

ISSN 1001-6015

CN 41-1162/R



中华中医药学会系列杂志

T2级优秀中医药科技期刊

全国中医药优秀期刊

中国科技核心期刊（中国科技论文统计源期刊）

《中国学术期刊影响因子年报》统计源期刊

美国《乌利希期刊指南》收录期刊

中医正骨

ZHONGYI ZHENGGU

第34卷 第3期 2022年3月

Vol.34 NO.3 March 2022

The Journal of Traditional
Chinese Orthopedics and
Traumatology

3

2022

主办单位

中华中医药学会 河南省正骨研究院

Sponsored by China Association of Chinese
Medicine and Henan Institute of Traditional
Chinese Orthopedics and Traumatology

ISSN 1001-6015



9 771001 601220



中医正骨

Zhongyi Zhenggu

第34卷第3期 2022年3月20日出版
月刊 1989年12月创刊 总第324期

主 管 国家中医药管理局
主 办 河南省正骨研究院
471002 河南省洛阳市瀍河区启明南路18号
中华中医药学会
100029 北京市朝阳区樱花园东街甲4号
编 辑 《中医正骨》编辑委员会
471002 河南省洛阳市瀍河区启明南路18号
主 编 李无阴
编辑部主任 王智勇
编辑部副主任 张进川
出 版 《中医正骨》编辑部
471002 河南省洛阳市瀍河区启明南路18号
电 话: 0379-63551943 63546705
投稿网站: <http://www.zygz.com>
办公邮箱: zyzg1989@126.com
印 刷 洛阳东帆印刷有限公司
471000 河南省洛阳市西工区石油路10号
国内发行 中国邮政集团有限公司洛阳市分公司
471000 河南省洛阳市西工区中州中路220号
订 购 全国各地邮政分公司(代号: 36-129)
邮 购 《中医正骨》编辑部
471002 河南省洛阳市瀍河区启明南路18号
海外总发行 中国国际图书贸易集团有限公司
(北京399信箱 代号: M 4182)
广告发布登记号 洛瀍工商广发字(2021)001号
定 价 国内每册15.00元
国外每册10.00美元
中国标准连续出版物号 ISSN 1001-6015
CN 41-1162/R
▲ 版权归《中医正骨》编辑部所有
▲ 本刊刊出的所有文章不代表本刊编委会
的观点, 除非特殊说明

目 次

指南解读

适时运用中西医结合方法, 提高膝骨关节炎的临床疗效
——《膝骨关节炎中医诊疗指南(2020年版)》解读
..... 陈兆军(1)

基础研究

2种冷冻时长进行液氮冷冻法犬股骨头坏死造模的效果比较
..... 楼鹏强, 邓小磊, 魏波, 汤朔, 侯德才(3)

临床研究

二仙汤在绝经后骨质疏松症肾阳虚证治疗中的应用价值及作用
机制研究..... 汪青, 黄昊强, 陈勇, 陈吉, 洪嵘(8)
解剖型髓内钉内固定和股骨近端防旋髓内钉内固定治疗老年
股骨转子间骨折的比较研究
..... 张雨, 李钧, 李志民, 黄鹤, 水明斌(15)

文献研究

基于数据挖掘法探讨《世医得效方》中治伤方剂的用药规律
祁建华, 明洪, 张会择, 胡友鹏, 戴泽林, 杨斐, 陈日高(20)
髓芯减压植骨联合应用富血小板血浆治疗股骨头坏死的有效性
Meta分析
..... 邢涛, 张应拴, 李盛华, 赵继荣, 李向洲, 韩李霞(26)
芒硝外敷减轻全膝关节置换术后早期膝关节肿痛的有效性
Meta分析
... 杜玉萍, 王献印, 陈向军, 宋山峰, 王统正, 李百华(32)

影像诊断

腰椎关节突关节滑膜囊肿的MRI表现特点
..... 杨丙奎, 曹佑军, 潘浩, 崔凤(38)
Ramp损伤的MRI表现特征
..... 王亚永, 潘国平, 王玉芬, 王国平(42)
腹外型韧带样纤维瘤的MRI表现特征
..... 栗二毛, 张国庆, 张斌青, 杨静(45)

综 述

静息态功能磁共振成像技术在推拿作用机制研究中的应用进展

..... 朱永涛, 吕立江, 吕智桢, 张潮, 黄玉波, 吴虹娇, 刘祯, 黄华枝 (49)

髌膝区域依赖理论指导下膝关节疾病防治的研究进展..... 王盛, 杨智为, 赵阳 (52)

学术探讨

基于《黄帝内经》探讨腰痛的经络系统分层特点及针刺治疗方法

..... 郑为波, 杨进锋, 夏威夷, 徐斌, 徐远坤 (56)

石氏伤科气血理论在腰椎间盘突出症诊治中的应用..... 刘考强, 元唯安 (58)

基于气血理论探讨失神经骨骼肌萎缩的分期辨证论治

..... 赵常云蕾, 刘俊宁, 赵宇, 郭双, 李楠, 牛素生, 张燕 (61)

石氏伤科顾护脾胃思想在膝骨关节炎治疗中的应用..... 张书铭, 许金海, 叶洁, 莫文, 施杞 (64)

基于“血不利则为水”理论探讨全膝关节置换术后患肢肿胀的病机和诊治

..... 张泽丞, 赵夕谄, 邱红明 (66)

临床报道

钢丝环扎内固定联合人工股骨头置换治疗合并大小转子及后内侧皮质骨折块的高龄股骨转子间骨折

..... 胡柏松, 杨炯, 孙奇 (69)

踝关节镜下清理联合局部微骨折术治疗距骨骨样骨瘤..... 邹相杰, 陶天奇, 蒋逸秋 (73)

病例报告

反复发作的四边孔综合征 1 例..... 陈升星, 卢笑道 (77)

广 告

河南省洛阳正骨医院 (河南省骨科医院) 封二

颈复康药业集团有限公司..... 封三

河南省洛正药业有限责任公司..... 封四

本刊投稿须知见本卷第 1 期第 79 页

本期责任编辑: 杨雅

英文编辑: 陈艳梅

THE JOURNAL OF TRADITIONAL CHINESE ORTHOPEDICS AND TRAUMATOLOGY

Monthly Established in December 1989 Volume 34, Number3 (Sum 324) March 20, 2022

Responsible Institution

National Administration of Traditional Chinese Medicine

Sponsor

Henan Institute of Traditional Chinese Orthopedics and Traumatology
(18, Qiming Nanlu, Luoyang 471002, China)
China Association of Chinese Medicine
(4A, Yinghuayuan Dongjie, Chaoyang District, Beijing 100029, China)

Edited by

Editorial Committee of The Journal of Traditional Chinese Orthopedics and Traumatology
(18, Qiming Nanlu, Luoyang 471002, China)

Editor-in-Chief

LI Wuyin

Director

WANG Zhiyong

Associate Director

ZHANG Jinchuan

Published by

Editorial Office of The Journal of Traditional Chinese Orthopedics and Traumatology
(18, Qiming Nanlu, Luoyang 471002, China)
Tel: 0086 - 379 - 63551943
0086 - 379 - 63546705
Website: <http://www.zyzgzz.com>
E-mail: zyzg1989@126.com

Printed by

Luoyang Dongfan Printing Co., Ltd.
(10, Shiyoulu, Luoyang 471000, China)

Domestic Distributor

Luoyang Branch of China Post Group Co., Ltd.
(220 Zhongzhouzhonglu, Luoyang 471000, China)

Mail Order

Editorial Office of The Journal of Traditional Chinese Orthopedics and Traumatology
(18, Qiming Nanlu, Luoyang 471002, China)

Overseas Distributor

China International Book Trading Corporation
(P. O. Box 399, Beijing, China)
Distribution No.: M4182

Advertisement licence

No. (2021) 001

Unit Price

10 USD

CSSN

ISSN 1001-6015
CN 41-1162/R

CONTENTS

Interpretations of Guideline

Improving the clinical efficacy of knee osteoarthritis by using INTEGRATED TCM WM therapy in good time CHEN Zhaojun(1)

Experimental research

A comparative analysis of canine femur head necrosis models induced by liquid nitrogen freezing with two freezing durations
LOU Pengqiang, DENG Xiaolei, WEI Bo, TANG Shuo, HOU Decai(3)

Clinical study

Applied values and mechanism of action of oral application of Erxian Tang (二仙汤) in treatment of postmenopausal osteoporosis with syndrome of kidney - yang deficiency: a clinical study
WANG Qing, HUANG Haoqiang, CHEN Yong, CHEN Ji, HONG Rong(8)
A comparative study of internal fixation with Zimmer natural nail versus proximal femoral nail antirotation for treatment of intertrochanteric fractures in the aged
..... ZHANG Yu, LI Jun, LI Zhimin, HUANG He, SHUI Mingbin(15)

Literature research

A data mining-based analysis of clinical medication rules of prescriptions for treatment of orthopedic and traumatic diseases in *Shiyi Dexiao Fang* QI Jianhua, MING Hong, ZHANG Huize, HU Youpeng, DAI Zelin, YANG Fei, CHEN Rigao (20)
Clinical efficacy of core decompression and bone grafting combined with application of platelet-rich plasma for treatment of osteonecrosis of femoral head: a meta - analysis XING Tao, ZHANG Yingshuan, LI Shenghua, ZHAO Jirong, LI Xiangzhou, HAN Lixia (26)
Clinical efficacy of external application of mirabilite for relieving early knee swelling and pain after total knee arthroplasty: a meta - analysis DU Yuping, WANG Xianyin, CHEN Xiangjun, SONG Shanfeng, WANG Tongzheng, LI Baihua (32)

Imaging diagnosis

- MRI characteristics of lumbar zygapophysial joint synovial cysts
..... YANG Bingkui, CAO Youjun, PAN Hao, CUI Feng(38)
- MRI characteristics of Ramp lesions WANG Yayong, PAN Guoping, WANG Yufen, WANG Guoping(42)
- MRI characteristics of extra – abdominal desmoid – type fibromatosis
..... LI Ermao, ZHANG Guoqing, ZHANG Binqing, YANG Jing(45)

Review

- Advancement of application of resting – state functional magnetic resonance imaging in the research of mechanism of action of massage
ZHU Yongtao, LYU Lijiang, LYU Zhizhen, ZHANG Chao, HUANG Yubo, WU Hongjiao, LIU Zhen, HUANG Huazhi(49)
- Advancement of research on prevention and treatment of knee diseases under the guidance of Hip – knee Regional Interdependence theory WANG Sheng, YANG Zhiwei, ZHAO Yang(52)

Academic discussion

- Investigation on stratification characteristics of meridian and collateral (TCM) System in patients with low back pain and its acupuncture treatment methods based on *Huangdi Neijing*
..... ZHENG Weibo, YANG Jinfeng, XIA Weiyi, XU Bin, XU Yuankun(56)
- Application of qi-blood theory of Shi's department of traumatology to diagnosis and treatment of lumbar disc herniation LIU Kaoqiang, YUAN Weian(58)
- Investigation on the staging syndrome differ treatment of denervation-induced skeletal muscle atrophy based on qi-blood theory ZHAO Changyunlei, LIU Junning, ZHAO Yu, GUO Shuang, LI Nan, NIU Susheng, ZHANG Yan(61)
- Application of the thought of protecting spleen and stomach of Shi's traumatology department in treatment of knee osteoarthritis ZHANG Shuming, XU Jinhai, YE Jie, MO Wen, SHI Qi(64)
- Investigation on the pathogenesis, diagnosis and treatment of swelling of affected extremity after total knee arthroplasty based on the theory of unsmooth blood circulation results in water retention
..... ZHANG Zecheng, ZHAO Xishen, QIU Hongming(66)

Clinical report

- Steel-wire cerclage internal fixation combined with artificial femoral head replacement for treatment of femoral intertrochanteric fractures combined with fracture blocks of greater trochanter, lesser trochanter and posteromedial cortex in the aged HU Baisong, YANG Jiong, SUN Qi(69)
- Ankle arthroscopic debridement combined with local microfracture surgery for treatment of osteoid osteoma of talus
..... ZOU Xiangjie, TAO Tianqi, JIANG Yiqiu(73)

Case report

- The recurrent quadrilateral space syndrome(1 case) CHEN Shengxing, LU Xiaoxiao(77)