



Q K 1 8 6 2 7 9 7



中国高校编辑出版质量优秀科技期刊  
中国核心期刊(遴选)数据库全文收录期刊  
中国学术期刊综合评价数据库统计源期刊  
中国期刊网、中国学术期刊(光盘版)全文收录期刊

中华中医药学会系列杂志

# 中医儿科杂志

ZHONGYI ERKE ZAZHI  
JOURNAL OF PEDIATRICS OF  
TRADITIONAL CHINESE MEDICINE



6  
2018

2018年11月 第14卷 第6期  
Volume 14 Number 6

ISSN 1673-4297

111>



万方数据

甘肃中医药大学  
中华中医药学会 主办

# 中医儿科杂志

(刊名题词 江育仁)

双月刊

2005年8月创刊

第14卷

第6期(卷终)

2018年11月25日出版

主 管 甘肃省教育厅

主 办 甘肃中医药大学

(兰州市定西路35号)

中华中医药学会

(北京市朝阳区樱花园东街甲4号)

名誉主编 汪受传

主 编 张士卿

副 主 编 史正刚 高慧琴

编辑部主任 高慧琴

编辑出版 《中医儿科杂志》编辑室

地 址 兰州市定西路35号

邮 编 730000

电 话 0931-8765573

网 址 <http://zyekzz.gszy.edu.cn>

E-mail [zyekzz@163.com](mailto:zyekzz@163.com)

发行范围 国内外公开发行

国内发行 兰州市邮政局

(发行代号:54-164)

国外发行 中国国际图书贸易总公司

(北京399信箱)

(发行代号:BM1982)

订 阅 全国各地邮局

中国标准连续出版物号

ISSN 1673-4297

CN 62-1176/R

广告经营许可证号 6200004000061

印 刷 兰州中科印务有限责任公司

(兰州市天水中路8号)

定 价 每期8元,全年48元

## 目 次

### ·论著·

咳喘宁口服液中黄芪功效的分析 纪彪,罗银河,王孟清(1)

“治未病”思想与儿童肥胖症的防治 徐祎聪,俞虹(4)

### ·专家诊疗经验·

万力生教授运用祛风蠲饮法辨治小儿支气管哮喘经验

陈争光,罗卉,李佳曦,李海朋,王静(6)

董幼祺教授辨治儿童特发性中枢性性早熟经验 丁瑾(9)

向希雄教授运用藿朴夏苓汤治疗小儿脾系疾病经验 张明(12)

石效平教授运用四逆散加减治疗儿科疾病举隅 王欢(15)

郭亚雄主任医师运用丹栀逍遥散治疗儿科疾病举隅 李泽龙(17)

张氏儿科辨治小儿时疫感冒经验 葛涛涛,蒋华,刘秋海,邢燕如(20)

李秀亮教授治疗小儿癫痫经验 杨翠玲,张晶金(22)

许丽副教授运用“三因制宜”治疗小儿肌性斜颈经验 陈佳丽,蔡艳华,钱桑(25)

### ·临床研究与报道·

小儿化食口服液治疗儿童功能性消化不良(积滞食积化热证)的多中心临床研究 胡思源,陈馨雨,

丁樱,白晓红,王建新,洪丽君,苏保玲,颜云盈,严明,潘树强(29)

中西医结合治疗小儿支原体肺炎湿热蕴肺型40例临床观察

钱富红(35)

鱼腥草滴眼液联合奥洛他定治疗小儿过敏性结膜炎47例临床观察

王宗,吴安黛(38)

玉屏风颗粒联合氯雷他定治疗小儿过敏性鼻炎36例临床观察

吴婷婷,颜伟朝,杨明华(42)

消食健脾合剂辅助治疗功能性消化不良脾虚型的临床疗效及对血清胃动素、神经肽、5-羟色胺的影响 张惠玲(46)

自拟清风疗痒汤治疗儿童皮肤瘙痒症风热血热证30例临床观察

赵曼,杨丽珍(49)

自拟益气脱敏汤联合氯雷他定治疗小儿过敏性鼻炎肺气虚寒型49例临

床观察 雷丁婷(53)

玉屏风散加味辅助治疗小儿过敏性鼻炎的临床疗效及对免疫功能的影响	王可超(57)
羚珠散预防性治疗小儿热性惊厥再发 40 例临床观察	何伟(61)
阳黄清解颗粒配合高压氧治疗新生儿感染性黄疸 46 例临床观察	檀满祥,江龙,陆薇薇(64)
自制消炎止痛膏外敷辅助治疗儿童化脓性甲沟炎 39 例临床观察	张辉(68)
· 针灸推拿 ·	
三字经流派小儿推拿联合小儿开胃增食合剂治疗小儿厌食症脾失健运型 45 例临床观察	李玉霞,史正刚,吴丽萍(71)
电针配合穴位注射治疗小儿臂丛神经损伤 19 例临床观察	张健,赵澎,刘健,姚相伯(76)
健脾补肾调督法穴位按摩辅助治疗肌张力低下型小儿脑瘫脾肾虚弱型 28 例临床观察	徐艳(80)
耳尖刺血法辅助治疗小儿咽结合膜热 43 例临床观察	雷丽阁(83)
· 教学研究 ·	
多种教学方法在中医儿科学教学改革中的应用	潘翌翌,白晓红,刘芳(86)
· 食疗药膳 ·	
偏怯弱质儿童亚健康状态的食疗药膳调理	邓沂,宋媛媛(88)
· 文献综述 ·	
儿童咳嗽变异性哮喘的中医诊治进展	胡丽萍,薛飞,刘竹云(91)
中医药治疗小儿腺样体肥大研究进展	李伟伟,刘丽娜(94)
· 其他 ·	
《中医儿科杂志》2018 年第 14 卷总目次	( I )

本期责任编辑:于霞 英文编辑:张文奕

期刊基本参数:CN 62-1176/R \* 2005 \* b \* A4 \* 97 \* zh \* p \* ¥ 8.00 \* 2000 \* 29 \* 2018-11 \* n

=====

## 《中医儿科杂志》征稿启事

《中医儿科杂志》是国内外公开发行的全国唯一一种中医儿科专业杂志,是中华中医药学会系列期刊之一,中国高校编辑出版质量优秀科技期刊。本刊主要报道中医儿科临床、科研与教学成果,设有论著、专家诊疗经验、专题笔谈、理论研究、学术探讨、实验研究、临床研究与报道、针灸推拿、中药研究、教学研究、医案医话、文献综述、研究生园地、名院名科名医风采、儿童保健等栏目。在突出中医儿科特色的同时,还兼顾中西医结合儿科研究。欢迎广大作者投稿。凡各类基金资助项目及各级科研课题论文,一经审查合格即优先发表,且稿酬从优。

文稿请注明作者单位及邮政编码,并附第一作者姓名(出生年)、性别、职称、学位、主要研究方向。临床报道和实验研究文稿,均请附单位证明或加盖公章,以负责其内容的核实和保密审查。属基金项目或科研项目论文,请在文稿后注明项目来源和编号。

《中医儿科杂志》已被《中国学术期刊综合评价数据库》《中国期刊全文数据库》、中国期刊网-中国学术期刊(光盘版)、《中国核心期刊(遴选)数据库》等多家大型数据库全文收录。凡不愿被其转载文章者,请勿投本刊。稿件刊登后,将一次性支付作者稿酬(包括刊物内容上网服务费)。

投稿请登录《中医儿科杂志》网站(<http://zyekzz.gszy.edu.cn>),通过在线投稿系统投稿并查询稿件处理情况。

**JOURNAL OF PEDIATRICS OF  
TRADITIONAL CHINESE MEDICINE**  
**(Inscription Writer: JIANG Yuren)**

Bimonthly Published from August 2005 Volume 14 Number 6 Publication Date: Nov. 25, 2018

**Responsible Institution**

Gansu Provincial Education Department

**Sponsored by**

Gansu University of Chinese Medicine  
(No.35, Dingxi East Road, Lanzhou City)  
Chinese Association of TCM  
(No. A4, East Road of Yinghuayuan,  
Chaoyang District, Beijing City)

**Honorary Chief Editor**

WANG Shouchuan

**Editor-in-Chief**

ZHANG Shiqing

**Vice-Editor-in-Chief**

SHI Zhenggang, GAO Huiqin

**Editorial Director**

GAO Huiqin

**Editing and Publishing**

Editorial Department of Journal of Pediatrics of Traditional Chinese Medicine

**Address**

No.35, Dingxi East Road, Lanzhou City,  
730000, China  
Tel: 0931-8765573  
http://zyekzz.gszy.edu.cn  
E-mail: zyekzz@163.com

**Distribution**

Domestic Distribution: Lanzhou Post Office (Code: No.54-164)

Overseas Distribution: China International Book Trading Corporation (P.O. Box 399, Beijing) (Code: No. BM1982)

**CSSN**

ISSN 1673-4297

CN 62-1176/R

Advertising Business License: 6200004000061

**Printing**

Lanzhou Zhongke Printing CO., Ltd.

**Price**

¥ 8.00

**CONTENTS**

**• Academic Papers •**

Analysis of efficacy of *Astragalus* in Kechuanning Koufuye (咳喘宁口服液) ..... *JI Biao, LUO Yinhe, WANG Mengqing* (1)

“ Preventive treatment of disease ” thinking for treatment and prevention of childhood obesity ..... *XU Weicong, YU Hong* (4)

**• Diagnosis and Treatment Experience of Experts •**

Professor WAN Lisheng 's experience in the treatment of children with bronchial asthma by expelling wind and eliminating fluid retention method ..... *CHEN Zhengguang, LUO Hui, LI Jiaxi, LI Haipeng, WANG Jing* (6)

Professor DONG Youqi 's syndrome differentiation and treatment of idiopathic central precocious puberty in children ..... *DING Jin* (9)

Professor XIANG Xixiong 's experience in the treatment of spleen diseases in children with Huopu Xialing Tang (藿朴夏苓汤) ..... *ZHANG Ming* (12)

Proved cases of professor SHI Xiaoping 's application of modified Sini San (四逆散) in the treatment of pediatrics diseases ..... *WANG Huan* (15)

Proved cases of archiater GUO Yaxiong in the treatment of pediatric diseases with Danzhi Xiaoyaosan (丹栀逍遥散) ..... *LI Zelong* (17)

Experience of ZHANG 's pediatrics in syndrome differentiation and treatment of infantile seasonal epidemic respiratory infectious disease ..... *GE Taotao, JIANG Hua, LIU Qiupei, XING Yanru* (20)

Professor LI Xiuliang 's experience in the treatment of pediatric epilepsy ..... *YANG Cuiling, ZHANG Jingjin* (22)

Associate professor XU Li 's clinical experience in the treatment of pediatric muscular torticollis with “three categories of etiological factors system” ..... *CHEN Jiali, CAI Yanhua, QIAN Sang* (25)

**• Clinical Research and Reports •**

Multi-centerclinicalstudyofXiao 'erHuashiKoufuye (小儿化食口服液) in the treatment of functional dyspepsia in children (dyspepsia with syndrome of retention of food transforming into heat) ..... *HU Siyuan, CHEN Xinyu, DING Ying, BAI Xiaohong, WANG Jianxin, HONG Lijun, SU Baoling, YAN Yunying, YAN Ming, PAN Shuqiang* (29)

Clinical observation on 40 cases of mycoplasma pneumoniae pneumonia with accumulation of damp-heat in lung in children treated by integrating therapy of Chinese and Western medicine .....	<i>QIAN Fuhong</i> (35)
Clinical observation of 47 cases with anaphylactic conjunctivitis in children treated by Yuxingcao Diyanye (鱼腥草滴眼液) combined with olopatadine .....	<i>WANG Zong, WU Andai</i> (38)
Clinical observation of 36 cases of allergic rhinitis in children treated by loratadine combined with Yupingfeng Keli (玉屏风颗粒) .....	<i>WU Tingting, YAN Weizhao, YANG Minghua</i> (42)
Clinical efficacy of Xiaoshi Jianpi Heji (消食健脾合剂) in adjunctive treatment of functional dyspepsia with spleen deficiency in children and its effect on MOT, NPY and 5-HT .....	<i>ZHANG Huiling</i> (46)
Clinical observation on 30 cases of skin pruritus in children with wind-heat and blood-heat syndrome treated by self-made Qingfeng Liaoyang Tang(清风疗痒汤) .....	<i>ZHAO Man, YANG Lizhen</i> (49)
Clinical observation on 49 cases of children with allergic rhinitis of syndrome of deficient cold of lung qi treated with self-made Yiqi Tuomin Tang (益气脱敏汤) combined with loratadine .....	<i>LEI Dingting</i> (53)
Clinical efficacy of modified Yupingfeng San (玉屏风散) in adjunctive treatment in children with allergic rhinitis and its effect on their immune function .....	<i>WANG Kechao</i> (57)
Clinical observation on prophylactic effect of Lingzhu San (羚珠散) in the treatment of 40 cases of children with febrile seizures recurrence .....	<i>HE Wei</i> (61)
Clinical observation of 46 cases with neonatal infectious jaundice treated by Yanghuang Qingjie Keli(阳黄清解颗粒) combined with hyperbaric oxygen .....	<i>TAN Manxiang, JIANG Long, LU Weiwei</i> (64)
Clinical observation on 39 cases of external application of self-made Xiaoyan Zhitong Gao (消炎止痛膏) in adjuvant treatment of suppurative paronychia in children .....	<i>ZHANG Hui</i> (68)
<b>· Acupuncture and Massage ·</b>	
Clinical observation on 45 cases of children with anorexia failure of spleen in transportation treated with Xiao' er Kaiwei Zengshi Heji (小儿开胃增食合剂) combined with Three-Character-Scripture School Pediatric Massage therapy .....	<i>LI Yuxia, SHI Zhenggang, WU Liping</i> (71)
Clinical observation on 19 cases of brachial plexus injury in children treated by electroacupuncture coordinating with acupoint injection .....	<i>ZHANG Jian, ZHAO Peng, LIU Jian, YAO Xiangbo</i> (76)
Clinical observation of acupoint massage of invigorating spleen to tonify kidney and regulate governor in adjuvant treatment of 28 cases of hypotonia cerebral palsy in children .....	<i>XU Yan</i> (80)
Clinical observation on 43 cases of pharyngo-conjunctival fever in children treated with Erjian (EX-HN6) bloodletting-puncturing therapy as an adjuvant therapy .....	<i>LEI Lige</i> (83)
<b>· Teaching Research ·</b>	
Application of variety teaching methods in teaching reform of Chinese pediatrics .....	<i>PAN Zhaozhao, BAI Xiaohong, LIU Fang</i> (86)
<b>· Medicinal Diet as a Therapy ·</b>	
Recuperative effect of dietary therapy and herbal cuisine on children in sub-health state of timid disposition and tender constitution .....	<i>DENG Yi, SONG Yuanyuan</i> (88)
<b>· Review ·</b>	
Diagnosis and treatment of Chinese medicine on cough variant asthma in children .....	<i>HU Liping, XUE Fei, LIU Zhuyun</i> (91)
Research progress in Chinese medicine treatment of adenoidal hypertrophy in children .....	<i>LI Weiwei, LIU Li'na</i> (94)



中华老字号

独家品种



苏药广审(文)第2017120645号

国药准字 Z32020493

## 玲珠散

### 关注小儿热性惊厥 呵护宝宝大脑健康

**【功能主治】**退热、镇静、定惊。用于小儿外感发热、神志不安，咳嗽有痰；对风热感冒、乳蛾（扁桃体炎）、风痧、水痘、痄腮等病毒性感染疗效更佳。

**【不良反应】**尚不明确

**【禁 忌】**尚不明确

**【生产企业】**雷允上药业集团有限公司  
**【生产地址】**苏州高新区横山路86号

本广告仅供医学药学专业人士阅读

独家品种



苏药广审(文)第2017120646号

国药准字 Z32020915

## 六灵解毒丸

### 清热解毒 消肿止痛

**【功能主治】**清热解毒，消肿止痛。用于烂喉丹痧，咽喉肿痛，喉风喉痛，单双乳蛾，小儿热疖，痈疡疔疮，乳痈发背，无名肿毒。

**【不良反应】**尚不明确

**【禁 忌】**尚不明确

**【生产企业】**雷允上药业集团有限公司  
**【生产地址】**苏州高新区横山路86号

本广告仅供医学药学专业人士阅读

独家专利

专利号 ZL 2008 1 0051091.6

专利名称 一种治疗小儿腹泻及小儿感染性腹泻的药物组合及制备方法



吉药广审(文)第2017120368号

国药准字 Z20031329

## 小儿广朴止泻口服液

### 治疗小儿腹泻

**【功能主治】**祛湿止泻，和中运脾。用于湿困脾土所致的小儿泄泻。症见：泄泻、大便稀溏或水样、腹胀、腹痛、纳差、呕吐、或见发热、舌淡苔白腻、以及轮状病毒感染性和非感染性腹泻见上述证候者。

**【不良反应】**【禁忌】【注意事项】详见说明书

**【生产企业】**长春雷允上药业有限公司  
**【生产地址】**长春市隆北路1288号