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中药自组装纳米粒的形成及应用研究进展

中药自组装纳米粒的形成不仅可以影响中药有效成分的吸收分布，还可能具有优于有效成分或其简单混合物的生物活性；对于揭示中药配伍机制，阐释中药复方物质基础的真实形态，开发中药新药及新型纳米材料等具有重要意义。但是，未来尚需深入开展中药自组装纳米粒的物质基础、药理活性、生物转运行为及递药应用等研究。

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