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中医药脑病循证评价专题

2019年有报道指出脑出血占脑卒中发病率的18.8%~47.6%，2017年研究发现紧张型头痛在人群中的终身患病率为30%~78%。该专题通过针刺、醒脑静注射液治疗高血压性脑出血以及天麻素、头痛宁胶囊治疗紧张型头痛的系统评价/Meta分析以及结局指标的现状分析，证据表明中医药在治疗脑出血和紧张型头痛方面，积累了丰富的经验并形成独特的疗效优势。

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