澳地区: 100.00 元 (RMB)

国外发行 中国国际图书贸易集团有限公司

(100048 北京 399 信箱)

订阅代号: M 497

© 2022 年版权归《中国针灸》编辑部所有

本刊新浪微博: 中国针灸杂志

本刊微信公众号: 中国针灸杂志

本刊编委会名单见本卷第 1 期第 40 页

除非特别声明, 本刊刊出的
所有文章不代表本刊编委会观点

未经许可, 本刊所载文章,
不得翻译、转载

目 次

临床研究 Clinical Research

- 363 经皮耳穴-迷走神经电刺激对原发性失眠患者默认网络的调制作用
张 帅, 何家恺, 赵亚楠, 王 瑜, 赵 斌, 陈 瑜, 方继良, 荣培晶
Modulation of transcutaneous auricular vagus nerve stimulation on default mode network in patients with primary insomnia
ZHANG Shuai, HE Jia-kai, ZHAO Ya-nan, WANG Yu, ZHAO Bin, CHEN Yu, FANG Ji-liang, RONG Pei-jing
- 371 方氏头皮针对于失眠症患者压力知觉及睡眠结构的影响: 随机对照试验
许潇颖, 马隽晖, 欧静禧, 甘惠玄, 周达君, 杨忠华, 杨春进
Effect of Fang's scalp acupuncture on perceived stress and sleep structure in insomnia patients: a randomized controlled trial
XU Xiao-ying, MA Jun-hui, OU Jing-xi, GAN Hui-xuan, ZHOU Da-jun, YANG Zhong-hua, YANG Chun-jin
- 377 头穴丛刺联合运动疗法治疗中风后肢体痉挛疗效观察
张琼帅, 张 钰, 汲广成, 徐晓红, 王宇峰, 宋柏林
Clinical observation on cluster acupuncture at scalp points combined with exercise therapy in treatment of limb spasm after stroke
ZHANG Qiong-shuai, ZHANG Yu, JI Guang-cheng, XU Xiao-hong, WANG Yu-feng, SONG Bai-lin
- 381 同时电针拮抗肌与主动肌对中风后上肢痉挛患者运动功能的影响
张建博, 魏瑞鹏, 杨 虹, 韩 冰
Effect of electroacupuncture at antagonistic muscle and agonistic muscle on motor function in patients with upper-extremity spasticity after stroke
ZHANG Jian-bo, WEI Rui-peng, YANG Hong, HAN Bing
- 385 眼针燧疗技术联合康复训练治疗痰瘀阻络型中风后肩手综合征: 多中心随机对照试验
王 梅, 王鹏琴, 于丽华, 王晨阳, 邵 妍
Post-stroke shoulder-hand syndrome of phlegm-stasis obstruction treated with the combined therapy of eye acupuncture, Tengliao and rehabilitation training: a multi-central randomized controlled trial
WANG Mei, WANG Peng-qin, YU Li-hua, WANG Chen-yang, SHAO Yan
- 390 穴位贴敷治疗外感发热: 多中心回顾性队列研究
栗 蕊, 李庆娜, 陆 芳, 訾明杰, 李辰飞, 高 蕊
Acupoint application for exogenous fever: a multi-central retrospective cohort study
LI Rui, LI Qing-na, LU Fang, ZI Ming-jie, LI Chen-fei, GAO Rui
- 397 CO₂激光灸治疗寒凝血瘀型子宫内位症关联盆腔疼痛: 随机对照试验
李 甜, 王思瑶, 黄奏琴, 蔡勤华, 张 慎, 王 曙, 田 甜
CO₂ laser moxibustion for endometriosis related pelvic pain of cold coagulation and blood stasis: a randomized controlled trial
LI Tian, WANG Si-yao, HUANG Zou-qin, CAI Qin-hua, ZHANG Shen, WANG Shu, TIAN Tian

临证经验 Clinical Experience

- 369 原络背俞配穴法治疗顽固性失眠 66 例
王茜娜, 高 峻, 刘聪瑛, 靳新悦, 高银丹, 高希言
Combination of *yuan*-source point, *luo*-connecting point and back-*shu* point for 66 cases of refractory insomnia
WANG Qian-na, GAO Ling, LIU Cong-ying, JIN Xin-yue, GAO Yin-dan, GAO Xi-yan
- 419 浮针治疗 I、II 度屈指肌腱狭窄性腱鞘炎 38 例
施娟娟, 陆 瑾, 范刚启, 卢 杰
Fu's subcutaneous needling for 38 cases of grade I and II flexor tendon stenosing tenosynovitis
SHI Juan-juan, LU Jin, FAN Gang-qi, LU Jie
- 471 腹部十字灸联合针刺治疗肝胃气滞型慢性非萎缩性胃炎 30 例
张玉莹, 黄丽霞, 杨佃会
Abdominal cross moxibustion combined with acupuncture for 30 cases of chronic non-atrophic gastritis with liver-stomach *qi* stagnation
ZHANG Yu-ying, HUANG Li-xia, YANG Dian-hui

经络与腧穴 Meridian and Acupoint

- 402 大肠俞深刺法安全性的影像学研究
胡锦涛, 黄 静, 王顺梅, 王 斌, 胡 玲
Imaging study on safety of deep needling at Dachangshu (BL 25)
HU Jin-bo, HUANG Jing, WANG Shun-mei, WANG Bin, HU Ling

机制探讨 Study on Mechanism

- 407 针刺调控外周血 Th1/Th2 细胞平衡改善血管性痴呆大鼠脑内神经炎症反应
徐 盼, 张雪竹
Acupuncture for improving neuroinflammation in vascular dementia rats by regulating Th1/Th2 cells balance in peripheral blood
XU Pan, ZHANG Xue-zhu
- 413 艾灸“相对穴”对大鼠脊髓损伤后神经源性膀胱及内质网应激途径的影响
魏 炜, 杨志新, 王天雨, 崔陶陶, 陈建双, 张 超, 李 娜, 任立群
Effect of moxibustion at "oppositely-located points" on neurogenic bladder after spinal cord injury and endoplasmic reticulum stress pathway in rats
WEI Wei, YANG Zhi-xin, WANG Tian-yu, CUI Tao-tao, CHEN Jian-shuang, ZHANG Chao, LI Na, REN Li-qun

传承与创新 Inheritance and Innovation

- 421 浅析高树中“脐关”理论与临床应用
王静茹, 马玉侠, 高树中
Brief analysis on *GAO Shu-zhong's qiguan* theory and its clinical application
WANG Jing-ru, MA Yu-xia, GAO Shu-zhong
- 425 吴旭序贯疗法治疗周围性面瘫经验撷菁
邹洋洋, 张涵逸, 叶菁菁, 陆 斌, 李邗峻
WU Xu's experience of sequential therapy for peripheral facial paralysis
ZOU Yang-yang, ZHANG Han-yi, YE Jing-jing, LU Bin, LI Han-jun

Chinese Acupuncture & Moxibustion

ISSN 0255-2930 CN 11-2024/R

(Monthly, first year 1981)

Vol. 42, No. 4

Published on April 12, 2022

Total 403 issues

Responsible Institution

China Association for Science and Technology

Sponsors

China Association of Acup-Mox; Institute of Acup-Mox, China Academy of Chinese Medical Sciences

Editor and Publisher

Editorial Office of *Chinese Acupuncture & Moxibustion*

16 Nanxiaojie, Dongzhimen Nei,

Beijing 100700, China

Tel: 0086-10-84014607

0086-10-64089332

E-mail: zhenjiubj@vip.sina.com

Contribute online: www.cjacupuncture.com

Editor-in-Chief

LIU Bao-yan (刘保延)

Vice Editor-in-Chief

YU Xiao-chun (喻晓春)

JING Xiang-hong (景向红)

Duty Editor

LI Jing-ting (李婧婷)

Department of Advertisement and Issue

Tel: 0086-10-84046331

0086-10-64089349

E-mail: zhenjiuguangfa@aliyun.com

Printing

Beijing Kexin Printing Co., Ltd.

A6 Maliandian, Dongxiaokou Town, Changping

District, Beijing 102208, China

Overseas Distributor

China International Book Trading Corporation

Distribution Code: No. M 497 Price: 30.00 USD

Available online at

www.chinajournal.net.cn

Web site

www.cjacupuncture.com

Copyright@2022 by Editorial Office of

Chinese Acupuncture & Moxibustion

All articles published represent the opinions of the authors, do not reflect the official policy of the editorial board, unless this is clearly specified.

- 429 马惠芳针刺睛明穴为主治疗年龄相关性黄斑变性经验
张 鹏, 王旒靖, 吴颖琦, 李婧婷, 薛 婷,
张丽萍, 马惠芳
MA Hui-fang's experience in age-related macular degeneration treated with acupuncture at Jingming (BL 1)
*ZHANG Peng, WANG Liu-jing, WU Ying-qi,
LI Jing-ting, XUE Ting, ZHANG Li-ping, MA Hui-fang*

思路与方法 Thought and Method

- 433 基于胰岛巨噬细胞-胰腺脂肪细胞-胰岛 β 细胞网络探讨
针刺治疗 2 型糖尿病机制
刘 芸, 徐天成, 余 芝, 徐 斌
Investigation on the mechanism of acupuncture in treatment of diabetes mellitus type 2 based on the network of islet macrophages-pancreatic adipose cells-islet β cells
LIU Yun, XU Tian-cheng, YU Zhi, XU Bin

方法与规范 Methodology and Standard

- 437 针刺临床试验的安慰剂对照及其方法学问题
冯 硕, 李 博, 张会娜, 马继征, 付渊博, 张 涛,
胡 晶
Placebo control and its methodological issues on clinical trials of acupuncture therapy
*FENG Shuo, LI Bo, ZHANG Hui-na, MA Ji-zheng,
FU Yuan-bo, ZHANG Tao, HU Jing*

标准研制 Standard and Guideline

- 443 关于《清艾条》国家标准研制的思考
刘炜宏, 陈 超, 郝 洋
Consideration on development of the national standard: Pure Moxa Stick
LIU Wei-hong, CHEN Chao, HAO Yang

流派研究 School Research

- 447 澄江学派传人黄学龙针灸科学化实践探析
冒金锋, 沈天益, 谢 韬, 张双双, 张建斌
Exploration of practice of acupuncture-moxibustion scientization by HUANG Xue-long, the successor of Chengjiang school
*MAO Jin-feng, SHEN Tian-yi, XIE Tao,
ZHANG Shuang-shuang, ZHANG Jian-bin*

- 451 刺血流派的源流及主要学术思想
刘 波, 周 颖, 仝 乐, 杨 峰, 杨佃会
The origin, development and academic thoughts of the blood-pricking school
LIU Bo, ZHOU Ying, TONG Le, YANG Feng, YANG Dian-hui

器具研制 Tool and Instrument

- 457 一种新型筋膜拉伸罐的设计与应用
马增斌, 倪国栋, 孙悦礼, 陈 江, 郑志坚, 崔学军,
王拥军
Design and application of a new type of fascia stretching cup
*MA Zeng-bin, NI Guo-dong, SUN Yue-li, CHEN Jiang,
ZHENG Zhi-jian, CUI Xue-jun, WANG Yong-jun*

文献研究 Literature Research

- 459 基于数据挖掘浅析次髎穴主治病症及配伍规律
龙子临, 刘志顺
Brief analysis on main indications and compatibility rules of Ciliao (BL 32) based on data mining
LONG Zi-lin, LIU Zhi-shun
- 465 针刺治疗假性延髓麻痹吞咽障碍的取穴规律研究
姜泽飞, 贾宏彬, 岳广晴, 申鹏飞
Acupoint selection rules of acupuncture for pseudobulbar palsy dysphagia
JIANG Ze-fei, JIA Hong-bin, YUE Guang-qing, SHEN Peng-fei
- 473 灸法对肿瘤患者生活质量影响的网状 Meta 分析
马舒雅, 潘茹芳, 李天玉, 师旭亮, 潘丽佳, 贾春生
Effect of moxibustion on quality of life in tumor patients: network Meta-analysis
*MA Shu-ya, PAN Ru-fang, LI Tian-yu, SHI Xu-liang,
PAN Li-jia, JIA Chun-sheng*

医案选辑 Case Report

- 405 双侧下肢皮肤淀粉样变案
张培初, 郭玉峰, 高 宁, 储心乔
Case of cutaneous amyloidosis on bilateral lower extremity
ZHANG Pei-chu, GUO Yu-feng, GAO Ning, CHU Xin-qiao
- 442 阴吹案
李凌基, 王 荃, 奚然然, 高 兵, 马 强
Case of vaginal flatus
LI Ling-ji, WANG Jing, XI Ran-ran, GAO Bing, MA Qiang
- 464 小纤维神经病案
张文旭, 王春琛
Case of small fiber neuropathy
ZHANG Wen-xu, WANG Chun-chen

- 401 广告目次
401 读者·作者·编者
401 征订·书讯