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# 石菖蒲挥发油自纳米乳的制备与质量评价

石菖蒲为《肘后备急方》中葛氏常备急救用药,挥发油为其醒脑开窍主要活性成分。该研究将石菖蒲挥发油作为自纳米乳油相,制得“药载一体”的挥发油自纳米乳,提高了其稳定性与溶出,为体内评价及临床急救研究奠定了基础。

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