

特别关注：

肥胖慢性炎症中医药治疗的潜在靶点：巨噬细胞极化

肥胖被认定为一种全身的慢性低度炎症状态，是诸多疾病的危险因素，脂肪组织巨噬细胞是脂肪免疫稳态及炎症反应的主要参与者，巨噬细胞M1/M2表型平衡紊乱促进炎症反应发生，通过中医药来恢复巨噬细胞极化的平衡是治疗肥胖慢性炎症关键途径。该文系统综述中医药改善肥胖慢性炎症的潜在机制，以期为科研及临床提供思路。

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