



中文核心期刊
中国科技核心期刊
中国科学引文数据库核心期刊
美国《医学索引》(IM/Medline) 收录期刊

百种中国杰出学术期刊
T1 级中医药期刊
中国精品科技期刊
中国国际影响力优秀学术期刊

ISSN 0255-2930
CN 11-2024/R

中国针灸®

Zhongguo Zhenjiu

CHINESE ACUPUNCTURE & MOXIBUSTION

2023.09

2023 年 9 月 第 43 卷 第 9 期
Sept. 2023 Vol. 43, No. 9



ISSN 0255-2930



9 770255 293236

中国针灸学会 中国中医科学院针灸研究所 主办
SPONSORS: China Association of Acupuncture-Moxibustion
Institute of Acupuncture and Moxibustion,
China Academy of Chinese Medical Sciences

中国针灸

ZHONGGUO ZHENJIU

ISSN 0255-2930 CN 11-2024/R

第 43 卷第 9 期 总第 420 期

2023 年 9 月 12 日出版

(月刊, 1981 年 8 月创刊)

主管 中国科学技术协会

主办 中国针灸学会

(100700 北京东直门内南小街 16 号)

中国中医科学院针灸研究所

(100700 北京东直门内南小街 16 号)

编辑出版 《中国针灸》编辑部

(100700 北京东直门内南小街 16 号)

编辑部电话: 010-64089343

电子信箱: zhongguozhenjiu@vip.163.com

网上投稿: zgze.cbpt.cnki.net

主 编 刘保延

副主编 喻晓春 景向红

本期责任编辑 杨立丽

广告发布登记号 京东工商广登字 20170031 号

广告发行部电话: 010-84046331

010-64089349

电子信箱: zhenjiuguangfa@aliyun.com

订阅/邮购电话: 010-84046331

印刷装订 北京博海升彩色印刷有限公司

(101102 北京市通州区马驹桥镇金桥科技产业
基地环宇路 6 号)

如有印刷装订错误, 印刷厂负责调换

联系电话: 13522302303

国内发行 中国邮政集团公司北京市报刊

发行局

全国各地邮局订阅 订阅代号: 2-53

定价: 35.00 元 (RMB)

台港澳地区: 100.00 元 (RMB)

国外发行 中国国际图书贸易集团有限公司

(100048 北京 399 信箱)

订阅代号: M 497

© 2023 年版权归《中国针灸》编辑部所有

本刊新浪微博: 中国针灸杂志

本刊微信公众号: 中国针灸杂志

本刊编委会名单见本卷第 3 期第 354 页

除非特别声明, 本刊刊出的
所有文章不代表本刊编委会观点

未经许可, 本刊所载文章,
不得翻译、转载

目 次

经筋专栏 *Jingjin Column*

977 基于整体观念的经筋辨证体系构建

张 峰, 董宝强, 林星星, 富 昱, 王树东, 吴 锡

Construction of *jingjin* differentiation system based on holistic concept

ZHANG Feng, DONG Bao-qiang, LIN Xing-xing, FU Yu, WANG Shu-dong,
WU Xi

982 电针对腓肠肌急性钝挫伤大鼠步态及肌卫星细胞增殖分化的影响

黄于婷, 陈佳彦, 郑林遥, 刘阅阅, 童秀冰, 肖斯扬, 阚 宇, 方燕平,
景向红, 廖 军

Effects of electroacupuncture on gait and proliferation and differentiation of
muscle satellite cell in rats with acute blunt trauma of gastrocnemius muscle
HUANG Yu-ting, CHEN Jia-yan, ZHENG Lin-yao, LIU Yue-yue, TONG Xiu-
bing, XIAO Si-yang, KAN Yu, FANG Yan-ping, JING Xiang-hong, LIAO Jun

990 李德华基于经筋理论运用刃针治疗腮腺全切术后面神经损伤经验撷英

张翠平, 袁 红, 李德华

Professor LI De-hua's experience in treating facial nerve injury after total
parotidectomy with blade needle based on *jingjin* theory

ZHANG Cui-ping, YUAN Hong, LI De-hua

993 基于经筋理论探讨针刺治疗良性前列腺增生的诊疗思路

国文豪, 吕 璞, 李宝赢, 汤 翰, 陆永辉

Exploration of the diagnosis and treatment for benign prostatic hyperplasia
with acupuncture based on *jingjin* theory

GUO Wen-hao, LV Pu, LI Bao-ying, TANG Han, LU Yong-hui

996 针灸治疗肌筋膜疼痛综合征的现状与趋势——基于 CiteSpace 和 VOSviewer
的知识图谱可视化分析

郭雨林, 高 明, 李 慧, 周荣杰, 徐 刚, 唐文超, 温军玲, 李少雄

Current status and trend of acupuncture-moxibustion for myofascial pain
syndrome: a visual analysis of knowledge graph based on CiteSpace and
VOSviewer

GUO Yu-lin, GAO Ming, LI Hui, ZHOU Rong-jie, XU Gang, TANG Wen-
chao, WEN Jun-ling, LI Shao-xiong

临证经验 *Clinical Experience*

1006 筋针疗法联合推拿治疗颈痛型颞下颌关节紊乱病 26 例

王 睿, 罗华送

Tendon acupuncture combined with *tuina* for 26 cases of temporomandibular
disorder with neck pain

WANG Rui, LUO Hua-song

1033 针刺联合循经叩刺闪罐法治疗重度贝尔麻痹 25 例

林启慧, 王梦秋, 苟春雁, 吴 曦

Acupuncture combined with needle tapping and flash cupping along
meridian sinews for 25 cases of severe Bell's palsy

LIN Qi-hui, WANG Meng-qiu, GOU Chun-yan, WU Xi

- 1048 穴位埋线治疗胃热湿阻型单纯性肥胖症患儿42例
董海城, 许榕榕, 王雯菲, 张 瑶, 张心悦, 吴 芳
Acupoint thread-embedding for 42 children with simple obesity of
stomach heat-dampness stagnation
*DONG Hai-cheng, XU Rong-rong, WANG Wen-fei, ZHANG Yao, ZHANG
Xin-yue, WU Fang*

临床研究 Clinical Research

- 1008 调神法针刺治疗原发性失眠:随机对照预试验
霍一珊, 陈昭伊, 尹雪娇, 姜同菲, 王桂玲, 崔莹雪, 郭 静
Tiaoshen acupuncture for primary insomnia: a pilot randomized
controlled trial
*HUO Yi-shan, CHEN Zhao-yi, YIN Xue-jiao, JIANG Tong-fei, WANG
Gui-ling, CUI Ying-xue, GUO Jing*
- 1014 辨证针刺治疗慢性失眠的临床疗效及对认知功能的影响
吴宝贤, 杨 硕, 黄 睿, 廖 越, 张兴荣
Clinical effect of acupuncture based on syndrome differentiation in the
treatment of chronic insomnia and its influence on cognitive function
WU Bao-xian, YANG Shuo, HUANG Rui, LIAO Yue, ZHANG Xing-rong
- 1018 涌泉灸对肾精亏虚型卒中后认知障碍患者认知功能及下肢运动功能的影响
叶炎生, 杨庆镗, 朱定钰, 邓凯翔, 林慧娟, 张 鑫, 纪 婷,
卓梦真, 张毓茂
Effects of moxibustion at Yongquan (KI 1) on cognition function and
lower limb motor function in patients with post-stroke cognitive
impairment of kidney essence deficiency
*YE Yan-sheng, YANG Qing-tang, ZHU Ding-yu, DENG Kai-xiang, LIN
Hui-juan, ZHANG Xin, JI Ting, ZHUO Meng-zhen, ZHANG Yu-mao*
- 1023 拔罐发泡疗法联合雷火灸治疗支气管哮喘冷哮证及对气道重塑的影响
陶继恩, 邹卓成
Effects of blistering cupping combined with thunder-fire moxibustion on
the efficacy and airway remodeling of cold-wheezing syndrome in
bronchial asthma
TAO Ji-en, ZOU Zhuo-cheng
- 1028 混元灸治疗脾肾阳虚证腹泻型肠易激综合征:随机对照试验
耿乐乐, 黄 辉, 宣逸尘, 万基伟, 余希婧, 聂小峰, 胡秀武
Hunyuan moxibustion for diarrhea-predominant irritable bowel
syndrome of spleen and kidney yang deficiency: a randomized
controlled trial
*GENG Le-le, HUANG Hui, XUAN Yi-chen, WAN Ji-wei, YU Xi-jing, NIE
Xiao-feng, HU Xiu-wu*
- 1036 电针和艾灸治疗脊髓损伤后神经源性膀胱疗效差异:随机对照试验
韦慧麟, 任亚锋, 张芝兰, 黄晓萌, 李 冰
Efficacy differences between electroacupuncture and moxibustion for
neurogenic bladder after spinal cord injury: a randomized controlled trial
*WEI Hui-lin, REN Ya-feng, ZHANG Zhi-lan, HUANG Xiao-meng, LI
Bing*

Chinese Acupuncture & Moxibustion

ISSN 0255-2930 CN 11-2024/R

(Monthly, first year 1981)

Vol. 43, No. 9

Published on Sept. 12, 2023

Total 420 issues

Responsible Institution

China Association for Science and Technology

Sponsors

China Association of Acup-Mox; Institute
of Acup-Mox, China Academy of Chinese
Medical Sciences

Editor and Publisher

Editorial Office of *Chinese Acupuncture &
Moxibustion*

16 Nanxiaojie, Dongzhimen Nei,

Beijing 100700, China

Tel: 0086-10-64089343

E-mail: zhongguozhenjiu@vip.163.com

Contribute online: zgze.cbpt.cnki.net

Editor-in-Chief

LIU Bao-yan (刘保延)

Vice Editor-in-Chief

YU Xiao-chun (喻晓春)

JING Xiang-hong (景向红)

Duty Editor

YANG Li-li (杨立丽)

Department of Advertisement and Issue

Tel: 0086-10-84046331

0086-10-64089349

E-mail: zhenjiuguangfa@aliyun.com

Printing

Beijing BOHS Color Printing Co., Ltd.

No. 6 Huanyu Road, Jinqiao Science and

Technology Industrial Base, Majuqiao Town,

Tongzhou District, Beijing 101102, China

Overseas Distributor

China International Book Trading Corporation

Distribution Code: No. M 497 Price: 35.00 USD

Available Online at

www.chinajournal.net.cn

Web Site

zgze.cbpt.cnki.net

Copyright©2023 by Editorial Office of

Chinese Acupuncture & Moxibustion

All articles published represent the opinions
of the authors, do not reflect the official policy of
the editorial board, unless this is clearly specified.

经络与腧穴 Meridian and Acupoint

- 1042 原发性痛经患者任、督、冲三脉经穴体表微循环研究
林 杪, 张明健, 范玺胜, 张细芬, 刘 今, 路广通,
陈 豪, 左 广, 刘 君, 张俊茶, 余延芬
The skin surface microcirculation of conception vessel,
governor vessel and thoroughfare vessel in patients with
primary dysmenorrhea
*LIN Miao, ZHANG Ming-jian, FAN Xi-sheng, ZHANG Xi-
fen, LIU Jin, LU Guang-tong, CHEN Hao, ZUO Guang,
LIU Jun, ZHANG Jun-cha, SHE Yan-fen*

机制探讨 Study on Mechanism

- 1050 电头针对缺血性脑卒中大鼠缺血皮质区炎症反应及小胶质细胞极化的影响
彭晓云, 袁 博, 田 甜, 罗文君, 朱玲桂, 张延菊,
李 颖, 杜小正, 王金海
Effects of electro-scalp acupuncture on inflammatory
response and microglial polarization in the ischemic
cortex of rats with ischemic stroke
*PENG Xiao-yun, YUAN Bo, TIAN Tian, LUO Wen-jun,
ZHU Ling-gui, ZHANG Yan-ju, LI Ying, DU Xiao-zheng,
WANG Jin-hai*
- 1056 针刺对脑缺血再灌注损伤大鼠 HIF-1 α /NLRP3 炎症信号的影响
蔡箴韵, 张新昌, 刘芙蓉, 黄 正, 杨梦凝, 黄珮妍,
张智慧, 倪光夏
Effect of acupuncture on HIF-1 α /NLRP3 inflammatory
signaling pathway in the rats with cerebral ischemia-
reperfusion injury
*CAI Zheng-yun, ZHANG Xin-chang, LIU Fu-rong,
HUANG Zheng, YANG Meng-ning, HUANG Pei-yan,
ZHANG Zhi-hui, NI Guang-xia*
- 1062 基于“热证可灸”的不同悬灸法对热痹型类风湿关节炎大鼠证候特征的影响
赵中亭, 赵怡坤, 陈家涟, 朱田田, 严兴科, 张彦峰
Effect of different suspension moxibustion methods on
syndrome characteristics of rats with rheumatoid arthritis
of heat *bi* syndrome based on "moxibustion can be used
for heat syndrome"
*ZHAO Zhong-ting, ZHAO Yi-kun, CHEN Jia-lian, ZHU
Tian-tian, YAN Xing-ke, ZHANG Yan-feng*

理论探讨 Discussion on Theory

- 1070 道家和医家关于“夹脊”位置的认知差异
张馨月, 张树剑

Cognitive differences between Taoism and medical
science in the location of "Jiaji"

ZHANG Xin-yue, ZHANG Shu-jian

- 1076 人迎寸口脉法之学与用
李奕诗, 陈宣尚, 李红梅
Theory and application of pulse diagnosis at *Renying* and
Cunkou regions
LI Yi-shi, CHEN Xuan-shang, LI Hong-mei

流派研究 School Research

- 1081 当代不同针灸流派治疗中风后痉挛性瘫痪特色概览
廖欧萍, 黄馨云, 王 慈, 周丽芳, 姜淑云, 周艳丽,
李 璟
Features of different contemporary acupuncture and
moxibustion schools in the treatment of post-stroke
spastic paralysis
*LIAO Ou-ping, HUANG Xin-yun, WANG Ci, ZHOU Li-
fang, JIANG Shu-yun, ZHOU Yan-Li, LI Jing*

文献研究 Literature Research

- 1086 针刺治疗卒中后吞咽困难随机对照试验结局及其测量工
具现状分析
曹文聪, 邱幸莹, 刘冰清, 李 庚, 温泽淮
Analysis on status quo of outcomes and measurement
instruments of randomized controlled trials of
acupuncture for post-stroke dysphagia
*CAO Wen-cong, QIU Xing-ying, LIU Bing-qing, LI Geng,
WEN Ze-huai*

述 评 Review

- 1094 “至骨”针法应用特点及现代研究进展
邹德辉, 冯开新, 梁洪文, 唐徐浩, 赵 珊, 邱子健,
白鹏勇, 刘佳木, 刘 通
Application characteristics and modern research progress
of "bone-approaching" acupuncture
*ZOU De-hui, FENG Kai-xin, LIANG Hong-wen, TANG Xu-
hao, ZHAO Shan, QIU Zi-jian, BAI Peng-yong, LIU Jia-
mu, LIU Tong*
- 1035 广告目录
1035 读者·作者·编者
1035 征订·书讯